



Dr. Matthew Alexander has been around chiropractic care all his life. His chiropractor father founded Alexander Chiropractic and Wellness. Dr. Alexander's dad gave him regular chiropractic adjustments since he was a child. It was during a mission trip in Mexico City that Dr. Alexander decided to become a chiropractor himself.

Alexander Chiropractic and Wellness celebrates 37 years in business

lexander Chiropractic and Wellness has proudly served the East Bay area since 1986. For over three decades, they have helped patients from infants to seniors feel and function their best through their gentle, specific approach to chiropractic care.

After graduating from Life Chiropractic College West in 2011, Dr. Matthew Alexander joined his father in the Livermore practice. In 2013, he purchased a practice in Dublin, then moved that practice to Pleasanton a few years later. They have just moved that practice to



their new forever home near the Alameda County Fairgrounds in the Birch Lakes business park on Koll Center Parkway. Dr. Alexander also purchased the Livermore location upon his father's retirement in 2018.

At the end of 2022, Dr. Alexander purchased Babcock Chiropractic's two locations in San Ramon and Brentwood, allowing them to serve even more of the East Bay. Dr. Alexander and Dr. Babcock have been friends since chiropractic school and share the same philosophy and approach to care. With four convenient locations (Pleasanton, Livermore, San Ramon and Brentwood), Alexander Chiropractic and Wellness looks forward to seeing you soon. Learn more at alexanderchiro.com or call 925-875-1459.

Business Spotlight

Your dream garage starts today

he pros at Garage Kings can help you transform your garage into your favorite room of the house.

Your home is your oasis from the rest of the world, a place where you go to escape the demands of your everyday life and relax. Maximizing the available space means using

every inch to its fullest potential, including your garage floor and storage. However, this essential part of your home may not receive the same care and attention as other areas and may begin to look worse from wear.

"We are a locally owned and operated business looking to provide the highest quality product and service to the community we do business and live in," said Shawn Shugrue of the local Garage Kings.



A home's garage doesn't have to become a dumping ground for the miscellaneous trinkets you picked up along the way. With the right garage floor installation, you can give your space the aesthetic boost it deserves. Any old epoxy flooring installation company won't give your garage floor

the strength and beauty it deserves. That's why Garage Kings is the garage floor and storage company to breathe new life into your space and have it ready for your next chapter.

Garage Kings installs commercial grade concrete floor coatings that are made to last. They service garages, patios, basements, as well as commercial spaces such as restaurants and workplaces. Garage Kings also offers high-quality cabinets and storage solu-



tions. They now have slatwalls as an option, with other storage solutions such as overhead storage coming soon.

Not all floor coatings are created equal. "We have stringent installation standards along with a training facility where we certify all of our installers to be experts on the installation process and materials," said Shugrue. They use the highest quality product, specially formulated for Garage Kings.

Give your home the garage it deserves. Contact Shawn Shugrue at 510-552-3889 or via email shawn. shugrue@garagekings.com. Learn more online at www.garagekings.com.



Garage Kings is locally owned and operated by Shawn Shugrue, pictured here with his children.