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The Macomb Area Chamber of Commerce is currently compiling a list of our local business hours/operations, state and local information, and health notifications to assist you and the business community during this unprecedented pandemic. We will update this list as new information is available. Our staff is working as hard as possible with the resources we have, so if you do not see a business listed, please feel free to contact our office with any information you are able to provide and we would be happy to get them added.

As of June 1, select area businesses will be able to open again under specific circumstances. To help you and your business, the Chamber has compiled a resource page of Business Guidance for Safely Reopening During COVID-19. As guidelines change we will regularly update the information.

Please note, that we are not government experts, lawyers, or bankers; however, we will certainly do our best to connect you the vital resources that you need at this time. If there is anything missing, please let us know and we will see to it that you get the appropriate information. Thank you.

### **Restore Illinois**

McDonough County has moved into Phase 3 of the <u>Restore Illinois</u> plan as of May 29, 2020. To prepare businesses and employers to implement the new safety guidelines and to bring many residents back to work, the State of Illinois - Illinois Department of Commerce and Economic Opportunity (DCEO) has

# **RESTORE ILLINOIS**

A Public Health Approach To Safely Reopen Our State

developed a business toolkit complete with signage, training checklists, and other resources to ensure business and activities are conducted in accordance with the latest public health recommendations.

Phase 3 guidelines span ten different industry categories. Each set of guidelines includes a common set of guidelines that are expected and encouraged among all employers and

activity types, as well as workplace and program-specific guidelines.

State of Illinois Phase 3 Business Guidelines by Sector: Health and Fitness Centers: <u>Guidelines</u> <u>Toolkit</u> Manufacturing: <u>Guidelines</u> <u>Toolkit</u> Offices: <u>Guidelines</u> <u>Toolkit</u> Personal Care Services: <u>Guidelines</u> <u>Toolkit</u> Retail: <u>Guidelines</u> <u>Toolkit</u> Restaurants and Bars: <u>Guidelines</u> <u>Toolkit</u> Outdoor Recreation: <u>Guidelines</u> Service Counters: <u>Guidelines</u> <u>Toolkit</u> Day Camps: <u>Guidelines</u> Youth Sports: <u>Guidelines</u> <u>Toolkit</u>

For more information, please visit the following:

Macomb Area Chamber

DCEO



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### **Executive Director Letter**

Hello Chamber Members,

The devastating events of the last month have left me feeling deeply saddened and angry. I hurt for my friends and for any person of color that lives in fear, that witnesses these acts of hate throughout our nation and wonders if they or a loved one will be next. What happened to George Floyd was an atrocious act that should not have been allowed to happen. What has happened to countless people of color over the last days, weeks, months, years and decades was not okay. Is not okay. Will never be okay. I will not stand for it and neither will the Macomb Area Chamber of Commerce. I know that Macomb is not immune to racism and acts of discrimination. It breaks my heart every time I hear of one of our neighbors saying or doing something fueled by racism and hate. We must do better. We must BE better and become a community that embraces and loves all of its residents from all races, genders, sexual orientation, and any other differences that make each and every one of us unique.

In other news, now that our region has entered Phase 3 of the Restore Illinois plan, it is nice to see more businesses opening their doors and restaurants expanding options for dining. I encourage all of you to shop at our local businesses and dine at our local restaurants as much as possible. But please be respectful, be patient, keep your distance from other shoppers and staff, wear your mask, wash your hands, and avoid touching anything you do not need to touch. If we want to move on to Phase 4 we must mitigate the spread of COVID-19. We're not out of the woods yet, my friends.

Finally, the Chamber is once again open for business! You can stop in to redeem your gift certificates or purchase a gift certificate anytime between 8:30 a.m and 4:30 p.m. Monday through Friday. We do, however, have a number of safety measures in place. You MUST wear a mask to enter the building – there are absolutely no exceptions to this rule. We also have an area taped off where you can stand. Please do not go outside of this area, which puts you dangerously close to our staff. Do not place any personal items on or touch the desks and surfaces in the common area. And we ask that you call ahead to let us know what you need so we can have your redemption or certificates ready to go. This will allow us to limit the amount of time you have to spend in the office. We appreciate your support as we roll out these new guidelines.

As always, contact me at any time by emailing <u>lauren@macombareachamber.com</u> or calling the Chamber office at (309) 837-4855. I always welcome your questions, comments, and concerns.

Lauren Merritt Executive Director Macomb Area Chamber of Commerce

Email Lauren

CENTURY 21. Purdum-Epperson, Inc. 119 NORTH RANDOLPH STREET MACOMB, IL 61455

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### **Marketing Director Letter**

Hello,

I promise I won't hit you with the usual "unprecedented times" or "new normal," as you have certainly weathered that with grace and class already. But there is no denying we are once again at a time of transition. As some businesses are beginning to reopen and we begin to crawl out of our quarantine, we are all wondering what our lives are going to look like in the coming months as we consistently relearn how to play by the rules as they come.

Some major events have been canceled in advance for the safety of everyone, leaving us to grieve what our carefree Summer is supposed to be. It may not be the same traditional festivals, but we will find new and different ways to fill our days and celebrate.



Some of us are just craving that first haircut, cup of coffee, workout session, or dinner out. And for those of you who miss the little things, May 29 feels like a huge win!

As part of the Midwest mentality, some of us hate that our smiles have to be covered with masks when we walk our own streets. It pains us to stand so far from people who we have known for decades. But we also know, that Macomb is a community who cares about the well being of our neighbors and we want as many of us to be healthy as possible.

As we all are slowly rebuilding, revamping, and renewing ourselves personally and professionally, the Macomb Area Chamber of Commerce will continue to commit to you and your business, just like we always have, but with up-to-date resources and baby-step ideas to help get your back on your feet.

We are a resilient community and we know you are still dedicated to your professions, so we are still sending email blasts (with a buy one/get one special), promoting our members on social media, and helping you to market your business in new and innovative ways. Please send all content, questions or concerns to me via email and I will be happy to connect you with the resources you need as soon as I can. Thank you.

Be well and be well to others.

Shay Holland Marketing Director

Email Shay

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### The City of Macomb

The City of Macomb is actively working with several local agencies and state authorities to provide the clearest and most up-to-date information for all citizens. To find a list of resources, visit their website.

City of Macomb Mayor Mike Inman is also routinely sharing COVID-19 updates via a series of YouTube videos which can be viewed on Facebook and via the City of Macomb YouTube channel.



City of Macomb -Website City of Macomb -YouTube Office of the Mayor Michael J. Inman City of Macomb Mayor 232 E. Jackson Street, Macomb, IL 61455 Telephone: (309)833-2558 Fax; (309)836-9558 Mayor@macomb.com FOR IMMEDIATE RELEASE FROM MAYOR'S OFFICE May 28, 2020 Contact: Mayor Michael Inman 309-833-2558 Joint Statement: City of Macomb, McDonough County, McDonough County Chapter of the NAACP, Western Illinois University, Macomb Police Department, McDonough County Sheriff's Office and WIU Office of Public Safety Like the rest of the world, our community watched in shock at the abhorrent police conduct that resulted in the death of Mr. George Floyd, in Minneapolis, earlier this week. Mr. Floyd's death is extremely disturbing. Police officers are trained to protect and serve, and to treat those they serve with dignity and respect. The devastating treatment of Mr. Floyd was inhumane, cruel and heartless. We stand behind Minneapolis Police Chief Arradondo's quick action to terminate the officers involved in Mr. Floyd's death. As community leaders, we must speak out against wrongdoings as our silence is complicity. We must be vigilant. We must ensure that our officers and our community leaders act with compassion and care for the people they are entrusted to serve.

Sworn police officers in Illinois are not taught maneuvers such as the knee hold that was used on Mr. Floyd. De-escalation and crisis intervention training are built into all of our city, county, state and university police officer training. We expect members of our area police forces, and the members of the public, to speak up when they witness any wrongdoing. We have an obligation to our residents to ensure their safety in their community and in their home. We have a sworn duty to protect and to serve our residents and our guests, and we will

While we are a small community, what happens in our nation affects our residents. We will uphold our community's commitment to social justice and to equity, diversity, and inclusion. And we will ensure a community that is safe for all of our residents and guests.

Michael J. Inman, Mayor Scott Schwerer, Chair, McDonough County Board Byron Oden-Shabazz, President, NAACP of McDonough County Dr. Martin Abraham, Interim President, Western Illinois University Chief Curt Barker, Macomb Police Sheriff Nick Petitgout, McDonough County Derek Watts, Interim Director, WIU Office of Public Safety

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### **Reopening reminder for businesses**

The City of Macomb Water Treatment Department would like to remind all business and property owners to flush the hot and cold water mains for 10-15 minutes to all building that have not been in operation for the past few months. This procedure ensures that water quality is consistent and reduces any delays to many business operations. Thank you.



525-535 West Jefferson Street + Springfield, Illinois 62761-0001 + www.dph.illinois.gov

#### MEMORANDUM

TO:	Building Owners and Operators and Water Supply Operators
FROM:	Brian W. Cox, P.E., IDPH Plumbing and Water Quality Manager
DATE:	May 13, 2020
SUBJECT:	Guidance for Maintaining Water Systems During Reduced Use and Returning Water Systems to Regular Use after Extended Periods of Reduced Use

#### Background

The IDPH Plumbing and Water Quality Program is issuing this memorandum to building owners and operators, and public water supply operators to provide guidance for maintaining water quality and safety in building water systems and in potable water distribution systems during periods of reduced use and considerations for returning building water systems to regular use.

The Program recognizes that many buildings throughout the State of Illinois have experienced extended periods of reduced use due to measures implemented to help slow the spread of COVID-19. This lack of use will increase water age and stagnation in water distribution systems and other building water systems. Increased water age degrades water quality by corroding pipes and plumbing materials, accumulating sediment in water systems, and reducing disinfectant levels. This contributes to the growth and spread of opportunistic waterborne pathogens (e.g. Legionella, Pseudomonas, Acinetobacter, nontuberculous mycobacteria, fungi, etc.), increases concentrations of metals such as iron, lead, and copper, and can create unpleasant tastes, colors, and odors.

Many businesses and buildings are currently taking steps to reopen, following the release of Governor Pritzker's plan to "Restore Illinois". The Restore Illinois plan may be viewed along with relevant indicators at http://www.dph.illinois.gov/restore. We encourage building owners and operators and water system operators to consider the general guidance and recommend actions noted in the remainder of this document to reduce plumbing and water quality concerns.

I. General Guidance for Water Quality and Safety in Plumbing Systems

The best strategy for reducing potential plumbing and water quality issues is to take proactive, preventative measures to maintain water quality. IDPH and CDC recommend that building owners develop and implement water management programs. Water management programs identify hazardous conditions and take steps to minimize the growth and spread of Legionella and other waterborne pathogens. Developing a water management program is a multi-step process. For response to COVID-19, IDPH recommends prioritizing the following actions:

- Identifying and describing the building water system(s) in and around the building or premises;
- · Identifying areas where Legionella could grow and spread or where other water quality concerns like lead contamination could exist; and
- · Decide what actions can be taken in the building water system(s) to prevent water quality issues.

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### McDonough District Hospital

McDonough District Hospital is working with the McDonough County Health Department, McDonough County Emergency Services, and Disaster Agency during the COVID-19 crisis

For the latest updates and specifics on drive thru screening hours, elective operation updates, and health safety practices please view the MDH website below.





**IDPH** 

## 10 things you can do to manage your health at home

### If you have possible or confirmed COVID-19:

- 1. Stay home from work, school, and away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis. 2. Monitor your symptoms carefully. If your symptoms get worse, call your healthcare provider immediately. 3. Get rest and stay hydrated.
- 4. If you have a medical appointment, call the healthcare provider ahead of time and tell them that you have or may have COVID-19.
- 5. For medical emergencies, call 911 and notify the dispatch personnel that you have or may have COVID-19.

6. **Cover your cough** and sneezes.

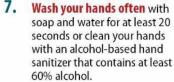


CDC.gov



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- 8. As much as possible, stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a facemask.
- 9. **Avoid sharing personal** items with other people in your household, like dishes, towels, and bedding.
- 10. Clean all surfaces that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.











Please go to www.cdc.gov/covid19-symptoms for information on COVID-19 symptoms.

For more information: www.cdc.gov/COVID19



### **Business Assistance**

Under the direction of Governor JB Pritzker, the Illinois Department of Commerce and Economic Opportunity is working with partners to launch emergency assistance programs for Illinois small businesses. These initiatives include Illinois Small Business



Emergency Loan Fund, and Downstate Small Business Stabilization Program, Small Business Administration Disaster loans, Economic Injury Disaster Loans Advance Grants, and Paycheck Protection Programs.

We will continue to email the latest business resource updates to you as they are available. We urge you to research your options carefully; however, note that many of these resources are time sensitive and require applications be submitted by set state and federal deadlines.

For business assistance resources, please visit the following sites.

### Macomb Area Chamber

Illinois.gov

**Small Business Administration** 

### **Announcements & Opportunities**

### United Way offers free book program

The McDonough County United Way is accepting enrollments for their new Imagination Book Club. This program is for children **in need** of more books in the home. They will receive a packet with 6-8 new, age appropriate books the first Thursday of June, July, and August. The packet will also include activities, snack, and a special treat. Sign up at <u>https://forms.gle/UVtXtTEzucQZyhWA7</u> or call 309-837-9180.



### Free Range now hiring

Free Range Yoga & Community Outreach Center (122 N. Lafayette St., Macomb) is looking for 1-2 fitness professionals who want to work as Independent Contractors in strength training in their North Wing facility. Must have:

- Degree in or education in Exercise Science or a related field
- Certification/s from accredited organizations
- Experience with Older Adults and Special Populations
- Experience with Kettle Bells, Dumbbells, Free Weights, Circuit Training, etc. Must be:
- Self Motivated
- Trustworthy and reliable
- Concerned about creating safe and sustainable strength programs for groups and personal training clients
- Drug Free

Interested parties should contact Dawn Piper or email <u>dawn@freerangeyoga.us</u> or call 309-333-5069 and leave a message.

### Free counseling services offered





# COVID-19 Counseling Services

### SERVICES ARE FREE OF CHARGE

OUR COUNSELORS ARE AVAILABLE TO ASSIST INDIVIDUALS AND FAMILIES WHO MAY BE EXPERIENCING EMOTIONAL OR MENTAL HEALTH DIFFICULTIES AS A RESULT OF COVID-19.

CALL THE OFFICE LOCATION NEAREST YOU: LASALLE: 815.224.1610 OTTAWA/STREATOR: 815.434.4727 PRINCETON: 815.875.4458 MACOMB: 309.833.2191 CANTON/TOULON/LACON: 309.647.1881

### From: Dr. J.Q. Adams, Facilitator of Cutting the Clutter Workshops Date: May 11, 2020

Given the difficult times we are currently going through because of Covid-19, it might be helpful to review some of the principles of Nonviolent, Compassionate Communication. They are embedded in these 10 Steps.



## 10 Things We Can Do to Contribute to Internal, Interpersonal, and Organizational Peace

- 1. Spend some time each day quietly reflecting on how we would like to relate to ourselves and others.
- 2. Remember that all human beings have the same needs.
- 3. Check our intention to see if we are as interested in others getting their needs met as our own.
- 4. When asking someone to do something, check first to see if we are making a request or a demand.
- 5. Instead of saying what we DON'T want someone to do, say what we DO want the person to do.
- 6. Instead of saying what we want someone to BE, say what action we'd like the person to take that we hope will help the person be that way.
- 7. Before agreeing or disagreeing with anyone's opinions, try to tune in to what the person is feeling and needing.
- 8. Instead of saying "No," say what need of ours prevents us from saying "Yes."
- 9. If we are feeling upset, think about what need of ours is not being met, and what we could do to meet it, instead of thinking about what's wrong with others or ourselves.
- 10. Instead of praising someone who did something we like, express our gratitude by telling the person what need of ours that action met.

The Center for Nonviolent Communication (CNVC) would like there to be a critical mass of people using Nonviolent Communication language so all people will get their needs met and resolve their conflicts peacefully. The right to freely duplicate this document is hereby granted. 2001, revised 2004 Gary Baran & CNVC.

Wishing you and your families peace, good health, and safety.

### **Member Renewals**

Thank you to our members who have continued their annual investment with the Macomb Area Chamber of Commerce in



the month of June 2020. Your support of the local business community is critical, now more than ever, as we look forward to working with you to serve as a platform that provides opportunities for growth and development for your organization and the Macomb area.

Americas Best Value Inn - Macomb IL Best Western Macomb Inn Century 21 Purdum-Epperson, Inc. - Nancy Badord Farm King Supply, Inc. Parnassus Antiques & Curios RE/MAX Unified Brokers - Gene Curtis Youth for Christ/Western Illinois Carey Calculations **Commercial Rental** Flack, McRaven & Stephens Jackson Street Market Macomb Airport Authority Macomb Medical Equipment & Supply McMillan, Hennenfent, DeJoode, and Humbert Midwest Grass & Forage Organize U Swede's Auto Body <u>Walgreens</u> West Central Center for Independent Living **Big Brothers Big Sisters** Brandon Dowacter, Licensed Massage Therapist **Custom Carpet & Upholstery** Macomb Elks Lodge #1009 Hart's Nursery Office Specialists, Inc. **Alzheimer's Association** 



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### Western Illinois University

A message from Interim President Martin Abraham:

We are pleased to report a structured return to work as we enter Phase 3 of the Restore Illinois plan. For Western, this means a gradual return to work for employees beginning in June and some limited numbers of students on campus in early July. We are also working on our plans for the 2020-2021 academic year. We fully anticipate holding



classes in person this fall, with safety protocols in place and other adjustments, per federal and state guidelines and regulations.

We are looking forward to the day when we can be together once again. I cannot thank our University community enough for your cooperation, dedication and patience as we worked - and continue to work - through this extraordinary situation. I am proud and humbled to serve as your interim president, and work alongside each of you. Read the complete university updates for more information.

### **University Updates**

Western Illinois University is continuing to closely monitor the Coronavirus. This is an evolving situation, and updates are available from the Illinois Department of Public Health and the Centers for Disease Control and Prevention (CDC), including updated Travel Notices for countries with community transmission. The University's Pandemic Preparedness and Response Committee is following guidelines from the U.S. Centers for Disease Control (CDC), the Illinois Department of Public Health (IDPH), and national, regional, and local medical providers. They have set up their own webpage, which is intended to provide information about COVID-19 and the University's response and actions. Visit the university website for more information.





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### **Spoon River College**

A Message from President Curt Oldfield

As we continue to deal with the impact of Coronavirus (COVID-19), I want to remind everyone that the health and safety of our students, faculty, staff, and guests remains our primary concern. This is an unprecedented situation for the country, state, communities, and our college.



Due to the shelter in place guidance from

Governor J.B. Pritzker, Spoon River College will remain operational but closed to students and the public.

Please review Spoon River College's FAQs section for the latest updates. This FAQs section will be time and date stamped, so check back often.





### **New Member**



### WELCOME TO THE MACOMB AREA CHAMBER OF COMMERCE

# WSIU/WMEC

### WWW.WSIU.ORG





### **Local Dining**

To ensure that the community has access to our local restaurants offering delivery, carry out, and curb side pick up during this time, The City of Macomb Downtown Development Office is currently listing restaurant menus within the Macomb area on their Facebook page. We encourage you to eat local and #keepinmacomb, while also practicing social distancing appropriately. Please consider continuing to support our local restaurants and all local businesses in whatever way you can in the coming weeks and months.



All additional menu pictures can be sent to <u>kterry@cityofmacomb.com</u>

### Menus

Macomb resident and WIU Associate Vice President of Student Services, John Biernbaum has created a public Facebook page called McDonough County Shelter in Place Restaurant Daily Specials. This serves as a place for McDonough County restaurants to post daily lunch and dinner specials for the community. IT has also become a popular place where customers can post pictures of all of their meals as they eat local.



Local Restaurants



### Ambassadors

You may have heard us refer to our "Chamber Ambassadors" several times at previous events, on social media, and in our directory. These are our group of business professional volunteers who promote and advocate for the importance of the Macomb Area Chamber of Commerce as part of a vital community. You will see them hosting our monthly Business Before/After Hours, attending ribbon cuttings, visiting Chamber members, and being the ultimate example of how to put Chamber initiatives into practice. Who are the real people behind those shiny, silver name tags? Allow us to shine some light on the this month's featured Ambassador with our Ambassador Spotlight.



### Chuck Laird

Chuck is a lifelong resident of Macomb with his wife Kim and Cairn Terrier Ricky. In addition to his role as a Chamber Ambassador, he is a Past President and current Chamber Board member, Macomb Area Crimestoppers President, Park N Cruise Chairperson, 2019 MDH Festival of Trees Co-Chair, MAEDCO member, and former Bridgeway Board Chairperson. He is also a "car guy" and pool player. In his spare time, he is a buyer in the corporate office at Farm King Supply. Prior to that, he was co-owner of Chapman's Book & Supply. He also opened and managed Kirby Risk Electrical Supply for six and half years. Macomb is a great place to live and work! Like all communities, we have our challenges but we also have the best people to overcome them! It's critical that we focus on the positive and always put our best foot forward!



Chamber Ambassador

Spotlight

### Let's Get Social:

Facebook.com/macombchamber

Instagram.com/macombareachamber

### Look for the Helpers Campaign

We know that you it's easy to get bogged down by the doom and gloom right now, so we're rolling out a new way for you to view the good happening right here in your community. Look for the Helpers will show you daily all the ways we still love to live, work, and play safely right here in Macomb. So delight in seeing your neighbors virtually and celebrate all the ways we as a community are still finding our joy, because that can't be canceled.



Facebook

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Macomb Area Chamber of Commerce 214 North Lafayette Street Macomb, Illinois 61455 (309) 837-4855 www.macombareachamber.com info@macombareachamber.com

