

# Alabama Chambers Benefit Program



The Alabama Chambers Benefit Program helps members reduce health benefit costs by providing a unique, specialized program tailored to small and mid-sized businesses that emphasizes wellness, cost saving education, and concierge-level service.

#### **Program Eligibility:**

- Each chamber must be a member of the Chamber of Commerce Association of Alabama and businesses must be a member of a local chamber
- · Employees must be working full-time (at least 30 hours a week)
- Company must have two or more employees to apply
- · Independent contractors are not eligible

### **Program Features:**

- · Customer service team dedicated to delivering an exceptional experience
- Stable health benefit costs
- Access to Smart Health 360 which equips members to live healthy
- 24/7 access to a Doctor through Teladoc with a \$0 copay
- Utilizes the VIVA HEALTH Network

## **Benefits to Chambers**

- · Enhanced member satisfaction and retention
- · Attractive healthcare program to offer as a member benefit

## **Benefits to Members**

- Easy access to customer service and resources
- Lower and stable health benefit costs

Benefit Program administered by

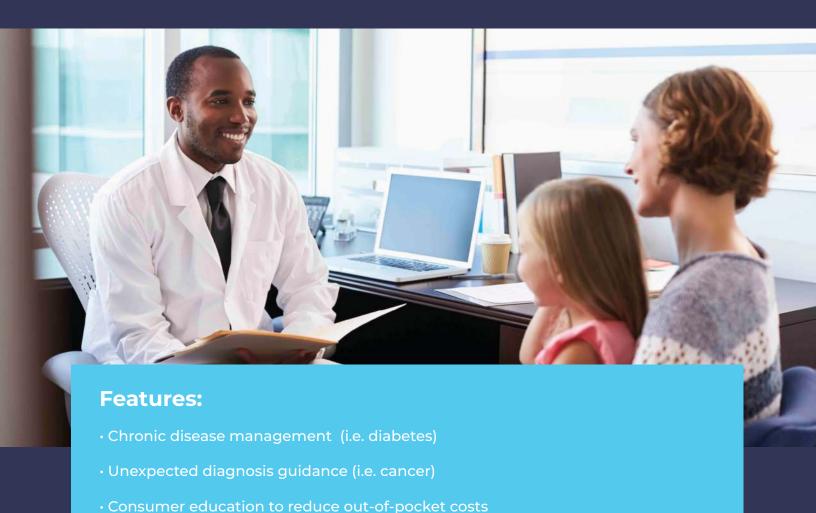






# **Smart Health 360**

Smart Health 360 is a specialized team of medical professionals to help participants navigate the complex health care system and advocates for members to live healthier lives. By promoting transparency and responsibility, we provide participants with the resources to make well-informed decisions on the best and most cost-effective healthcare treatment for them.



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#### Teladoc®

The convenient choice

- Talk to a doctor in minutes
- Visit by phone or video
- Available 24/7/365, anywhere<sup>1</sup>
- Get a prescription<sup>2</sup>
- Never more than an office visit
- Cannot treat more severe medical conditions



## **Family Doctor**

The in-office choice

- Long-term relationship
- Periodic checkups
- Treats more severe issues
- May not be available for days
- Must leave home or work
- Sit in a waiting room with other sick people



## **Urgent Care/ER**

The emergency choice

- Available 24/7/365
- Treats emergency issues
- High cost of care
- Long wait times
- Must leave home or work
- Sit in a waiting room with other sick people

# Need a doctor? Think of Teladoc first.

Teladoc.com | 1-800-TELADOC (835-2362) | 🏟 | 👘



Made available by
Iron Rehealth Association Benefit
Program

#### **VIVA HEALTH Network**

|                                      | Wellness 5000                   | Silver                   | Gold                     | Platinum            |
|--------------------------------------|---------------------------------|--------------------------|--------------------------|---------------------|
|                                      |                                 |                          |                          |                     |
| Primary Copay                        | \$35                            | \$40                     | \$35                     | \$20                |
| Specialist CoPay                     | \$50                            | \$65                     | \$50                     | \$30                |
| Deductible (Individual/Family)       | \$5,000/\$10,000                | \$2,600/\$5,200          | \$600/\$1,200            | \$100/\$200         |
| Out of Pocket (Including Deductible) | \$7,900/\$15,800                | \$7,350/\$14,700         | \$6,000/\$12,000         | \$4,000/\$8,000     |
| Emergency Room Copay                 | 80% of allowed after deductible | \$400                    | \$250                    | \$150               |
| Lab, X-Ray & Diagnostic              | 80% of allowed after deductible | Tier 1 - \$390           | Tier 1 - \$240           | \$150               |
| Outpatient Hospital                  | 80% of allowed after deductible | Tier 1 - \$390           | Tier 1 - \$240           | \$150               |
| Inpatient Hospital                   | 80% of allowed after deductible | Tier 1 - \$390, Days 1-5 | Tier 1 - \$240, Days 1-5 | \$150, Days 1-5     |
| Pharmacy                             | \$5/\$20/\$60/\$80              | \$15/\$25/\$65/\$100     | \$10/\$20/\$40/\$80      | \$10/\$20/\$35/\$75 |
| Pharmacy - Preferred Specialty       | 60% of allowed after deductible | \$250                    | \$125                    | \$100               |
| Pharmacy - Non Preferred Specialty   | N/A                             | 60% of Allowed Amount    | \$250                    | \$200               |
| Teladoc                              | \$0                             | \$0                      | \$0                      | \$0                 |
| Preventive Care                      | \$0                             | \$0                      | \$0                      | \$0                 |





## Iron ReHealth Dental Plan

#### Summary of Benefits

#### General Provisions

Calendar Year Deductible Calendar Year Maximum \$50 deductible per member per calendar year. \$150 aggregate family maximum. \$1,000 per member each calendar year.

#### Basic -Diagnostic and Preventative Services

Covered at 100% of the allowed amount, subject to the calendar year deductible.

- · Dental exams up to twice per calendar year.
- Full mouth x-rays, one set during any 36 in a row.
- · Bitewing x-rays, once per calendar year.
- · Other dental x-rays, used to diagnose a specific condition.
- · Routine cleanings, twice per calendar year.
- Tooth sealants on teeth 3, 14, 19, and 30, limited to one application per tooth each 48 months. Benefits are limited to a maximum payment of \$20 per tooth. Limited to the first permanent molars of children through age 13.
- Fluoride treatment for children through age 18 twice per calendar year.
- Space maintainers (not made of precious metals) that replace prematurely lost teeth for children through age 18.

#### Basic -Restorative Services

Covered at 100% of the allowed amount, subject to the calendar year deductible.

- Fillings made of silver amalgam and synthetic tooth color materials (tooth color materials include composite fillings on the front upper and lower teeth 5-12 and 21-28; payment allowance for composite fillings used on posterior teeth is reduced to the allowance given on amalgam fillings).
- · Simple tooth extractions.
- Direct pulp capping, removal of pulp and root canal treatment.
- · Repairs to removable dentures.
- · Emergency treatment for pain.

# Supplemental Services

Covered at 100% of the allowed amount, subject to the calendar year deductible.

- Oral surgery to diagnose and treat mouth cysts and abscesses and for tooth extractions and impacted teeth.
- Oral surgery for tooth extractions and impacted teeth and to treat mouth abscesses of the intra-oral and extra-oral soft tissue.
- · General anesthesia given for oral or dental surgery. This means drugs injected or inhaled for relaxation or to lessen pain, or to make unconscious, but not analgesics, drugs given by local infiltration, or nitrous oxide.
- $\cdot$  Treatment of the root tip of the tooth including its removal.

#### Prosthetic Services

Covered at 50% of the allowed amount, subject to the calendar year deductible.

- $\cdot$  Full or partial dentures.
- · Fixed or removable bridges.
- Inlays, onlays, veneers or crowns to restore diseased or accidentally broken teeth, if less expensive fillings will not restore the teeth.

#### Periodontic Services

Covered at 80% of the allowed amount, subject to the calendar year deductible.

- · Periodontic exams twice each 12 months.
- · Removal of diseased gum tissue and reconstructing gums.
- · Removal of diseased bone.
- · Reconstruction of gums and mucous membranes by surgery.
- Removing plaque and calculus below the gum line for periodontal disease.

Benefit Program administered by REHEALT

## Iron ReHealth Vision Plan

#### Summary of Benefits

| Benefit                                     | Copay | Frequency         |
|---|-------|-------------------|
| <b>Annual Basic Exam</b> Basic eye exam (1) | \$15  | Per calendar year |

#### **Prescription Glasses and Contacts**

\$200 maximum allowable benefit for either contact lenses or glasses

#### Contact Lenses (3)

- Contact lense fitting included with paid copay
- \$200 maximum allowable benefit for either contact lenses or glasses/glass lenses

\$25

Per calendar year

Glasses (3)

· You may choose from any standard or designer frames and lenses of your choice up to the covered amount. (2)

- Options such as progressive lenses, tint, UV, etc. may be available at discounted rates at some providers.
- \$200 maximum allowable benefit for either glasses/glass lenses or contact lenses

\$25

Per calendar year

#### **Maximum Benefit**

\$500 maximum allowable benefit per person \$1000 maximum allowable benefit per family

Network is open to any vision provider. In the event provider will not file with the vision plan, member pays full fee to provider and Vision Plan reimburses member for services rendered up to the maximum allowance. All receipts must be submitted at the same time and at the time the reimbursement is filed. Reimbursements must be submitted within 90 days and Vision Plan reserves the right to deny any claims that do not provide sufficient proof.

- (1) Refraction and retinal screening not included
- (2) Amounts greater than the allowance are the responsibility of the member
- (3) \$200 maximum allowable benefit for either contact lenses or glasses/glass lenses

