Dementia Friendly Mesa

In July of 2020 the City of Mesa earned certification as a Dementia Friendly City through Dementia Friendly America, a “national network of communities, organizations and individuals seeking to ensure that communities across the U.S. are equipped to support people living with dementia and their caregivers.”

Our goal in Mesa is to be respectful of individuals with dementia, their families and caregivers and provide support and education throughout the City to enhance their quality of life.

More than 150,000 Arizonans are living with Alzheimer’s or a related dementia. In addition there are more than 345,000 persons in AZ caring for those affected by the disease. Arizona is expected to experience the highest growth rate of Alzheimer’s disease and related dementias in the country. Every sector of the community, residents and businesses, has a role in securing a safe and supportive environment for those affected by dementia.

The City of Mesa and the Mesa Chamber of Commerce Aging and Healthcare Committee are collaborating with community partners to provide dementia education by way of Dementia Friends and Dementia Friends @Work information sessions:

Dementia Friends – hour long classes to learn the basics of dementia and how to understand and communicate with persons living with the disease.

Dementia Friends @Work – hour long classes for businesses to educate their employees about dementia thereby improving customer service to persons living with the disease.

Classes are offered through:

Mesa Fire and Medical (Dementia Friends):

<https://fire.mesaaz.gov/residents/fire-medical/fire-life-safety-education/social-services-division>

or

Mesa Chamber of Commerce Aging and Healthcare Committee (Dementia Friends and Dementia Friends @Work):

<https://www.mesachamber.org/mesa-chamber-aging-and-healthcare-committee/>

or

Banner Alzheimer’s Institute – Dementia Friends and Dementia Friends Champion classes

<https://www.banneralz.org/finding-support/dementia-friends>