

11 Most Underrated Towns in The Rockies



Special to the Review
BY WORLD ATLAS

The breathtaking Rocky Mountains, commonly referred to as the Rockies, form the biggest mountain range in North America. They stretch over 3,000 miles in a straight line towards New Mexico and begin in the northernmost region of western Canada. The Rockies formed around 80 million years ago during the Laramide orogeny, and humans began inhabiting the mountain range at the end of the last ice age. Today, several beautiful mountain towns at the base of the Rockies are beloved by residents and tourists alike. However, not all of these towns receive the same amount of love. These are the most overlooked towns in the Rocky Mountains, and why visitors should book a trip to one (or all!) of them.

Durango, Colorado

Durango is the most populous town in La Plata County, Colorado. This stunning mountain town boasts just over 19,000 residents, according to the last census. Durango's claim to fame is the railroad that connects it to Silverton, which was once voted the number one scenic railroad in the country by USA Today.

The Durango & Silverton Narrow Gauge Railroad offers the opportunity to relive the Golden Age of trains. The Silverton Round Trip excursion sees the train depart from the Durango Depot, after which it chugs upwards into the Rockies. This route provides unmatched views of the San Juan National Forest and the Animas River.

The Cascade Canyon Express trip lasts five hours and takes the same route as the Silverton excursion. However, this route stops at Cascade Canyon, which lies at the halfway mark between Durango and Silverton. For those who want to explore further, visit Mesa Verde National Park, where the remnants of the ancestral home of the Pueblo people still stand. If tourists visit Durango and decide to spend the night, the historic Strater Hotel offers more than just a room. The hotel is a living museum and one of the most iconic hotels in the Western US

Salida, Colorado

Despite being known as the "Heart of the Rockies," the town of Salida is often overlooked in favor of Estes Park and Telluride. Salida is home to the largest indoor hot springs facility in the US and also offers world-class rafting and kayaking activities in the Arkansas Headwaters Recreation Area. The town also offers prime fishing spots along the Arkansas River. The stretch of the river flowing in and around Salida has around 5,000 trout per mile!

Salida's historic downtown area houses artisans that create several forms of art, including photography, sculpture, pottery, architecture, fiber arts, and a whole lot more. For the adventurous at heart, there are several zipline and aerial adventure parks where riders can fly above the desert and mountains, taking in the gorgeous view of the landscape below, which includes cliffs, rivers, and wildlife. Those who want to feel the earth move beneath their feet can take to the many hiking trails on a mountain bike.

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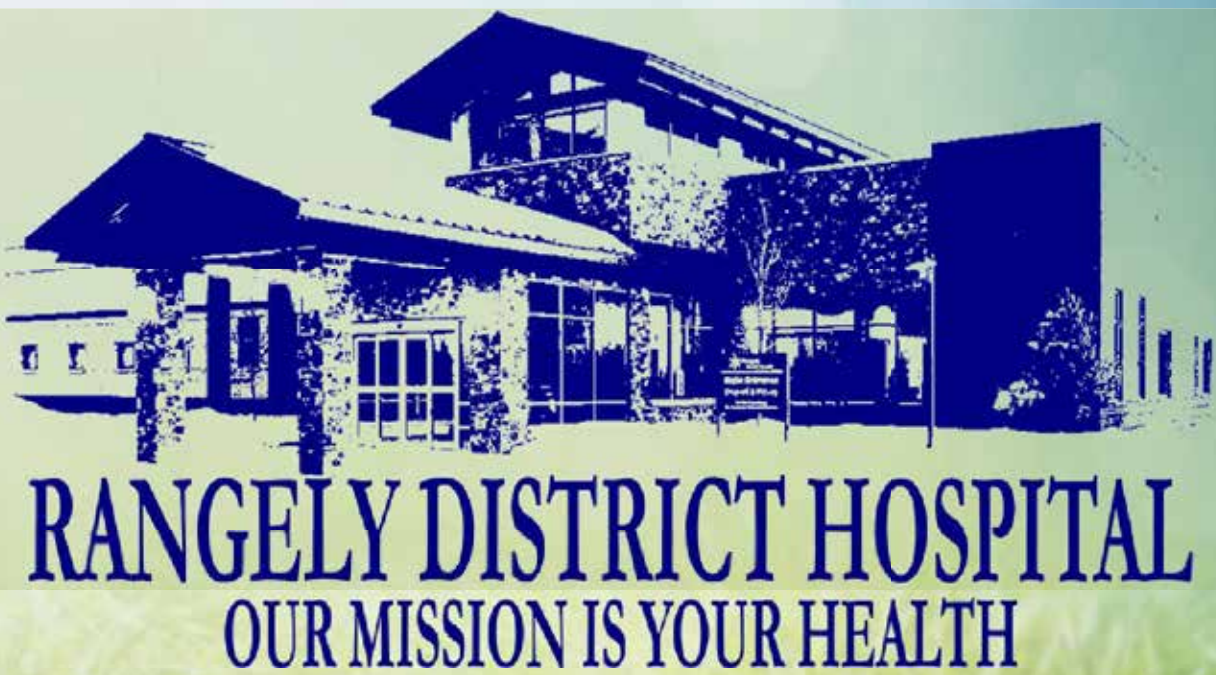
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CEO Corner

May 2023

KYLE WREN

RANGELY REVIEW



CONGRATULATIONS CLASS OF 2023!

This edition in the Rangely Review, I want to start off with a message on behalf of the entire RDH team: Class of 2023, we are incredibly proud of your achievements and the exciting new adventures that await you. As you are deciding whether to further your education, jump into the workforce, or to pursue a passion you have been dreaming of, please know that RDH is here to support you. We offer fantastic benefits, competitive wages, and tuition reimbursement programs for every department and all employees.

Contact Jodi at (970)675-5011 extension 125 for more information.

We wish you all the best as you each embark on this exciting new chapter!

UPCOMING

RDH is actively pursuing grant funding as we partner with local businesses to create an employer based child care model for the town of Rangely.

The Rangely District Hospital Foundation will be kicking off fundraising activities to support our mission to continually improve the quality of life of the individuals and communities we serve

As we see continued progress on Sunrise Memorial Park, we invite you to honor your loved ones through a donation towards our engraved leaves and stones that will create a beautiful memorial tree. We also have benches with plaques available.

The 3rd Annual RDH Foundation Golf Tournament will be held on Saturday, September 9th.

RDH will be hosting an Open House to highlight our new Minor Surgical Suite Expansion in October.

QUESTIONS, COMMENTS OR CONCERNS?

You may contact me on my cell phone via text message or by leaving a message at (970)629-8165.

WALK-IN CLINIC

Rangely Family
Medicine

Monday - Friday

8:00 am - 5:30 pm.

The Walk-In Clinic is for
"acute" symptoms that are
sudden onset, such as:

Sinus Infections

Flu or Covid-19

Sore Throat

Broken Finger

SCHEDULED APPOINTMENTS

ARE FOR:

MED CHECKS

PHYSICALS

(DOT, SPORTS, YEARLY, OR
MISSIONARY)

WELL CHILD EXAMS

ALLERGY SHOTS

COVID-19 BOOSTER



To Schedule Call:

(970)675-2237

Mailing Address:
225 Eagle Crest Drive
Rangely, Colorado
81648



Humanize the Badge

BY CASSANDRA GOMEZ, COMMUNICATIONS RANGELY PD

A police officer is a person whose job is to enforce the law, investigate crime, and make arrests. But what does it mean to be a police officer when we look at it beyond just skin deep? I have wondered about this countless times throughout my career as a first responder. It wasn't until I became a dispatcher and began working side by side with the men and women in law enforcement, that I got this answer.

In today's era policing is political. What you do and say is looked at with a fine-tooth comb underneath the yellow lights of a microscope. If asked why they chose this job many would respond with 'I just want to help people.' But they don't have a good answer for that question, because they could be out doing almost anything else to help people. So why? Why risk their lives? Put their families through the suffering and sacrifices? Why fight to not be crushed under the weight of the badge? Ultimately, because it was a calling. Somewhere along the way each one of them felt a burning desire to be greater than themselves. A passion to protect and serve rather than just go through the motions. Law enforcement has been under scrutiny for police brutality. Officers have been targeted, attacked, and killed yet are reminded on several occasions that they knew what they were walking into. Of course, they know! They know that a call for service could happen at any time. That the decisions made could change the course of someone's life or stop it all together. That their guns hold weight and responsibility. Police know that he or she might not see another family dinner. But also know that stopping and listening to someone's fears or opinions could change their outlook on police. Knowing that staying past their twelve-hour shift to find a lost child can provide a mother and father with an abundance of faith in what they do. Most of all they know that putting on that uniform could make a difference in someone's life.

According to the National Fraternal Order of Police a total of 331 cops were shot in 2022. Out of that number 63 of those officers did not return to their loved ones. That's a 32% increase from 2020. And among those 63 are 22-year-old Officer Jason Rivera and 27-year-old Officer Wilbert Mora who were ambushed by a suspect in a domestic disturbance call in New York City. That suspect opened fire as soon as the Officers arrived on scene. The suspect was shot and killed by another officer. Both Rivera and Mora were new to the force, but presented what it means to be a policeman in that short time. Wilbert Mora gave life even in death through organ donation.

So, picture this, it's 4:45 p.m. and your twelve-hour shift is coming to an end in 15 minutes. You're sitting in a chair side by side with your brothers and sisters in uniform. It's silent for the most part until someone pipes up to share a tad-bit about their day, maybe not to you, maybe not anyone. But they share anyways, about the horrors they saw, or the chaos they dealt with, and the names they were called. They express their doubts, their fears about being villainized for pinning on the badge, and maybe throw in the occasional at home family issue or internal turmoil that's raging like a coastal storm in their mind. Why? Because the alternative of expressing these thoughts to the wind would be sitting in their car for thirty minutes after shift to decompress so they can walk into their homes and be the family man or woman needed by their loved ones. I am one of the lucky ones who was honored to be in that room, sitting shoulder to shoulder with that human in blue, while they expressed their deepest thoughts.

When police know the possible outcome that looms in the back of their mind while strapping on tactical vests, why still choose to do this job? This question danced in my head while I worked in emergency medicine, 'If not I, then who?' And for the humans in blue, it's the same question they ask themselves. While everyone is running away from danger, who will run towards it? Who will make the sacrifices to deal with the most significant horrors life can show someone? No one is born brave, it's a choice that all first responders make when they sign their name on the dotted line while enrolling into classes. Courage is being scared but "saddling up" and going anyway.

In the news you will find stories and reports of police brutality and dishonesty, but it's only 'news' because it's uncommon. The fact is that less than one half of one percent misrepresent the uniform police choose to throw on every day and that is a better average you'd find amongst most clergymen.

They are imperfect humans expected to give utter perfection. Paul Harvey put it simply "What is a policeman? He must be able to start breathing, stop bleeding, tie splints, and above all make sure the victim goes home without a limp or expect to be sued. The police officer must know every gun, draw on the run, and hit where it doesn't hurt. He must make instant decisions that would require months for a lawyer. If you hit him, he's a coward and if he hits you, he's a bully. He must know everything and not tell. He runs files and writes reports until his eyes ache to build a case against some felon who will get 'dealt out' by some shameless shamus or an honorable who isn't honorable."

Yet the greatest battle we as society face is indifference. Again, I'll ask why? Why do the work? If not I, then who? While society calls them pigs, they will throw on their duty belt and run towards the danger. Every day they will wake up and choose to be a guardian in our community and not a warrior against our own people. They will hold the hand of the dying, breathe

see Badge on pg 6





Rockies continued...

Grand Lake, Colorado

Grand Lake lies two miles away from the western entrance of the Rocky Mountain National Park. The town sits on the shores of a beautiful lake, also called Grand Lake, which is the biggest natural body of water in Colorado. The lake is great for fishing and sailing and also offers many other water activities. The lake provides magnificent views of the Rocky Mountains and wildlife is abundant on and around its shores. There is a sandy beach at Grand Lake that is great for people-watching. Those who want to get their feet wet can paddleboard or row in the waters off the beach area.

Grand Lake incorporates a historical boardwalk where visitors can shop and dine in over 60 stores and restaurants. In the summer, folks can hike up the stunning trails or go mountain biking. During winter, snowmobiling is all the rage.

Rangely, Colorado

Rangely sits on the Dinosaur Diamond Scenic Byway, which is a “prehistoric highway” that runs through canyons and passes dinosaur fossil quarries and museums. This rural town sits at an elevation of 5,298’ in Rio Blanco County and boasts the Rangely Outdoor Museum, which preserves historical buildings and displays the town’s history. It is also the location of The Tank Center for Sonic Arts—an empty water tank that doubles as a concert venue.

The Canyon Pintado National Historic District is the place to be for those who want to learn more about the pictographs and petroglyphs left behind by the Fremont and Ute people. In addition, the Kenney Reservoir lies five miles east of Rangely and offers fishing, boating, cliff-diving, swimming, and kayaking.

Manitou Springs, Colorado

Manitou Springs is the definition of quaint American town and features art galleries, restaurants on the creek, and free concerts. The town is the home of Manitou Springs’ Carnivale, which is a great alternative to Mardi Gras in New Orleans. It is also the place with the highest railway in the US.

Hikers enjoy the Manitou Incline which rises above the town as it ascends on the east slope of the Rocky Mountains. There is also the Manitou Springs Zipline tour which zips people across the Front Range. Tourists who have been to Manitou Springs describe it as having an Old West feel, while others enjoyed the artsy vibe left over from the “hippie era.” Manitou Springs opens up towards the Garden of the Gods Visitor and Nature Center where visitors can enjoy geological rarities and marvel in awe at the sandstone rock formations.



Canon City, Colorado

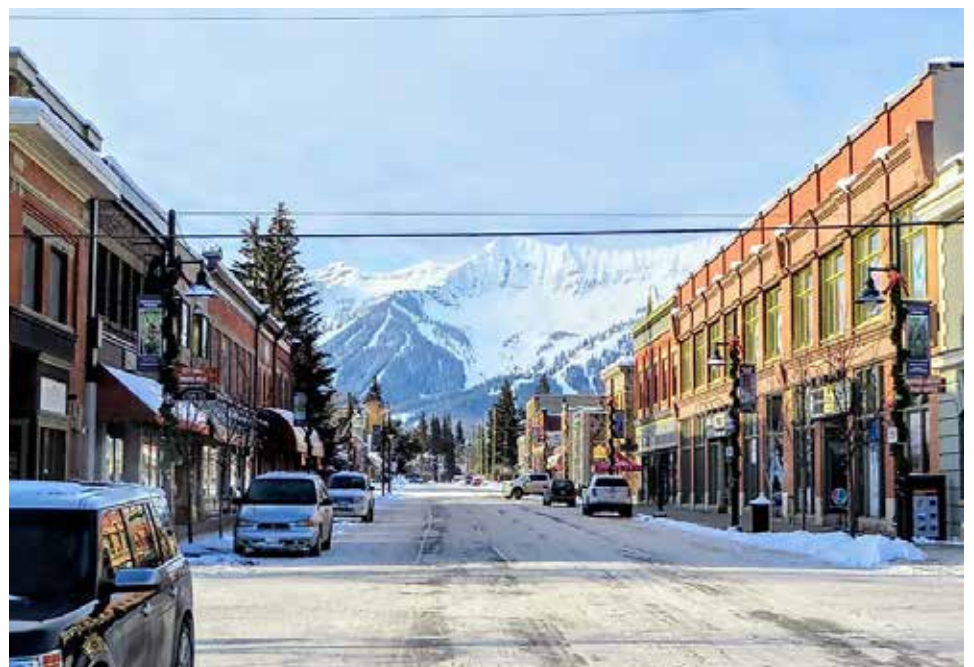
Canon City squats between the Front Range and Wet Mountains, north of a portion of the San Isabel National Forest. It straddles the Arkansas River, making it easy for tourists to go whitewater rafting and sightseeing. Many activities await nature lovers here, including the Skyline Drive, the Royal Gorge railroad, and its infamous suspension bridge, as well as the Royal Rush Skycoaster.

Between Salida and Canon City, the Arkansas Headwaters State Park offers multiple campgrounds, while the Royal Gorge Bridge and Park also offers established campgrounds. Canon City also has many bicycle trails for those who want to experience plants and wildlife up close.

Fernie, British Columbia

During winter, Fernie is any skier’s dream destination. On the outskirts of the town are steep slopes that offer thrilling ski rides once the town gets snowed in. More than 140 slopes receive around 32 feet of snow every year. In the town itself, there are several old buildings to admire, some of which have been standing since the early 1900s. No visit to Fernie is complete without a stop at the Beanpod Chocolate, Coffee, and Gelato where chocolate is still made the old-fashioned way.

Fernie also offers the Fairy Creek Falls, which is accessible via a 2.8-mile hike from Fernie Visitor Information. When the weather turns cold, the magical falls freeze over, and during summer, the cascades are great for cooling down on a hot day. The town is truly a paradise for those who love the outdoors, with the Cottonwood Trail offering a glimpse into the history of ancient black cottonwood trees, some of which are four hundred years old. There is also the Elk River, where visitors can go kayaking or rafting, and afterward enjoy a picnic on the riverbanks as they watch wildlife go by.



Taos, New Mexico

The town of Taos in New Mexico sits on the edge of the Sangre de Cristo Mountains which are the southernmost subrange of the Rockies. Taos lies one mile from Taos Pueblo which is the only Native American community that has the distinction

see 11 Towns on pg 5



11 Towns continued...

of being a UNESCO World Heritage Site as well as a National Historic Landmark. The homes in Taos Pueblo are still occupied today.

In addition to this wonderful landmark, Taos itself offers hot-air ballooning, hiking, and river rafting. There are several places to go fishing and downhill skiing, as well as many art galleries and museums. Just northwest of Taos is the Rio Grande Gorge which was formed millions of years ago. An intricately designed bridge spans the gorge along Route 64, and there is a nine-mile hiking trail along the rim of the gorge.

Crowsnest Pass, Alberta

The municipality of Crowsnest Pass formed when five municipalities amalgamated in 1979. The town lies adjacent to the Crowsnest mountain pass in the shadow of the Rocky Mountains.

Crowsnest may be small, but the town is big on tourist activities. There are world-class fly fishing spots here, and premier golf courses to enjoy. Those who love delving into historical events can visit the site of Canada's deadliest mining disasters. Visitors who are after a view to remember can scale Turtle Mountain to take in the surrounding vistas. Chinook Lake offers paddle boarding and boating, while the Crowsnest Museum depicts the



cultural history of the town.

Wallace, Idaho

Wallace, Idaho shines with natural beauty which includes huckleberry bushes and pine trees. Not to mention the surrounding Bitterroot Mountains which are a subrange of the Rockies. Wallace is one of only four towns in the US listed in its entirety on the National Register of Historic Places. Sierra Silver Mine Tours provides a trolley that takes visitors around the town on an educational journey. The company also allows visitors to explore a real silver mine.

Speaking of mines, the Pulaski Tunnel Trail runs towards an overlook where the Nicholson mine is seen. The trail got its name from a fireman, Ed Pulaski, who saved 39 men during a firestorm. For those who want a unique adventure, there is the "center of the universe" which is a manhole in the middle of Bank and Sixth Streets that has attracted some attention since 2004. There is also the Wallace Stairs that provide not only a cardio workout, but unforgettable views of the mountain landscape.



West Glacier, Montana

West Glacier lies at the west entrance to Glacier National Park and is part of Flathead County, Montana. The park is filled with evergreen forests and sparkling lakes, which makes it a haven for tourists and hikers. The park is also home to the Ptarmigan Tunnel, built in 1930 to allow horse riders an encompassing view of the surrounding natural beauty of the area.

There is a lot of wildlife in the Hidden Lake Overlook Trail area, including mule deer, mountain goats, bighorn sheep, and even grizzlies. West Glacier is the place you will find the Going-to-the-Sun Road, which passes valleys, waterfalls, mountains, and glaciers. This road leads to Trail of the Cedars, a hiking trail that offers views of 80-foot tall cedar trees in the distance. BLM Administrative Field Office: Kremmling Field Office

If prospective-visitors are craving some mountain air and taking scenic vacations, they will find themselves enamored with the natural beauty of these small towns in the Rockies. Any one of these towns has something to offer every tourist! Book a trip to one or all of them and experience the best of what mountain life has to offer.

Have something you would like to contribute. Submit articles, events or photos to The Rangely Review at rangelyreview@gmail.com



Badge continued...

life back into a lifeless child, and bring to justice someone who's gone off the straight and narrow. Why? Because that dying person deserves comfort, and that child deserves another day to play, and that criminal deserves another chance to make the right choice. They are someone's son, daughter, mom, spouse, sibling and so are the humans in blue. Behind that badge is a heart just like yours, a heart that bleeds just as bright of red.

So, what does it mean to be a police officer? It means to give every piece of yourself in every call for service. It means to cross a line that others in society don't know exists. A line that is so grotesque you can never cross back over. It means to hold the secrets of the world and carry them forever with grace. To answer a call knowing that its chaos might perpetually scar your thoughts. It means to provide a shield of protection around your town, county, or jurisdiction so those who are late for work because they spilt their coffee or forgot to say goodbye to the dog don't know the horrors that happened while they were sleeping. It means to sacrifice day in and day out, so others don't have to.

So, when I walk into work in the morning groggy eyed and tired, I will make that batch of coffee with a bit more respect and pride. Because I know that these imperfect humans will do their best to perfectly serve and honor the thin blue line and humanize the badge through every interaction. Because they knew what they were walking into and still chose to keep walking, because that's what it means to be a police officer, beyond just skin deep.

Rangely Police Department's K9 Nico Received Donation of Body Armor

BY TY HAMBLIN

Rangely Police Department's K9 Nico has received a bullet and stab protective vest thanks to a charitable donation from non-profit organization Vested Interest in K9s, Inc. K9 Nico's vest was sponsored by Vested Interest in K9s, Inc. through the Amazon Smile donor percentage purchase program and embroidered with the sentiment "This gift of protection provided by Vested Interest in K9s, Inc."

Vested Interest in K9s, Inc., established in 2009, is a 501(c)(3) charity whose mission is to provide bullet and stab protective vests and other assistance to dogs of law enforcement and related agencies throughout the United States. This potentially lifesaving body armor for four-legged K9 officers is U.S. made, custom fitted, and NIJ certified. Since its inception, Vested Interest in K9s, Inc. has provided over 5,077 vests to K9s in all 50 states at a value of \$6.9 million, made possible by both private and corporate donations.

The program is open to U.S. dogs that are at least 20 months old and actively employed and certified with law enforcement or related agencies. K9s with expired vests are also eligible to participate. There are an estimated 30,000 law enforcement K9s throughout the United States.

Vested Interest in K9s, Inc. accepts tax-deductible contributions in any amount, while a single donation of \$985 will sponsor one vest. Each vest has a value of \$1800.00, weighs an average of 4-5 lb., and comes with a five-year warranty. For more information, or to learn about volunteer opportunities, please call 508-824-6978. Vested Interest in K9s, Inc. provides information, lists events, and accepts donations at www.vik9s.org, or you may mail your contribution to P.O. Box 9, East Taunton, MA 02718.



MISSION STATEMENT:

To provide efficient and professional public safety services to the Town of Rangely and our visitors. We deliver these services with integrity, competence and open communication.

MOTTO

Leading by Example.

May 30th, 2023
RDHF Edition 1

RANGELY DISTRICT HOSPITAL

FOUNDATION

❖ TOGETHER WE RISE ❖



Sunrise Memorial Park

Engraved Leaves
\$100

Engraved Stones
\$250

Park Bench with Plaque
\$2,500



UPCOMING EVENTS

September:
3rd Annual RDH Foundation
Golf Tournament

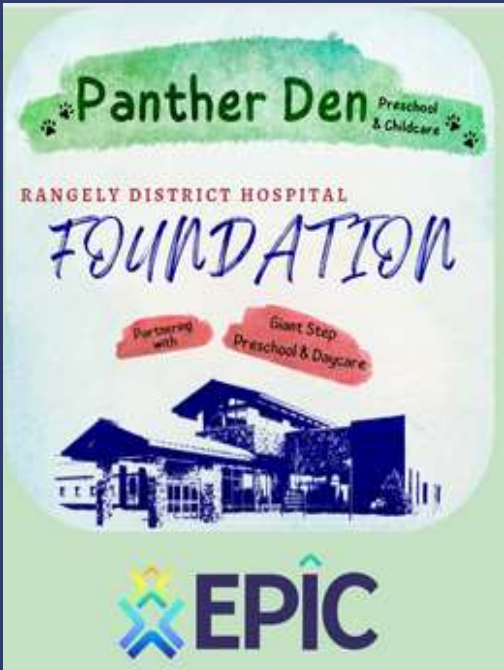
October:
RDH Minor Surgical Suite
Expansion Open House

December:
2nd Annual New Year's Gala

RDHF UPDATES

As the new Foundation & Marketing Director for RDH, I would love to hear your ideas about how I can help our community, as well as updating you about what we are working on!

This summer our main priorities are:
Growing our General Fund, Building Community Relations,
Creating Sunrise Park, Applying for Grant Funding,
and learning what we can do for Rangely!



RANGELY DISTRICT HOSPITAL

FOUNDATION

Partnering with
Giant Step
Preschool & Daycare



EPIC

This summer RDHF will be applying for federal and state grant funding to support Rangely business leaders in creating a sustainable employer based child care program for the community.

Volunteer, Donate, Collaborate

We would be grateful to connect and learn more about how you would like to contribute to the RDH Foundation.

Multiple
Sponsorship
Tiers
Available!

CONTACT OUR FOUNDATION DIRECTOR, RAQUEL PETERSEN

(970)675-5011

rpetersen@rdhosp.org

225 Eagle Crest Drive,
Rangely, CO 81648

www.rangelyhospital.org



Funding Your Education at Colorado Northwestern

BY LISA JONES, PRESIDENT

This edition marks the fourth month of highlighting Colorado Northwestern's priorities identified in its 2023-28 Strategic Plan. This month's focus is on communication. With the fast-paced world we live in, it is difficult to identify one effective method of communicating important topics in a period beneficial to most community members. If you would like to recommend best ways to share information, as well as the information you would like to know, please contact the College's Public Information Officer (PIO), Ms. Cynthia Eilken at Cynthia.Eilken@cncc.edu.

During this time of year, individuals and families are planning the start and funding of post-secondary education. We know that funds do not go as far as they used to so locating every dollar helps. We always encourage prospective students and parents to complete the Free Application for Federal Student Aid (FAFSA®) which provides access to Federal financial aid. We also wish to share how to pay for College at CNCC and inform you of changes to funding options since last year.



For those residing in Moffat County or Rangely, part of your tax dollars provide support to the college, supplementing what the College receives from the state. These funds are distributed, and the use approved and overseen by the MCAJCD and RJCD taxing boards. Funds are approved to: Assist in supplemental funding for operating costs of current or future programs; Erect new or renovate existing facilities; Provide capital funding for technology enhancement and supplemental equipment for CNCC; Provide for operating costs of facilities owned by the Board, and of direct benefit to taxpayers; Assist residents enrolled at CNCC in defraying costs of attendance or paying tuition.

Below are current and future dollars available to Moffat County residents in support of their education at CNCC:

Vice-President's Scholarships are \$2,000 and are available to new incoming first-year students who have a cumulative high school GPA of 3.4-4.0. Students must be seeking a degree and carry at least twelve credits per semester. Students can earn one per academic year with an option to renew for a second year based on completion of twenty-four or more credits with a minimum cumulative 3.0 GPA. Application deadline is August 1st.

Dean's Scholarships are \$1,000 and are available to new incoming first-year students who have a cumulative high school GPA of 3.0-3.39. Students must be seeking a degree and carry at least twelve credits per semester. Students can earn one per academic year with an option to renew for a second year based on completion of twenty-four or more credits with a minimum cumulative 3.0 GPA. Application deadline is August 1st.

Craig Scholarships are \$250-\$500 and are available to residents of Craig and surrounding communities. Applicants can apply for full-time (enrolled in 12+ credit hours) or part-time (enrolled in 6-11 credit hours) scholarships to the CNCC Craig Campus. Awards are contingent upon the continuation of the program(s) and availability of funds and are subject to change without notice. These scholarships are renewable based on a minimum cumulative GPA of 3.0 of at least 12 credits completed for part-time recipients, or a minimum of twenty-four credits for full-time recipients. Applications are due within the semester in which applicants enroll.

CNCC has multiple Foundation Scholarships with variable award amounts from various sources. By completing a single application students will be considered for all foundation scholarships though additional steps may be required for some scholarships. A list of scholarship options and application requirements is available at cncc.awardspring.com.

Please reach out as indicated above should you have any questions. Have a wonderful start to your summer season.

Meet & Greet with the New Chamber Director

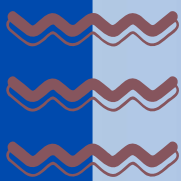
BY CANDRA ROBIE

On April 20th the new Chamber Director, Candra Robie, along with the Chamber Board members, hosted a Meet and Greet for local businesses. This was an opportunity for Candra to speak on the new direction that she would like to take the Chamber, along with receiving feedback from business owners on their wants and needs from the Chamber. The meet and greet did not get the turnout that was hoped for but the representation and discussion from Chamber members Western Slope NAPA, Giant Step and Rangely District Hospital was helpful.



RDH HIGHLIGHT: RACHAEL FILES, RN

COLORADO LEVEL III & IV TRAUMA PROGRAM MANAGER OF THE YEAR



"Our patients are our friends and family, and that matters to all of us."
-Rachael



The RDH Board of Directors presented Rachael with a gift certificate from Gio's on May 26th, 2023.



Rachael loves the various community outreach opportunities, including teaching courses on "Stop the Bleed".

About the Award

Rachael is the 2022-23 Level III & IV Trauma Program Manager of the Year for the state of Colorado!

The Colorado Trauma Network expresses that Rachael exhibits excellent skill at leading an initiative to improve care for injured patients across the continuum. Projects like "Stop the Bleed" involve multiple key stakeholders within the trauma system and have documented results in measurable improvements that improve care.

RACHAEL'S DEDICATION

Rachael started her journey into healthcare right here at Rangely District Hospital. She started her career as a CNA (Certified Nursing Assistant), became an EMT (Emergency Medical Technician), then pursued her LPN (Licensed Practical Nursing), and became an RN (Registered Nurse). This helps her be very well rounded in her role and Rachael emphasizes that this experience enhances her respect for her coworkers in every level of RDH.



LOOKING FORWARD

As an RN, Rachael serves as the Trauma Nurse Coordinator and Emergency Department Director. In addition to raising her family and holding a full time job, she is pursuing her Masters of Nursing, with an emphasis in Leadership and Administration. Rachael looks forward to learning more about the communities needs, and welcomes new opportunities to serve her friends and family.

CONGRATS,
RACHAEL!

RDH and the Board of Directors plan to honor Rachael locally at the Employee Appreciation Event later this year.



White River Village Garden Beds

BY JANET MILLER

Check out the photos of the completed raised garden beds at White River Village. This allows the residents to have fresh vegetables during the growing season. The beds also provide a great activity/hobby for the residents of the White River community.

A ribbon cutting ceremony will be held in the early part of July to honor the completion of the beds. A barbeque will be part of the ceremony. The community will be invited!



Reinventing the Chamber

BY CANDRA ROBIE

With a new director at the Chamber brings new ideas and a fresh perspective. One of the largest items that the Chamber would like to get back to and begin focusing on, is getting back to business support. Being in a small community our businesses may not always have the resources needed to be successful in rural America. Business owners may need general help in making their business successful but not know where to begin looking. These resources could be legal help, marketing, QuickBooks training or many other professional development opportunities. The Chamber would like to help with and connect our businesses with the resources needed to be successful in rural America and do our best to assist in business growth for each of our members.

The Chamber wants to continue and grow events for the community such as the annual Crab Crack, ROAR and Oktoberfest. Along with adding new events that engage the community. We are looking forward to this next year and cannot wait to see what we can help bring to our community.



Two Girls, One Small Town Podcast

BY JEANNIE CALDWELL

Two Girls, One Small Town Podcast is excited to say they have completed three podcasts. You can listen to the podcasts or follow them along in the journey on social media by utilizing the QR Codes below. Thank you for taking the time to listen to us!

Go Rangely!



Sparkling Dancers in Rangely

BY JEANNIE CALDWELL

April 28th was the best day ever, because this is the day the young Rangely dancers hit the dance floor in their beautiful, sparkling costumes! Each year in October the dance classes begin, for some new students and some returning students, both groups being a little nervous but mostly excited. Happy, motivated teachers show up and get the students enthused as they prepare each week for the big day in April! This year the big day did not disappoint!

The theater at Rangely High School was full of excited parents, grandparents, aunts, uncles, cousins, friends and siblings. Cameras were clicking continuously as the beautiful young ladies took to the stage to perform their dances. Applause could be heard throughout the town as the young dancers smiled and performed beautifully.

What a spectacular occasion for our small town! To the teachers, Natalie Kurrasch and Jessica Olivas, you did an amazing job! Thank you! To everyone involved, those who took care of the lighting, music and costume changes, THANK YOU! You are appreciated!



Meet Giant Steps New Executive Director

BY KIRSTIE KILDUFF

My name is Kirstie and I have been a Rangely resident for almost 4 years. I am a mom to three fun kids, who keep me on my toes. They are all in the Rangely Schools, and absolutely love this community. They can hardly wait to grow up as Panthers.

In August I will be celebrating my 10 year wedding anniversary to my high school sweetheart, Clinton. He is an officer with the Town of Rangely, and loves serving the community.

I am an active member with the Rangely High School Booster Club, and enjoy attending sporting events with my family to support our student athletes.

My biggest passion in life is educating and working with children. I have always loved working with kids and am so excited to continue that while stepping into the role of Director at Giant Step. My education is in early childhood development and education, and I have a passion to help children learn and grow. I look forward to serving the community through childcare, and getting to know more families.



Advertise in the Rangely Review

Non-Chamber Members

- Full Page - \$295
- 1/2 Page - \$150
- 1/4 Page - \$90
- 1/8 page - \$55

This pricing includes an ad in the Rangely Review ONLY.

Chamber Members

- Full Page - \$200
- 1/2 Page - \$100
- 1/4 Page - \$55
- 1/8 page - \$40

This pricing includes an ad in the Rangely Review as well as one month utility billing advertisement.

WRB REC &
PARK DISTRICT

★ FOURTH OF JULY ★
CELEBRATION

JUNE 30

SURF-N-TURF DINNER

6:00PM @ CEDAR RIDGES

GOLF COURSE

RIBS & SHRIMP \$30 A PLATE

**KIDS HOT DOG MEAL \$7 A
PLATE**

***TICKETS CAN BE PURCHASED
AT THE REC CENTER OR CEDAR
RIDGES GOLF COURSE**

FREE CONCERT - 7:00PM

JULY 1

RIB COOK OFF - 8:00AM

JUDGING AT 3:00PM

PIE BAKING CONTEST

JUDGING AT 12:00PM

INFLATABLES

11:00AM – 3:00PM

CORNHOLE TOURNAMENT

9:00 AM

ALL EVENTS LOCATED AT
ELKS PARK

JULY 3

NIGHT GOLF @ CEDAR RIDGES GOLF COURSE

CALL, 970-675-8403, TO REGISTER YOUR TEAM

JULY 4

**FIREWORKS @ KENNEY RESERVOIR
SHOW BEGINS AT DUSK**

FOOD ■ FAMILY ■ FUN



RANGELYREC

WESTERNRIOBLANCOMRPD.COLORADO.GOV



Mosquito remediation in the Town of Rangely

The Town of Rangely has determined that Mosquito-borne diseases caused by the bite of an infected mosquito are a health risk to our community. Mosquitoes can carry life-threatening illnesses; West Nile is more prevalent in our area.

Each homeowner can take the steps below to prevent breeding in the Town.

- Clean up your yard and remove anything that can hold water, such as unused pots and containers or tires.
- Cover or overturn trailers, wheelbarrows, boats, tools and children's toys to avoid water pooling.
- Regularly clean gutters and drains so water runs freely.
- Mend leaking water taps.
- Change water held in pet drinking bowls, bird baths and vases at least once a week and more regularly in warm weather.
- Put sand around the bases of potted plants to absorb pooling water.
- Keep lawns and gardens trimmed back to reduce the area where mosquitos rest.

The Town of Rangely will be mitigating mosquitoes in the Town and outlying areas through fogging and aerial spraying. We have implemented a 3-pronged approach that has been successful.

When spring comes and we have areas of standing water, larvicide is added to these areas. This kills the mosquito larvae but does nothing to kill the adult mosquito. The larvicide is not harmful to anything but the mosquito larvae. This continues throughout the summer, particularly after it rains.

The second thing we do is to fog for mosquitoes. During this process, we use a fogging unit mounted in the back of a truck to disperse very fine droplets and small amounts of insecticide which minimizes the exposure and risks to people and the environment. This kills adult mosquitoes only and usually lasts for a few days.

Finally, we contract someone to aerial spray. This method is effective but is cost prohibitive to complete more than a few times during the summer. We aerially spray when we know we will have large numbers of people doing outside activities such as around the 4th of July and Septemberfest.

Here are some factors that affect fogging.

The temperature needs to be above 50 degrees Fahrenheit, or adult mosquitoes are not active. If they are not active, the spray is not effective as it does not come into contact with the mosquito. Weather is also a major factor. If the wind is over 10 miles per hour, the fine mist of the spray does not stay in the area to effectively kill the mosquito. A very small amount of breeze (about 1 mile per hour) is beneficial as it agitates the mosquitoes, and they are actively flying around.

Fogging is ineffective when it rains or shortly afterwards. Timing is also important. Dusk or dawn is the best time to spray. It takes about 5 hours to cover all of Town, so while we try our best to fog during these times, some places will be fogged somewhat earlier or later. We do not always fog all of Town at once. For instance, if we have three days of decent weather and minimal wind, we will fog for a couple hours a day to try to hit those optimal fogging times.

Because of the factors mentioned above, we cannot have a set schedule to fog so notifying the public is just not feasible. If it is rainy or very windy, you can assume we will not be fogging for mosquitoes. The fogging unit has a distinct noise and once you come to recognize it, some people may want to go inside for the few minutes the fogger is in the area. Mosquito mitigation is an ongoing process as we must continue to kill the larvae and to kill the adult mosquitoes that enter the area.

No matter the conditions, fogging will only kill part of the adult mosquitoes in the area for a few days. There are things you can do to help protect yourself.

- Try to avoid places and times when mosquitoes bite, such as dense grassy areas, early morning, or late evening.
- Wear clothing that is tightly woven and protects you from bites.
- Use insect repellent when outside.

Have a safe and happy summer!

BLOOD DRIVE



Rangely District Hospital

MONDAY, JULY 24
11:00 A.M. – 3:00 P.M.
225 EAGLE CREST DRIVE, RANGELY

Make an appointment today!
Visit donors.vitalant.org, enter "Rangely, CO" into the city search field and the blood drive will be listed. Click on "see times" to select the best time for you and make an appointment.
Please make sure to stay hydrated, eat a healthy meal and bring your drivers license.
We look forward to seeing you again!

 **GIVE BLOOD | vitalant.org**

vitalant

A Rare Visitor Lit Up the Night Sky in Rangely

BY JEANNIE CALDWELL

On April 23rd residents of Rangely were fortunate to have a rare visitor to their dark skies. A local photographer captured the event.

At approximately 12:30 am, maybe 1:00 am, the Northern Lights created a gorgeous light show. Hues of Pink and green were easily viewed. While the light show did not last very long the views were incredible while they lasted!

Thank you for showing up in Rangely! Come again soon!



ROAR Overview

BY CANDRA ROBIE

This year's ROAR event was a huge success with 145 vehicles and over 230 people. This event brought people from all over the state of Colorado, along with folks from New Mexico, Utah, Wyoming, and Texas. The weather was beautiful and despite not having three of the larger Wagon Wheel trails due to snow still up in the higher areas, the guides for ROAR made the existing trails worthwhile and made sure participants had a great time in Rangely!

This is a very unique event to the community as it runs on volunteers. This year there were over 30 total volunteers that spent their own time, money and wear and tear on their own vehicles to help host this event in our community. The Chamber could not be more thankful and grateful to all of these individuals that gave their time to make this event great!



The Helpful Place



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Our Customer!

CONTACT US

609 CO-64, Rangely, CO 81648
(970) 675-2531



SCAN ME



SCAN ME



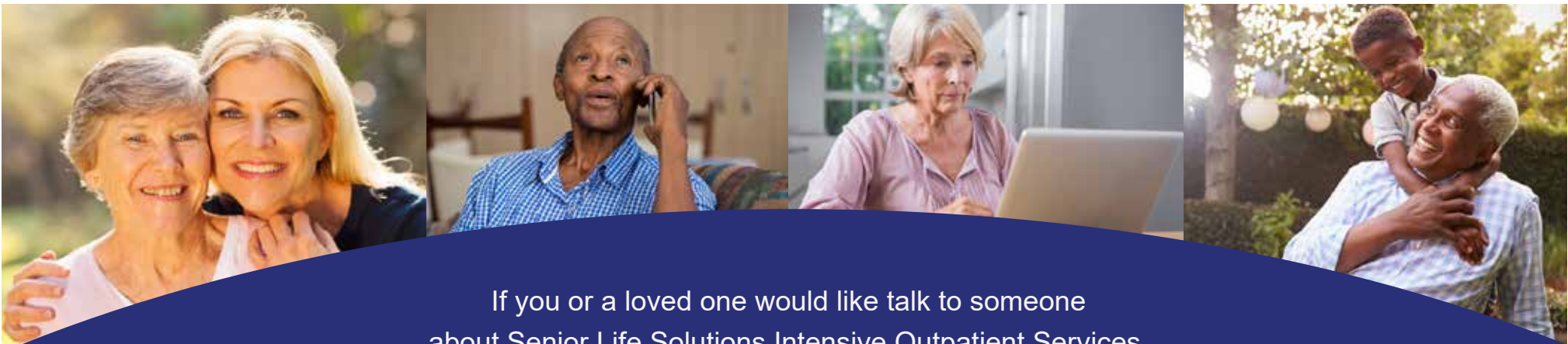


Emotional Support From the Comfort of Your Home

Receive emotional support in real-time using your telephone or computer, without the need to meet in person. Our Teletherapy services are private, efficient, flexible, and keep you safe in your home.

Senior Life Solutions is designed to help individuals experiencing any of the following:

- Physical limitations requiring emotional support
 - Fear of leaving home/isolation
 - Recently experienced a traumatic event
 - Lost a spouse or close family member
 - Caretakers who need emotional support
- Loss of interest in previously enjoyed activities
 - Changes in appetite
 - Difficulty sleeping
 - Feeling loss of independence
 - Loss of energy



If you or a loved one would like talk to someone about Senior Life Solutions Intensive Outpatient Services,

contact us at:
970-675-8002

All phone calls are confidential.

Our staff includes a board-certified psychiatrist, licensed social workers and therapists, and a registered nurse.



Arbor Day 2023

BY JANET MILLER

Rangely’s third annual Arbor Day celebration, which was held on April 27th, was another huge success! TREAD, which is Rangely’s Main Street Program, started the event to raise awareness regarding the importance of trees to our world. Each year they oversee the program.

Special thanks to Rangely School District RE-4, Rio Blanco Water Conservancy District, and the Town of Rangely, Colorado for their continued sponsorship and support! We also appreciate Candra Robie, Executive Director of the Rangely Chamber, who served as the MC for the event as well as Macy Morgan and James Talbott, who gave presentations regarding the history of Arbor Day as well as the importance of trees.

An Emerald Queen Maple Tree, which was chosen by Arborist Janet Miller, was the tree of choice this year. The newly planted tree is located near the sidewalks in front of the Firehouse.

The Arbor Day celebration included several contests for local students. Winning students were given awards for their winning projects. Below is a list of the contests, to include the names of the winners.

Name of Tree:

The winning name of the tree is “Groot.” Waylan Key named the tree. He is in 2nd grade.
The contest winners in other categories are listed below:

Poetry Winners:

- First Place – Ally Black – 4th grade
- Second Place – Jesus Guzman – 4th grade
- Third Place – Justin Quijada – 4th grade

Poster Winners:

Kindergarten:

- First Place – Ellie Young
- Second Place – Trevin Phelps
- Third Place – Isabella Olivas

First Grade

- First Place – Paulette Quijada-Controeras
- Second Place – Molly Dillon
- Third Place – McKell Denny

Second Grade

- First Place – Elise Winder
- Second Place – Aspen Miller
- Third Place – Quinton Hardman

Third Grade

- First Place – Tracey Miller
- Second Place – Samantha Guzman
- Third Place – Easton Young

Fourth Grade

- First Place – Dani Thayn
- Second Place – Piper Small
- Third Place – Ally Black

Fifth Grade

- First Place – Arabella
- Second Place – Brynnlee
- Third Place – Roarie Emmons

Art Class

- First Place – Jasmine Talbot
- Second Place – Jade Miller
- Third Place – Emma Noyce



The TANK Debuts New Record Label

BY JAMES PAUL, EXECUTIVE DIRECTOR

In April, The TANK Center for Sonic Arts launched its new record label, Round Sound, with a party in New York City at the loft of the renowned performance artist Laurie Anderson.

About a hundred people celebrated the start of the label, including Rangely favorites Lisa and Larry Hatch, who made the trip back East and included a trip to Niagara Falls. Also in attendance were local TANK staffers Samantha Wade and Michael Van Wagoner. Among those feted at the party was Rangely resident Sam Tolley, who was an Executive Producer on the project.

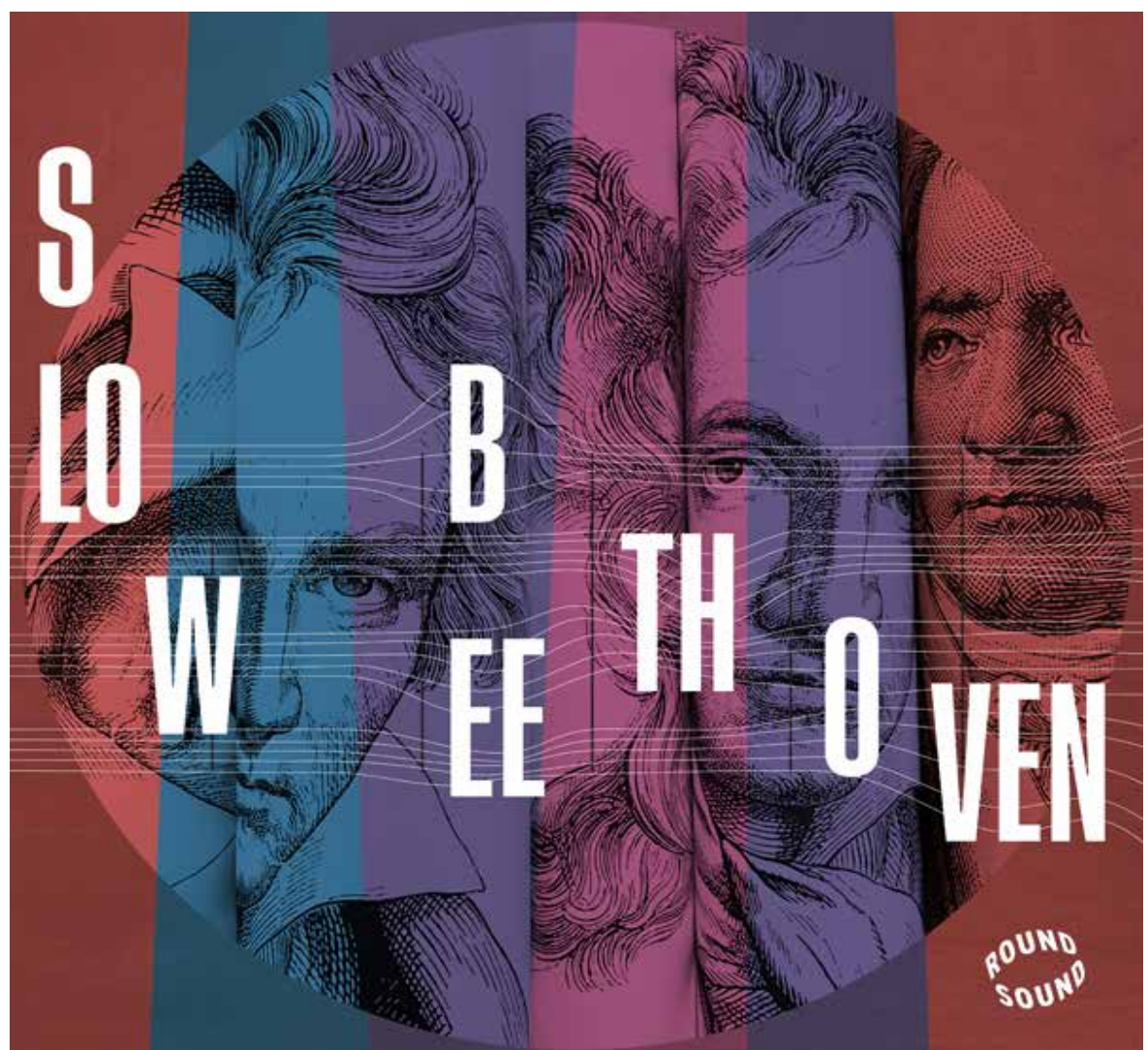
The event also debuted the first release on the label, an album entitled Slow Beethoven. This unusual and beautiful work is the collaboration between a string quartet and The TANK Center for Sonic Arts, the nonprofit recording studio and concert venue centered around Rangely's own extremely resonant empty water tank.

In 2021, at the performance venue National Sawdust in Brooklyn, cellist Jeffrey Zeigler led three other virtuosic players in the fugue from Beethoven's String Quartet Number 14 in C-sharp minor, Opus 131. As they played, they wore headphones and could hear the sound of their performance resonating two thousands miles away in the profound reverb of the TANK, in which sonic impulses may sustain for up to 40 seconds.

To allow each of Beethoven's lush chords to ring out and fade in the TANK, the quartet had to slow the work radically, so that this short movement, some seven minutes long in the original tempo, took more than 45 minutes for them to play--hence the title, Slow Beethoven.

The album made its appearance on Billboard Magazine's Classical Crossover chart at number 14 in May, and the reviews were sensational. Popmatters called the record "startlingly good" and added, "By stretching the piece, the recording exposes the music's 'bones' and structure, highlighting Beethoven's composition's genius. Often when a classical work is slowed down, it collapses, but the arrangement on Slow Beethoven recasts the piece as something wholly new, recasting it as a contemporary classical dirge."

Slow Beethoven is out in digital form on Spotify, Apple Music and other services (The TANK's favorite sales venue is Bandcamp). A vinyl version will be available this summer. The TANK also created Round Sound hoodies for the occasion. Vinyl albums and hoodies will be available for sale at the TANK this summer.



LDS Youth Clean the Grounds at The Outdoor Museum

BY JEANNIE CALDWELL

The Church of Jesus Christ of Latter-Day Saints has a large youth group consisting of youth ranging in age from 12 to 18. Part of the youth group’s activities include providing service to individuals or the community. This year the group, to include their adult leaders, assisted with cleaning the grounds at The Outdoor Museum. They spent a lot of time cleaning and preparing the grounds for the summer tourism season. The activity took place on May 3rd.



The opportunity to volunteer was through a website called www.justserve.org, which is a free volunteer organization to enhance the quality of life in the community. Thank you to everyone who assisted with this service project. Most of all thank you for caring for and respecting our community!

What an awesome gift! You are appreciated.

April Crossword Results

R	A	N	T	S		E	C	H	O		U	G	H	S
A	G	A	I	N		L	O	A	N		P	R	E	P
M	O	S	C	O	W	M	U	L	E		K	E	R	R
P	G	A		W	I	S	P		L	E	E	W	A	Y
S	O	L	E	M	N			H	I	V	E			
			G	A	S	O	L	I	N	E	P	U	M	P
U	R	B	A	N		P	E	T	E	R		R	E	O
R	O	A	D		L	E	V	E	R		C	A	R	L
S	T	S		P	A	N	I	C		V	O	L	V	O
A	C	H	I	L	L	E	S	H	E	E	L			
			G	O	L	D			D	R	A	M	A	S
D	E	P	U	T	Y		G	A	G	A		E	P	A
I	D	E	A			G	A	R	D	E	N	F	L	A
K	I	L	N			A	C	I	D		D	E	E	R
E	T	T	A			G	E	T	S		A	B	E	T

DOWN

1. PC alternative
2. In the manner of
3. Communication tyoe
4. Coffeehouse poet, once
5. Hammett terrier
6. Anorak
7. Live and breathe
8. Job opening
9. Leash
10. Crossed one's heart
11. Beat back
12. In reserve
13. Deducts from wages
21. Sportscasters' anecdotes
22. Erode
23. Tinseltown statuette
24. Subject to depression
28. 1-Across relative
29. Seed covering
31. Entree option
32. Marinaro and Bradley
34. Major League work stoppage
35. Be of one mind
36. Prolific plants
39. Marvel production
40. Tango requirement
43. Stretcher at the gym?
45. Titania's subjects
47. Morning hrs.
48. Work with cover or love
50. Kind of grilled sandwich
51. Thwart
52. Winner in a famous headline
53. The Pink Panther, in "The Pink Panther"
54. Test ore
57. Boring result
58. Creole vegetable
62. Praiseful poem
63. Mach 2 flier, for short

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
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27					28			29						
30						31	32				33	34	35	36
37						38				39	40		41	
42			43			44					45			
		46	47	48				49						
50	51	52						53	54			55		
56							57				58			
59						60					61		62	63
64						65					66			
67						68					69			

ACROSS

1. Venomous snake
6. Pain in the neck
10. Stick with a stick
14. Natural emollients
15. Rod in a rod
16. Letterman rival
17. 3 grains troy weight
18. Free-for-all
19. On a grand scale
20. Fixes, in a way
23. Handwriting on the wall
25. Morsel for a mare
26. NFL team or muscial group
27. Informal gathering
29. "Ver-r-ry interesting" Johnson
30. Fixes, in a way (with 44 across)
33. "Reach!"
37. Throw in
38. Guess
41. Beauty preceder
42. Bread and drink
44. See 30-across

46. Feeling of gloom
49. Sounded hurt
50. Title for Flaubert's Bovary
53. ____ Alai
55. March 15th, e.g.
56. Fixes, in a way
59. Spacious
60. Expensive car trips?
61. Drug bust figures
64. "But only God can make a ____" (Kilmer)

65. Parmenides' home
66. Interprets lip movements
67. Charon's river
68. Depend (on)
69. Until now

KLCY 105.5 Eagle Country

RADIO SHOW

Vernal, Utah



Jeannie Caldwell and Keith Peterson, VP of Instruction at Colorado Northwestern Community College, were invited to be guests on KLCY 105.5 Eagle Country Morning Show! Listen in as they chat about all things Rangely!



You can listen to the broadcast by utilizing the QR Code!

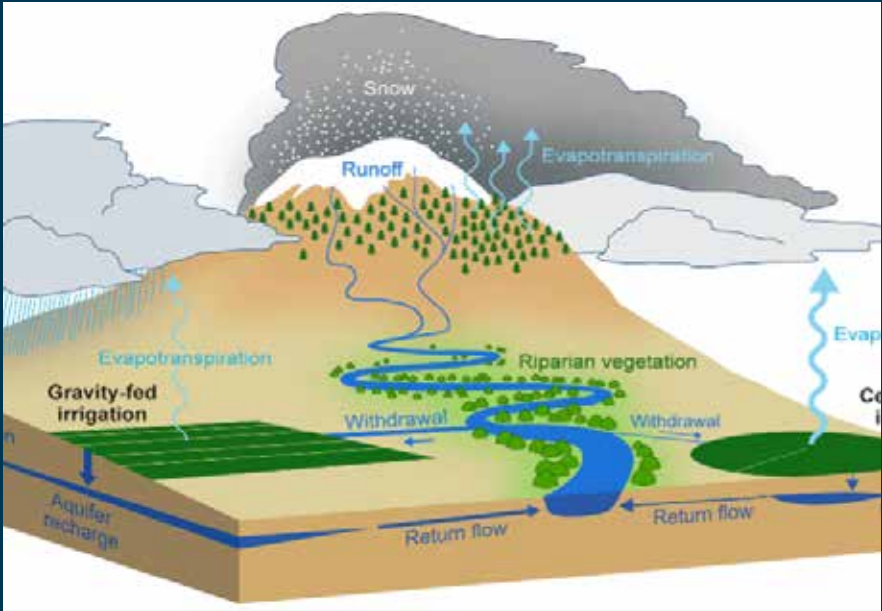
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8	4	5	6	3	9				
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7								8	

White River Floor Irrigation and Return Flows

BY ALDEN VANDEN BRINK, EXECUTIVE DIRECTOR

Probably one of the oldest methods of irrigating fields is surface or flood irrigation where water flows down small trenches or over fields running through crops or pasture. While water is running over the fields it also percolates through the soils inducing alluvial aquifer recharge increasing ground water level which our White River community is cultivated around with considerable dependance. Water that is unused by flood irrigation or other uses in the aquifer eventually returns to the White River for the beneficial reuse by your neighbors downstream which is applicably referred to as “return flows”. In our case, a significant portion of flood irrigation water applied in the upper White River basin along with the unused portion eventually returns to the river system for other downstream water users reuse later in the season. Prior to flood irrigation it was not uncommon for our White River to seasonally stop flowing in areas. Then with the onset of agricultural flood irrigation more consistent flows were observed, truly a testament to the first water shepherds of our White River implemented by the end of a shovel.

With ongoing and increasing drought severity our alluvial aquifers and intertwined return flows we all have grown dependent upon becomes even more critical since our basin has extremely limited water storage reservoirs and the induced aquifer recharge provide by flood irrigation is our primary storage mechanism. Instances where flood irrigation ceases impacting domestic wells, reduced seasonal stream flows, or other types of unintended injury can & do happen. Absolutely there are benefits switching to more efficient irrigation methods but considerations for unintended consequences should be reviewed prior to implementation. The neighbors’ water well or diversion structure that once functioned well that is now struggling to obtain water might be the unintended recipient of truly good-intended water conservation. Careful review and consideration should be part of all water conservation planning efforts.



Now’s the time to have the bull
at your back, with Merrill.

We believe the future is bullish, even in the most unpredictable of markets. Together we can create a plan catered to your goals to see you through uncertainty and help find opportunities. Ready to meet when you are.



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COMMUNITY MATTERS

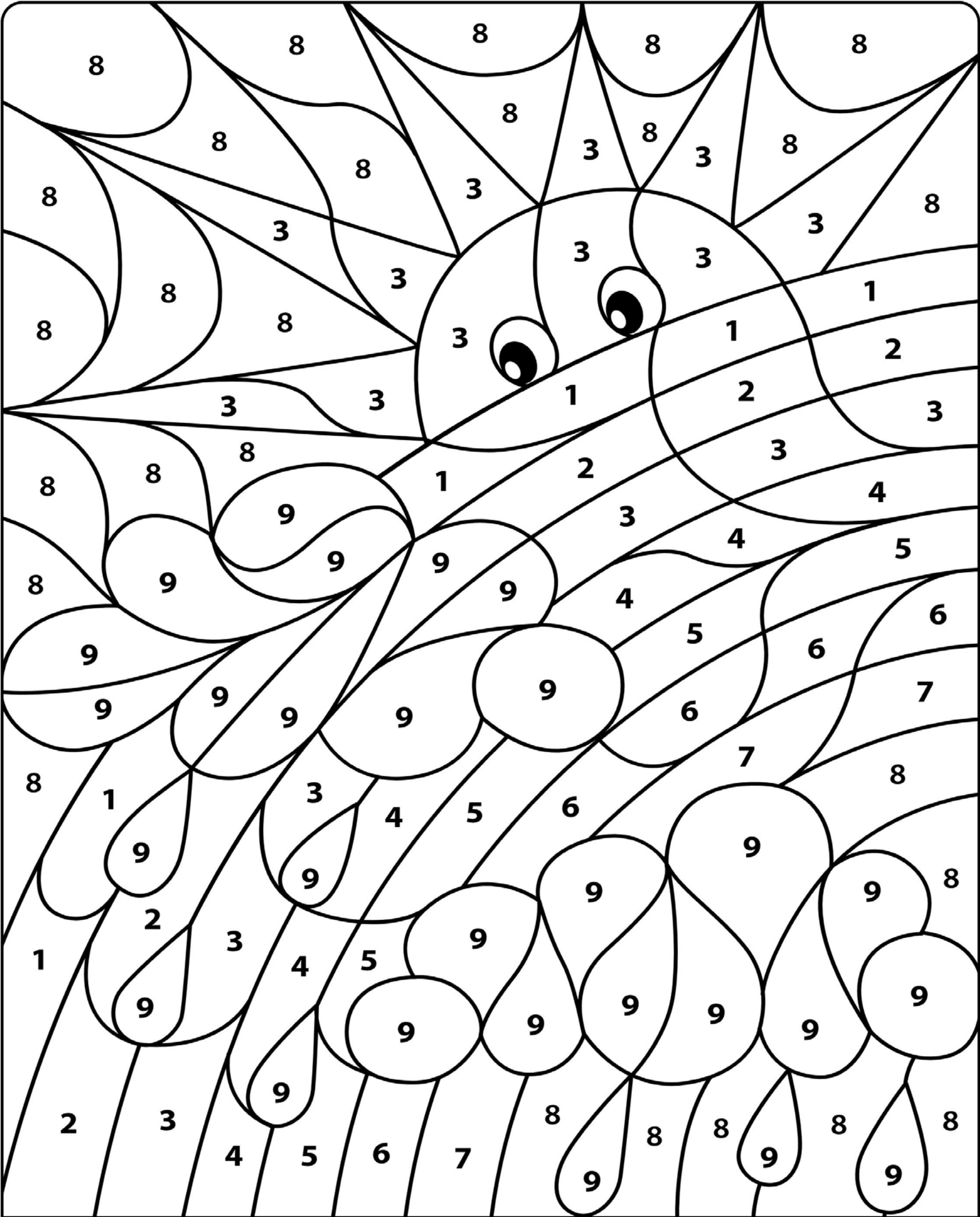
Help keep our community clean, healthy and safe by removing weeds and debris from your property!



Weeds, Junk, Trash & Debris
Town of Rangely Municipal Code Section 8.08.

To review the codes please follow the link in the QR Code.

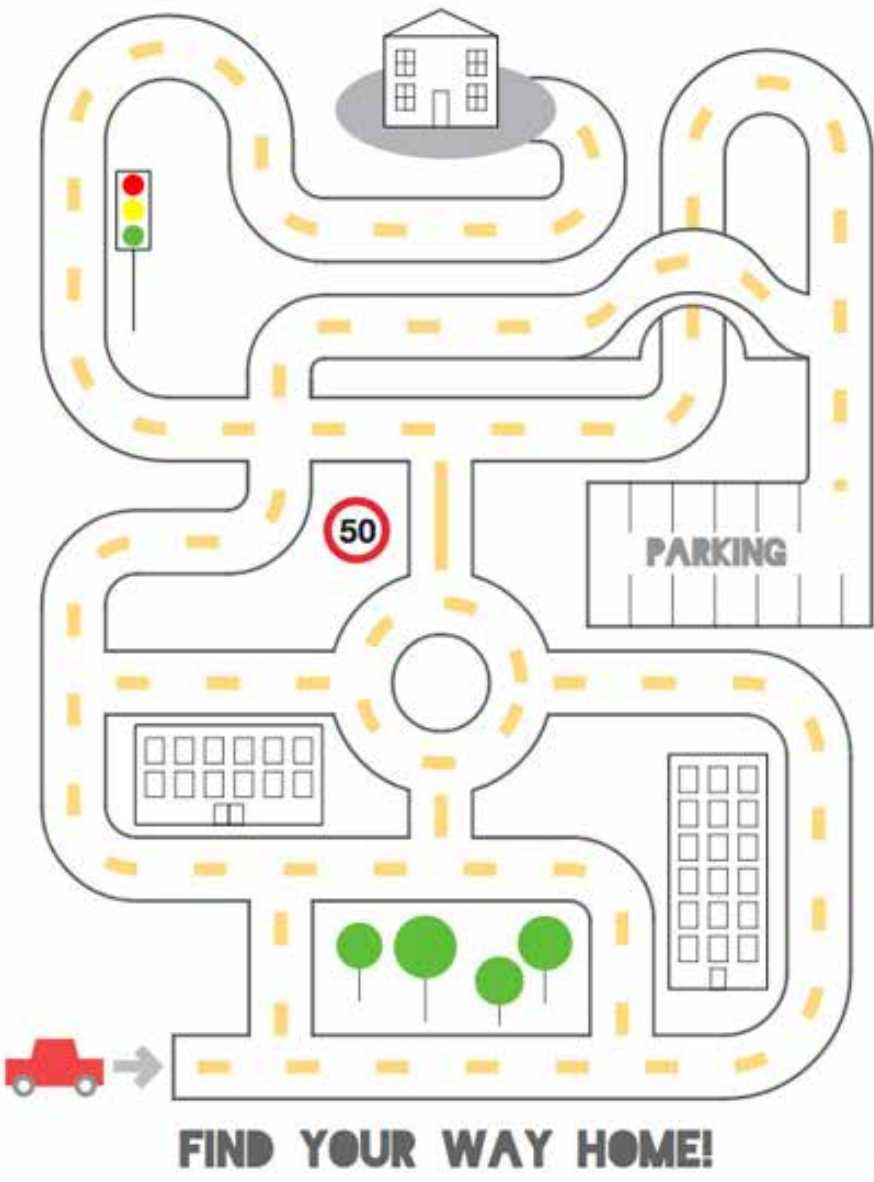
Kids Corner



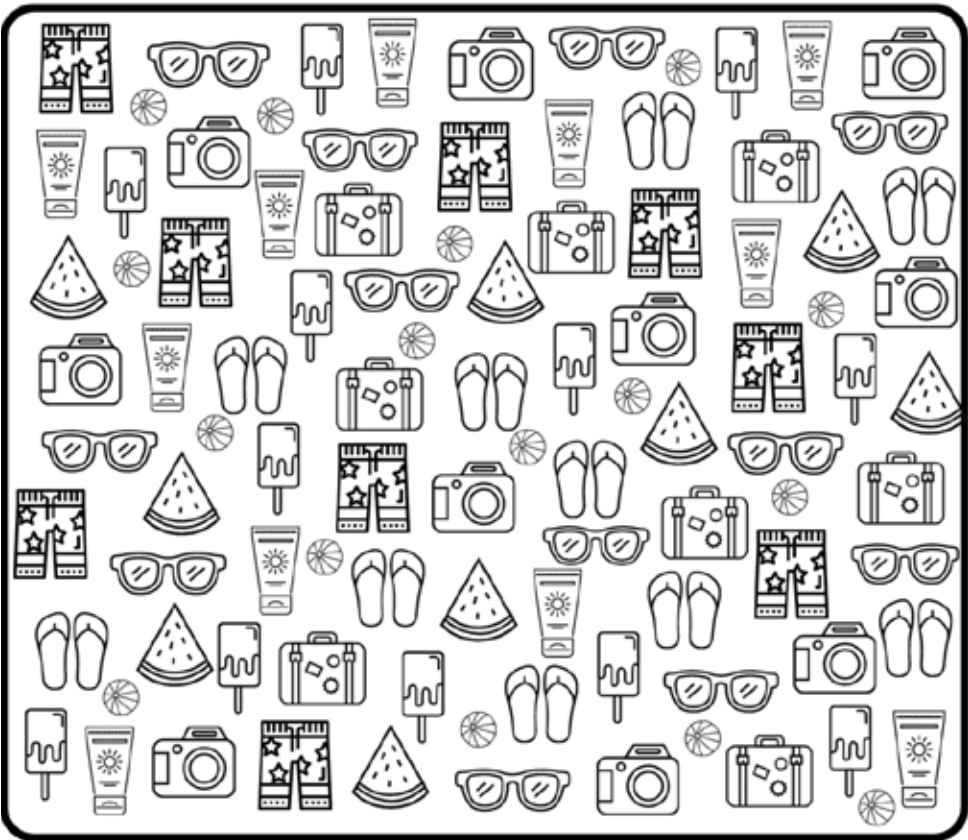
1=Red 2=Orange 3=Yellow 4=Green 5=Blue 6=Purple
7=Pink 8=Light Blue 9=Light Gray

Homemade
GIFTS MADE EASY

THE ROAD HOME MAZE



I SPY...
Summer



camera

flip-flops

watermelon

sunglasses

beach ball

ice cream

camera

flip-flops

watermelon

sunglasses

beach ball

ice cream

BONUS! beach ball

Summer Word Search

S	U	N	G	L	A	S	S	E	S	B	P
T	B	H	S	W	N	D	P	A	E	S	C
M	H	A	X	H	F	L	O	A	T	M	A
V	S	M	R	V	C	L	C	U	H	S	N
A	Z	M	H	B	I	H	S	N	U	P	O
C	N	O	U	I	E	H	C	L	D	R	E
A	U	C	D	P	K	C	L	N	T	I	I
T	L	K	V	M	L	I	U	C	M	N	N
I	T	N	W	Q	P	H	N	E	X	K	G
O	C	E	A	N	S	T	C	G	D	L	P
N	W	P	S	N	O	W	C	O	N	E	M
W	A	T	E	R	M	E	L	O	N	R	S

- FLOATHAMMOCKSPRINKLEROCEAN
- BEACHSNOWCONEWATERMELONVACATION
- CANOEINGHIKINGBARBECUESUNGLASSES

Summer Word Scramble

- KEIB
- ACPM
- ATHE
- ANF
- MEUSRM
- DNSA
- EHCBA
- KIEH
- TOSSRH
- EIFR
- LOPO
- NSU
- ELKA

Why does ice cream always get invited to the party?

ice cream

ice cream