

Business Connection



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March 2022

Business Spotlight

Eric's Corner: Raising awareness of epilepsy, connecting our community with resources

Approximately 1 in 26 individuals will experience a seizure in their lifetime. Some 2,000 people in the Tri-Valley (and over 140,000 individuals in Northern California) have been diagnosed with epilepsy. Family and friends of loved ones with an epilepsy or seizure diagnosis are also greatly affected.

Diagnosed in 2010, Eric Nostrand, a local business owner, is now one of those living with epilepsy. After years of raising money for cancer resources at Stanford-ValleyCare's Health Library in Pleasanton, Eric's friends decided it would be important for the library to designate a section on epilepsy resources. Hence, the corner of the library, named Eric's Corner, provides information and resources on epilepsy and seizures.

"For those confronting epilepsy, we are a community of people with experience dealing with the same issues you are and want to help you



Eric's Corner members at a national epilepsy conference in San Francisco.

learn, socialize and to live your fullest life," said Nostrand.

In 2011, Eric met Kim Zamrzla, a local epilepsy advocate, and they collaborated to get the non-profit organization, Eric's Corner, up and running where a website (ericscorner.org) was launched and a Board of Directors was formed of volunteers who have been affected by epilepsy. In addition, support and social groups were

started, community awareness and education programs were created, a newsletter was generated, and an annual golf tournament fundraiser was launched. Now, Eric's Corner has touched hundreds of lives in the community.

Eric's Corner was established to help navigate the various issues for those affected by an epilepsy/seizure diagnosis. Their website, events, support and social groups,

community outreach, newsletter, social media, and other resources offer educational opportunities to help individuals suffering from epilepsy as well as those in support roles.

"Our mission supports those in their quest to live vigorous and healthy lives, and to educate our community about this pervasive and often misunderstood disorder," said Zamrzla.



Eric's Corner supporters at a dinner celebrating epilepsy awareness month in November. The picture being held up is of an Eric's Corner member who passed away of SUDEP (sudden death due to epilepsy).

Eric's Corner Golf Scramble

Castlewood Country Club - Hill Course
with Dinner and Awards at SideTrack Bar+Grill

Monday, May 9, 2022

\$200 per golfer | \$800 per foursome | Limited to first 128 golfers

Register at ericscorner.org to play, sponsor or volunteer!

ericscorner.org
epilepsy resources

SIDETRACK
BAR+GRILL