

Business Connection



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Business Spotlight

A partner in your journey to wellness

After suffering a deep personal loss, Kathleen Beaulieu began her active journey into the art of holistic healing. With a desire to share this healing gift with others, Pleasanton Family Wellness Center became her avenue in expanding her reach into the community. Kathleen's healing practice offers a variety of compassionate care options with nutritional counseling and supplements, as well as therapeutic massage therapy. She has been practicing in Pleasanton for 30 years and has a five-star rating on both Yelp and Google.

"I believe that each person is special and unique. I spend a lot of time listening to my patients and offer personalized services," said Beaulieu, owner of Pleasanton Family Wellness Center. "I take the time to identify their health concerns, and work with some of the best functional doctors in the Bay Area to help customize a treatment plan specific to them."

She is passionate about what she does and prides herself in finding the underlying root cause of their symptoms and/or disease. "We work together to bring about healing and wholeness."

"I was one of Sandra J. Wing's first students of massage. Her jour-

ney with breast cancer led her to help others, which I found very inspiring," said Beaulieu.

Beaulieu started offering nutrition counseling and supplements when she realized how much they could impact a person's overall health. She works with a cardiovascular physician and has found that she can work alongside him to teach patient's the lifestyle changes that will impact their future health.

She also works with pregnant mothers and cancer patients during some of the most physically vulnerable times of their lives. The proper nutrition and support can make a world of difference for them. Beaulieu calls



Kathleen Beaulieu
Massage Therapist
and Nutritional Specialist
Owner of Pleasanton
Family Wellness Center

it, "such a joy to be part of their journey."

At Pleasanton Family Wellness, you are not just a patient, you are family. Located at 1491 Cedarwood Lane, Suite A in Pleasanton. Call at (925) 600-0503 or email Kathleen@PleasantonWellness.com.

