

## INITIAL EVALUATION AND NURSING ASSESSMENT

Patient \_\_\_\_\_ Age \_\_\_\_\_ Ethnicity \_\_\_\_\_

Religion \_\_\_\_\_ Marital Status \_\_\_\_\_ Occupation \_\_\_\_\_

Informant \_\_\_\_\_ Reliability \_\_\_\_\_

DIAGNOSES: (list all diagnoses, surgical procedures & complications relating to present condition and dates.)	HISTORY OF PRESENT ILLNESS		
ENVIRONMENTAL EXPOSURE TO POLLUTANTS/TOXIC AGENTS & DATES	ALLERGIES		
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 25%; vertical-align: top;">           CHILDHOOD DISEASE/ IMMUNIZATIONS         </td> <td style="width: 75%; vertical-align: top;">           MILITARY HX, TRAVEL &amp; DATES         </td> </tr> </table>	CHILDHOOD DISEASE/ IMMUNIZATIONS	MILITARY HX, TRAVEL & DATES	RISK FACTORS(circle all that apply)  SMOKING      DIETARY      OBESITY      DRUGS LACK OF EXERCISE      ALCOHOL      SEXUAL BEHAVIOR
CHILDHOOD DISEASE/ IMMUNIZATIONS	MILITARY HX, TRAVEL & DATES		
HISTORY OF PERTINENT PAST ILLNESS, HOSPITALIZATIONS, SURGERY, DATES	FAMILY HISTORY – GRANDPARENTS, PARENTS, SIBLINGS		
<b>REVIEW OF SYSTEMS</b>	<b>COMMENTS</b>		
<b>INTEGUMENTARY</b> Rash, pruritus, lesions, dandruff, changes in skin, hair or nails, ulcers, wounds, incisions (describe on wound sheet)			
<b>NEUROLOGICAL</b> Headaches, injuries, fainting, seizures, tremors, numbness, tingling, dizziness, paralysis, changes in memory, touch, taste, smell, hearing, vision, pain and/or sx of infection in eyes or ears, tinnitus, use of glasses, contact lenses, hearing aid			
<b>RESPIRATORY</b> Cough and characteristics, sputum, dyspnea, wheezing, hemoptysis, congestion or discharge from nose, pain in throat, nose or chest, epistaxis, throat infections, asthma, bronchitis, pneumonia, emphysema, upper respiratory infections			
<b>CARDIOVASCULAR</b> Chest pain, edema, dyspnea, palpitations, hypertension, heart condition, phlebitis, trouble with circulation to the extremities			
<b>GASTROINTESTINAL</b> Abdominal pain, nausea, vomiting, diarrhea, constipation, hemorrhoids, indigestion, swallowing, appetite, excessive flatus or belching, changes in stool color, consistency or frequency, mouth, teeth or chewing problems, partial or complete dentures, hepatitis, diverticulitis, gallstones, peptic ulcer, colitis, ostomy.			
<b>RENAL</b> Difficulty in urination, dysuria, dribbling, incontinence, urgency, frequency, infections, stones			
<b>MUSCULOSKELETAL</b> Pain or stiffness in joints, redness, swelling, limited ROM, fatigue, weakness, pain in muscles, arthritis, fractures, deformity, tumor, infection, ambulation, use of assistive devices			
<b>ENDOCRINE</b> Diabetes, thyroid condition, increase in thirst, appetite, urination, heat or cold intolerance, breath odor, changes in weight/stamina, fat distribution			
<b>HEMATOPOIETIC</b> Anemias, bruising, previous transfusions, skin hemorrhages, petechiae, blood dyscrasias, leukemia, immune disorders			
<b>REPRODUCTIVE</b> Lesions on or drainage from penis or vulva, rashes or irritations on penis or vulva, vaginal infections, venereal disease, infertility, birth control, sexual difficulties, age at menarche and menopause, number of pregnancies, abortions, live births, complications during pregnancies, LMP, lumps or pain in genitalia (M or F), date of last PAP and Mammogram			
<b>PSYCHIATRIC</b> Depression, nervousness, mood swings, insomnia, self-concept, effect of stress, thoughts of suicide, substance abuse, ETOH abuse			

**NUTRITIONAL STATUS** \_\_\_\_Ht. \_\_\_\_Wt. \_\_\_\_\_Diet     Oral     Enteral     Parenteral

\_\_\_\_ Recent Weight Loss    \_\_\_\_Over Weight    \_\_\_\_Under Weight

Fluid intake/day \_\_\_\_\_ Meals prepared by \_\_\_\_\_

**ACTIVITIES OF DAILY LIVING** (Check appropriate boxes)

Level of Independence	Without help	Uses a Device	Help of Another	Device & Help	Dependent Does not do	Not Deter
Eating						
Toileting						
Transfers						
Ambulation						
Dressing						
Bathing/Shower						
Shopping						
Housekeeping						
Laundry						
Prepare meals						
Transportation						
Handling Money						
Using Telephone						

**APPLIANCE/AIDS/SPECIAL EQUIP**

	Has	Needs
Ambulation aid, other		
Prosthetic Device		
Tub Stool		
Hospital Bed		
Transferring Equip		
Toileting Equip		
Dressing Equip		
Colostomy Bag		
Cane		
Walker		
Grab Bar		
Commode		
Oxygen		
Wheelchair		
Leg Brace		
Other		

**FAMILY/ SUPPORT SYSTEMS:**

family (specify) \_\_\_\_\_  other (specify) \_\_\_\_\_

lives alone    Informal caregiver(s) is (are) able to receive instructions and provide care?     Yes     No

**TREATMENTS**    Nationwide Medical Waste 1-954-747-8858


SUPPLY NEEDS (check box)	Has	Needs

<b>CLIENT'S COMPREHENSION OF DIAGNOSIS:</b>	<b>EMERGENCY SAFETY INSTRUCTIONS GIVEN?</b>  <input type="radio"/> YES <input type="radio"/> NO
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<b>MAJOR NURSING DIAGNOSIS/PROBLEMS REQUIRING ATTENTION:</b>
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<b>SHORT TERM GOALS</b>
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<b>LONG TERM GOALS:</b>
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SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_