



# Gavin and Jamie McDonnell

## Professional Boxers Sports

### Who are Gavin and Jamie McDonnell?

- Have been Regional and World boxing champions over the past 10 years.
- Also fully qualified plasterers and run a foundation which engages with school children to discover more about the world of boxing and raise the profile of fitness.

### What key messages are shared in the video?

- Overcoming negative comments.
- The importance of identifying an aspiration and working towards it.
- The importance of education within sport

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### Which key skills are highlighted in this video?

Teamwork	<input checked="" type="checkbox"/>	Confidence	<input type="checkbox"/>	Creativity	<input type="checkbox"/>	Organisation	<input type="checkbox"/>	Aspiration	<input checked="" type="checkbox"/>
Resilience	<input checked="" type="checkbox"/>	Problem Solving	<input type="checkbox"/>	Dedication	<input checked="" type="checkbox"/>	Goal Setting	<input checked="" type="checkbox"/>	Belief	<input checked="" type="checkbox"/>
Empathy	<input type="checkbox"/>	Ambition	<input checked="" type="checkbox"/>	Communication	<input type="checkbox"/>	Interpersonal	<input type="checkbox"/>	Self-Discipline	<input checked="" type="checkbox"/>

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### Labour Market Information (LMI), including pathways and training providers:

- TG Boxing in Doncaster offers a vast range of specialised boxing provision. The gym welcomes Professional, Amateur and Fitness boxers of all levels:  
<https://tgboxing.co.uk/>
- UK resource for the sports industry:  
<https://careers-in-sport.co.uk/jobs/>
- A directory to find jobs and apprenticeships in the UK sport industry:  
<https://www.uk sport.gov.uk/jobs-in-sport>
- National Careers Service information on how to become a professional boxer:  
<https://nationalcareers.service.gov.uk/job-profiles/boxer>