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Dr. Sharma celebrates one-year anniversary at The Specific

The Specific Chiropractic Centers in Dublin, CA just celebrated Dr. Sharma's first anniversary in practice. Dr. Sharma, and his clinic director Dr. Drew Vercellino express their gratitude for all of those who attended.

Both of the doctors at The Specific base their clinical care on addressing the nervous system and all of the discomfort associated with a disconnect between the brain and the body. Dr. Sharma primarily sees patients experiencing symptoms like anxiety, depression, and ADHD, but the clinic also sees patients with spinal pain, migraines, vertigo, and many other conditions.

The Specific is a community-based health care practice, with a mission to restore health in the Tri-Valley area. They help people just like you overcome even the most challenging health problems. If you haven't seen them yet, you just can't say you've "tried everything."

Dr. Aanand Sharma graduated with Honors from Life Chiropractic College West last year. A recipient of multiple philosophy and clinical awards, Dr. Sharma spent countless hours during his doctorate program studying neuroscience and human health, leading him to join the team at The Specific.

Prior to becoming a Chiropractor, Dr. Sharma studied Mathematics at Whitman College and went on to serve as a Data Scientist and Consultant in Seattle, WA,



Dr. Sharma and Dr. Drew of The Specific Chiropractic Center in Dublin are accepting new patients.

working with large technology companies to solve complex business problems using mathematics and computer science. At the time, he struggled with anxiety and depression, and discovered Upper Cervical Chiropractic when the medication no longer served him. Though he enjoyed his first career, Dr. Sharma believed that he could use his love for problem solving in a clinical setting to help patients who struggle with similar issues. He loves nerding out about data, systems, and research.

You can follow Dr. Sharma's journey on his TikTok and Instagram page, @TheJoyManual, where he teaches folks how to reorient your life to support joyfulness. Check out their instagram page, @TheSpecificDublin for information on their next live event. For more information, please visit their website www.thespecificdublin.com.