



LifeLeader360 Academy – In our eyes, we often view our success as leaders through our careers. Our jobs are where we have the greatest ability to influence others, to learn, to grow, and to succeed or fail as leaders. Is this not how we see our role as a leader? Yet, this simplistic, one-dimensional view of our success is far too limiting. The reality is that we will never be accomplished leaders in our careers if we are not first impactful leaders in life. Our lives work in very interdependent, interrelated systems. To be successful in life, we must take a 360-degree view, discovering our true center and learning to balance our lives around this center. With balance, we can then expand our ability to positively influence the lives of those around us, not only becoming successful leaders within our careers, but successful leaders in life.

This course will challenge each of you to understand your choices in life and how your life stories are being written. You will then learn invaluable tools to help you create a vision for your future and begin to live your life in alignment with your true center and what is most important in your lives. With balance, you will now be open to learn and apply valuable leadership principles that we will present within this course. Moving forward, you will find that your own success will come through the success of those you lead within your career, within your family, and within personal connections throughout your life!

The course framework will consist of four, day long in-class sessions spaced over four weeks. Manageable homework assignments will be given following each session that will be focused on personal reflection and action. In class, presentations will be minimized as most of our learnings will come from within each of you as we actively engage in open discussion and dialogue, relying on our own life experiences. We will also have participative role playing to address some of the more challenging and often emotional concepts. Although we will follow a certain degree of structure, we will openly adapt and evolve our lessons to address current issues. Through this experience, you will better understand yourselves and the incredible impact you can have on those around you. We will learn, laugh, and challenge each other through the eyes of our own life experiences. Rest assured; the end of our journey together will merely mark the beginning of your new journey as a Life Leader.

The course is open to anyone wanting to begin a new journey as an inspirational and influential leader. It is applicable to current leaders of all levels, or those desiring to become an impactful leader within business, education, non-profit, government, religious organizations, or any other aspect of your lives. Join us and take the first step to becoming a LifeLeader.

Curriculum:

- Day 1 (Life Choices) – You will begin to understand your current life story, the reality of the choices you are making, and the impact of these choices on you personally, as well as on those around you. We will expand your understanding of the complex system that you live in and begin to see just how interdependent and interrelated we are to those in our lives. A

key part of this system is our own emotional intelligence and understanding just how impactful it is. Once we learn to see the system at work, we will commit to writing a new story that is centered around what we value most in life, creating balance and a proper state-of-mind.

- Course Modules
 - Choice
 - Systems Thinking
 - Leadership and Authority
 - Emotional Intelligence
 - Life Management
 - 7-step problem solving
- Day 2 (The Language of Leadership) – The next phase in our LifeLeader journey is to truly accept how interconnected we are to those in our lives. We will shift from “self-leadership” to “servant leadership.” We will learn to grow and develop our own stories through our service to others. Within this phase we will gain invaluable tools on how to create an inclusive environment, transformational power and influence, leading through the eyes of others, and the art of communication. We will also explore the realities of the conflicts we will face within our system and how to best lead through these fires. Lastly, we will introduce the concept of Disruptive Life Innovation. Within this, we will gain an understanding that to move forward, we must have the courage to disrupt and innovate within our own lives.
 - Course Modules
 - Mental Models
 - Diversity (Creating an inclusive environment) – Leading Through their eyes
 - Communicating
 - Leading for Social Change
 - Teamwork
 - Transformational Power and Influence
 - Conflict resolution
 - Disruptive Life Innovation
- Day 3 (Expanding Our Universe) – Within the third phase of our journey, we will explore our values and beliefs, and why they are important in becoming a Life Leader. Within this, we will introduce the often-misunderstood concept of ethical dilemmas. We will also introduce team dynamics and how leaders build healthy and sustainable organizations by living through the cultures that bind us. With culture comes the need to maintain alignment. As such, we will approach the often-challenging leadership role of life coaching and development. With development comes the need to be candid (while caring), even in the most difficult of counseling situations. At the same time, we must learn to praise and celebrate in our everyday lives. You will find Day 3 full of practical leadership learnings that you will be able to immediately leverage within your lives.
 - Course Modules
 - Values
 - Ethical dilemmas
 - Building a team and organization
 - Organization and Culture
 - Goals
 - Life Coaching and Leading to Develop

- Progressive Counseling and Discipline
 - Praise and Celebration
- Day 4 (Our Life Leader Journey) – We must now be willing to make the final commitment to truly becoming a Life Leader. Within this, we will openly discuss how to Lead with Honor. We will learn how to reflect on our day-to-day journey, assessing not only our current state of mind, but the impact we are having on others. We will explore the true meaning of Learning to See, and the powerful impact that others can have on us through their own stories. Within this, we will learn that to truly be successful leaders, we must also learn to follow. The final discussion will pull all we have learned together with a 360-degree view of our lives and a much clearer view of the complex system that binds us all. We will wrap up our Life Leader journey by providing the opportunity for teams to creatively express their learnings and how they will use these learnings to change their lives.
 - Course Modules
 - State of Mind
 - Leading with Honor
 - Learning to See
 - Self-Reflection
 - Learning to follow
 - Leading through complexity
 - Our gift to give
 - Team Exercise