



Kathryn Rigby

Doncaster and Bassetlaw Teaching Hospital Surgeon
NHS – Health and Social Care

Who is Kathryn Rigby?

- Consultant Oncoplastic Breast Surgeon at Doncaster & Bassetlaw Teaching Hospital.
- Achieved a Bachelor of Medicine and Bachelor of Surgery degrees (MBChB) from the University of Leeds.
- A member of the Royal College of Surgeons.
- Worked in the NHS for 8 years.
- Senior Clinical Lecturer in Academic Unit of Medical Education, Sheffield University.



What key messages are shared in the video?

- The importance of speaking to someone within the profession to gain an understanding of the job before committing to long periods of expensive study.
- Reality vs. Media
- The value of good interpersonal skills in addition to good academia.

Which key skills are highlighted in this video?

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|------------|-------------------------------------|-----------------|-------------------------------------|---------------|-------------------------------------|---------------|-------------------------------------|-----------------|-------------------------------------|
| Teamwork | <input checked="" type="checkbox"/> | Confidence | <input checked="" type="checkbox"/> | Creativity | <input type="checkbox"/> | Organisation | <input type="checkbox"/> | Aspiration | <input checked="" type="checkbox"/> |
| Resilience | <input type="checkbox"/> | Problem Solving | <input type="checkbox"/> | Dedication | <input type="checkbox"/> | Goal Setting | <input type="checkbox"/> | Belief | <input type="checkbox"/> |
| Empathy | <input checked="" type="checkbox"/> | Ambition | <input type="checkbox"/> | Communication | <input checked="" type="checkbox"/> | Interpersonal | <input checked="" type="checkbox"/> | Self-Discipline | <input type="checkbox"/> |

Labour Market Information (LMI), including pathways and training providers:

- A directory of different careers within the NHS:
<https://www.stepintothens.nhs.uk/careers>
- Find out about Apprenticeships and Work Experience opportunities at Doncaster and Bassetlaw Teaching Hospital:
<https://www.dbth.nhs.uk/jointheteam/apprenticeships-work-experience/>
- Job profile and careers information about becoming a surgeon:
<https://www.prospects.ac.uk/job-profiles/surgeon>
- Information from the NHS about careers in the health and social care sector:
<https://www.healthcareers.nhs.uk/>