

A man with grey hair and glasses, wearing a green long-sleeved shirt, is focused on his work. He is operating a light blue industrial machine, possibly a CNC router or a similar precision tool. His hands are positioned on the machine, and he appears to be carefully guiding a piece of material. The background shows a workshop environment with various tools, containers, and equipment. The lighting is bright, highlighting the man's concentration and the details of the machine.

JULY 2019

Chamber News

THE VOICE OF BUSINESS & INDUSTRY

TOP OF VIRGINIA
REGIONAL CHAMBER

SPECIAL SECTION:

making a difference, Non-profit Impact.

- Combat veterans
- Arts & education
- Innovation and more!

Read additional content online at
regionalchamber.biz



Our Vision:

TVRC is the voice of business for Frederick and Clarke Counties and the City of Winchester, Virginia.

Our Purpose:

Connect business and community resources for mutual success.

Our Mission:

Provide programs and services to meet the business and professional needs of our members.

Our Core Values:

Sustainability, Leadership, Integrity, Collaboration, Excellence

Our Staff:

Cynthia Schneider, CEO

Ashley Miller, Director,
Marketing & Communications

Danita Roble, Director,
Membership Development

Jody Wall, Director,
Program Development

Dan Hitchcock
Membership Development
Specialist

Billy Whirley
Business Development
Specialist

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TVRC Board of Directors Chatter



Nadine Pottinga
United Way NSV

I read once that, “In America, the nonprofit sector can be seen as a bridge between capitalism and democracy”. What a beautiful thing that exists in our country, a group of organizations that work together to advance the common good and welfare of the community! Besides the obvious benefit that comes from so many people working to make a community a better place to live, nonprofit organizations deliver key services that would otherwise be the responsibility of the federal government and private business. In addition to providing key services, non-profit organizations are critical to the economy as they also spend money within a community and employ people, enhancing the economic vitality of a community.

A 2012 report prepared by Johns Hopkins University showed that 10.7 million people were employed in the non-profit sector in 2010 – 10.1 percent of employment in the United States. Non-profit leaders act as a voice for those that they serve and can often help identify and address the needs of the community. Non-profits are often the hub for innovation as they are tasked to develop solutions to persistent community issues. A strong relationship with the business community is vital to the economic well-being of the entire community.

2019 Board of Directors

Executive Committee:

John Lamanna, Chair
Timber Ridge School
Tracy Vosika, Chair-Elect
George Mason Mortgage, LLC
John Fox, Vice Chair
Greenwood Grocery & Deli
Adrian Taylor, Treasurer, YHB
Bill North, Immediate Past Chair
Northstar Consulting
Scott Harvard, First Bank
Gregory Vossler, Green Bay Packaging

Board Members:

Susan Brooks, Navy Federal Credit Union
Emily Burner, Shenandoah University
Charles Daniels, Integrus Holdings, Inc.
Jim Guisewhite, SVN Commercial Specialist
Katrina Meade, City National Bank
Nadine Pottinga, United Way NSV
Janie Shirley, Costco Wholesale
Patti Solenberger, Solenberger's True Value Hardware
James Stewart, Grafton Integrated Health Network

Why I Joined the Chamber?

“2 years ago, I moved to Winchester from California and I had no idea what to expect when I walked into my first Business & Breakfast. Joining this Chamber has turned out to be one of our best investments. Being involved has afforded me tremendous support not only for professional growth but also connected me with the most incredible people. I'm a busy mom working in a demanding field and without the opportunities to interact and network that are offered by our Chamber I would not have connected with so many other like minded professionals. These relationships have created boundless opportunity to collaborate and support each other. Thank you, Top of Virginia Regional Chamber, for all you do to strengthen and enrich our community.”

Lani Pendleton | General Manager
La Quinta Inn & Suites



Upcoming Chamber Events & Programs

The full TVRC calendar can be viewed at regionalchamber.biz

- Business & Breakfast. July 16. 7:30 a.m. Winchester-Frederick County Convention & Visitors Bureau.
- Young Professional Group. July 18. 5:30 p.m. Solenberger's True Value Hardware. Limited space. Register early.
- Peer 2 Peer Education. July 22. 11:30 a.m. Bowmen Library. 871 Tasker Rd., Stephens City.
- Business After Hours. August 13. 5:30 p.m. Bank of Clarke County, Berryville.
- Hob Nob in the Valley. September 13. 5:30 p.m. John Handley High School.
- The 2019 Valor Awards. November 1. 5:30. Clarion Inn and Conference Center.
- Greater Good Awards. February 7. 5:30. Clarion Inn and Conference Center



Neighborhood News & Events

- Second Friday @ WBG. July 12. 6 p.m. 7 N. Loudoun St.
- Randolph-Macon Academy Open House. July 14. 2 p.m. Randolph-Macon Academy. Front Royal.
- Gardens at Night: Soul Expressions. July 12. 6 p.m. Museum of the Shenandoah Valley.
- AMVETS Post 18 General Membership Meeting. July 17. 6:30 p.m. Moose 2nd Floor. 215 E. Cork St.
- Bluegrass Concert: Springfield Exit. July 18. 6 p.m. West Oaks Farm Market. 4305 Middle Rd.
- First Friday @ WBG. August 2. 6:00 p.m. 7 No. Loudoun St.
- Panel Discussion: Women in the Arts. August 4. 2:00 p.m. Museum of the Shenandoah Valley. Learn more: themsv.org
- National Night Out in Snowden Bridge. August 6. 5:30 p.m. Snowden Bridge Residence Club

Is your business or organization hosting or producing an event?

Do you know about a neighborhood meeting that you'd like to get the word out about? Add it to TVRC's [Community Calendar](#).

Now accepting 2019 Valor Award Nominations

The Top of Virginia Regional Chamber in collaboration with the police, sheriff, and fire and rescue departments in Winchester, Clarke and Frederick Counties are now accepting nominations for the 7th Annual Valor Awards, which honors public safety personnel and ordinary citizens for their courageous and often lifesaving actions. Last year, over 30 public safety personnel and citizens were honored for extraordinary acts of courage.

Categories include the Citizen's Award, Lifesaving Award, and the Awards of Valor, among others. These awards will acknowledge acts that went above and beyond the call of duty during the time period of July 1, 2018 – June 30, 2019.

Nominations forms may be picked up at the Chamber Office or downloaded from the Chamber website, regionalchamber.biz.

The Valor Awards are sponsored by City National Bank, Bank of Clarke County, Miller's Supplies at Work and Louvre Media.



2018 Valor Award winners.
Photo courtesy: SL Hunter Photography

Who's Joined

Please welcome and patronize these Chamber members who joined June 1 to June 28.

SPCA Thrift Shop

1944 Abrams Creek
Winchester, Va.

Mattress By Appointment Winchester

2259 Valor Dr.
Winchester, Va.

ERIZAC Technical Services

31 S. Braddock St.
Suite 203
Winchester, Va.

Friends of Tara Helsley for Clerk

Winchester, Va.

Misty Mountain Meadworks Inc.

661 Warm Spring Rd.
Winchester, Va.

Follow Us!

Give us a follow on Instagram @ [topofvirginiaregionalchamber](#) for the latest photos capturing snapshots of chamber life.

Did you know? Joining the Chamber provides you with opportunities to get involved in your community and to better your business? Call the office and learn more today!

Special Section: Nonprofit impact on the Top of Virginia

Nonprofits embody the best spirit and values of our community. They help millions of individuals and families daily. They protect, feed, heal, shelter and nurture all while turning our beliefs into action. Discover what roles many local nonprofits play in the Top of Virginia below.

A lifeline for public education in our community.

BY: BETH WILLIAMS
Clarke County Education Foundation

The Clarke County Education Foundation (CCEF), a non-profit organization with a current board of 14 members and a part-time executive director, is dedicated to providing private support to the Clarke County Public Schools to enhance its tax-supported programs.

Founded in 1991, the CCEF has pro-

vided more than \$2.5 million in student scholarships, teacher grants, system demonstration grants, and donor-defined projects through a combination of fund-raising and endowment income since its inception.

Superintendent of Schools, Dr. Chuck Bishop said, "Clarke County Education Foundation is a lifeline for public education in our community." We are

See **Schools**, Page 5



Photo courtesy: Barns of Rose Hill

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“.. We have built a shared passion to help those most in need and under-served in our area.”

- John Nagley
ARE

How The Salvation Army has impacted Winchester

BY: KELLY DURANT
The Salvation Army

The Salvation Army was the original pioneer in social services helping those in need and began in 1919; that is 100 years of service! We have been labeled as the most effective charitable organization amongst the many. We provide homeless shelters, rehab centers, afterschool programs, affordable Family Stores, church services, and have an active staff proving the donations from the public are applied appropriately. In Winchester over the decades more than 40,000 hot meals are served yearly, 48 beds are provided daily, and dozens of pantry food

See **Salvation**, Page 5



Photo courtesy: Salvation Army of Winchester

Serves the region through arts, education, and community

BY: DIANA KINCANNON
Barns of Rose Hill

The Barns of Rose Hill center in Berryville's Historic District serves the region through programs in the arts, education, and community. We draw around 7,000 people annually to our beautifully restored 1920s-era barns. We offer more than 40 concerts a year in all genres by regional, national, and international musicians. Our two galleries feature

15-20 exhibits annually, and our calendar includes films, workshops, speakers, and children's programs.

We are a Community Partner of the Virginia Museum of Fine Arts, giving us access to many resources there. The Virginia Commission for the Arts has given us a Priority One rating, indicating that we "meet a critical need in the community."

Artistic activities
See **Barns**, Page 5

Innovative approaches to improve health disparities in community

BY: JOHN NAGLEY
ARE- AIDS Response Effort

ARE is a non-profit organization that employs innovative approaches to improve health disparities in our community. ARE's endeavors are only achievable through the community partnerships we have built a shared passion to help those most in need and under-served in our area.

We offer programming for those individuals infected and affected by HIV through medical case management that includes holistic health, support services such as: medical care, behavioral health care, wellness, substance abuse, nutrition, transportation,

See **ARE**, Page 8

A vision is to create an inclusive workforce across the nation

BY: CARLEY
WALKER
NW Works

Imagine a world in which individuals with disabilities were given opportunities to contribute to society, to work alongside their neighbors in their community, and have lasting and meaningful relationships with others. Our vision is to create an inclusive workforce across the nation with access to resources that our clients might need. This the world we

have been creating through NW Works. With over 50 years of experience providing employment opportunities to individuals with disabilities, NW Works has grown into an enterprise offering business services in three states. In Winchester, NW Works is passionate about getting clients into the community through jobs with local companies. Hiring a client for your workforce not
See **Clients, Page 8**

Provide outdoor recreational adventures to combat veterans

BY: ADAM
PACKHAM
Heros on the River

Heroes on the River relies heavily on the local community to further our mission, which is to provide outdoor recreational adventures to combat veterans.

As a 100% non-profit organization, every penny we raise directly funds the veterans' experience – there is never a cost to any veteran that participates; everything is always free.

We know we're

making a difference in our community. We met a good friend of ours at one of our summer cook outs a couple years ago. He is an Iraq veteran and hadn't left his house in several years; his mother mentioned our cook out to him and they both came, and he had a good time. He enjoyed connecting with the other veterans there and later said, "It's like an unspoken 'I get it.'" We continuously
See **Heros, Page 8**

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“ Our vision is to create an inclusive workforce across the nation with access to resources that our clients might need.”

- Carley Walker
NW Works



Photo courtesy: Heros on the River

A unique healing and learning experience with horses

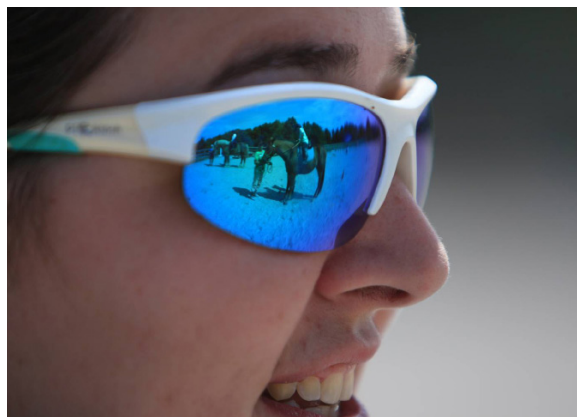


Photo courtesy: Blue Ridge Center for
Therapeutic Horsemanship

BY: MARJORIE
YOUNGS, M.ED
**Blue Ridge Center
for Therapeutic
Horsemanship**

For people with disabilities and those at risk, the horse and its environment can provide unique heal-

ing and learning experiences. Under the watchful eye of a certified instructor, trained volunteers, consulting educators and healthcare professionals, a student's interaction

See **Horse, Page 8**

Schools

From **Page 4**

proud of the work we are doing to support Clarke County and our community. www.ccefinc.org

Salvation

From **Page 4**

food boxes are distributed weekly, plus 800 children benefit from our Angel Tree program.

Every year there are dozens of testimonies of people who have arrived to our shelter with nothing, evicted, out of jail, or caught in some misfortune and they are able to get back on their feet by our intensive intervention. By helping others obtain jobs, documents, and housing, the businesses of the Top of Virginia have appreciated our support as we have helped workers reintegrate back into society becoming useful contributors. Many business seeking volunteer program opportunities have been pleased to learn we always welcome them. We partner with you!

Barns

From **Page 4**

have been proven to enhance the quality of life, vitality, and economic stability of small towns, developing tourism and supporting Main Street businesses. Clarke County is primarily agricultural with a population under 15,000. Tourism is an important component of economic development, and the Barns center is a leading resource in that regard through our programs and through management of the Berryville-Clarke County Visitor Center, in which we carry information on regional attractions and distribute material on Berryville and Clarke County to visitor centers throughout Virginia.

Fighting Cancer from all Angles

BY: AIMEE
NUWER
**The American
Cancer Society**

The American Cancer Society is fighting cancer from all angles and is here 24/7 to support can-

er patients, their families, friends and caregivers. Our free services include Road to Recovery which provides rides for cancer patients to and from their life-
See **Cancer, Page 8**

June in Photos



Valley Basic Life Support CPR and AED Training, hosted by YHB. Participants learned the importance of saving a life.



Jennifer Bell, Emily Buhl, Shenandoah University and Jody Wall, TVRC attended Business After Hours, hosted by Courtyard by Marriott.



John Habuda, Shenandoah Valley IT, James Imoh, Edward Jones and Matt Dillingham, A1 Solutions Group, attend Business & Breakfast hosted by YHB.



Congratulations to Winchester Toastmasters on their 25th Anniversary ribbon cutting at La Quinta Inn & Suites Winchester.



Tomeka Brown, Navy Federal Credit Union, guest speaker at Valley Business Women and Jenny Grooms, Valley Health.



Kirstie Svehla, First Bank & Siona Escoto, guest speaker, who spoke on Understanding Attitude at YPG, hosted by Bright Box Theater.



Congratulations to Los Toletcos on their ribbon cutting! Located at: 1046 Millwood Pike.



Community members attended the second Hispanic Coalition Gathering, hosted by Los Toletcos.



Congratulations to Partners 1st Federal Credit Union on their ribbon cutting! Located at: 3143 Valley Ave.



Lauren Valentine, Valentine Marketing taught this month's Peer 2 Peer education, where she discussed the importance of email marketing.



Billy Whirley, TVRC and Scott Harvard, First Bank attended Business After Hours, hosted by Courtyard by Marriott.



Behind the scenes with Misty Mountain Meadworks as they film their Member Spotlight film with Louvre Media.

Corporate Challenge in Photos



Nearly 100 business professionals from 18 different companies participated in the 2019 Corporate Challenge on Friday, June 7 at the Winchester Sportsplex. Players enjoyed friendly competition as teams challenged each other in beach ball volleyball, corn hole, kickball, trivia, football toss, hockey, wiffle ball and dodge ball.

Congratulations to the winning teams:

- 2019 Chamber Torch Trophy Winner: United Bank

- Second Place: First Bank
- Most Spirited: City National Bank
- Lowest Score: City National Bank
- Best Costume: The Laurel Center

Contributing sponsors: BB&T, Altamira Film Co., Body Renew Fitness Center, Schenck Foods, Solenberger's True Value Hardware, Winchester Boxing & Fitness, Frederick Co. Parks & Rec. Department, Our Health, Carrabba's and Alamo Drafthouse & Cinema.



Photos of courtesy: Altamira Film Co.

Thank you to our 2019 Sponsors:

Chamber Elite



Chairman's Club



President's Club



ARE

From **Page 4**

and housing assistance. We seek to empower these individuals to live healthy, happy lives and work to end stigma in our area.

ARE's Prevention Services include rapid HIV & HCV testing, support service navigation, education classes on HIV & HIV/STI prevention methods, outreach, and PrEP Navigation. We network with other organizations within the community to help underserved populations access the appropriate support and medical services. Through our collaborations we are able to meet the client's needs effectively, without cost burden or barriers.

ARE offers a variety of housing programs to surrounding communities that can assist with rental assistance, emergency utility payments, transportation and hotel vouchers. The purpose of these programs is to restore housing independence to persons experiencing temporary financial crisis or facing homelessness.

Clients

From **Page 5**

only gives opportunity to an individual with a disability, it also helps your current employees appreciate the talent, caring and rich personalities that our clients bring with them every place that they work. Feedback from local companies consistently highlights the positive impact that our clients have on overall morale and job satisfaction. When employees see how hard our clients work and how happy they are to be in a job, they begin to re-assess their own feelings about work and how lucky they are to be healthy and living without adversity.

One of the best ways to support NW Works is to hire a client or sponsor workforce development. For more information please see our website www.nwworks.com or email bsmith@nwworks.com



This editions cover photo was provided by NW Works.

Heros

From **Page 5**

work with local businesses and community leaders to reach out to as many veterans and military families as we can. Our fundraising efforts and recreational events are increasing every year – we are raising more money which is giving us the capability to host amazing events.

This year alone, we are having our 4th Annual Summer Cook Out at Watermelon Park, 4th of July BBQ at Martinsburg VA Medical Center, skydiving in New Market, charter fishing in Virginia Beach, a 3-day excursion in Vermont consisting of outdoor survival, rock climbing and rappelling, our Inaugural Bass Fishing Tournament in Front Royal, and our Heroes 5k in Stephens City.

Horses

From **Page 6**

with a horse can be therapeutic as well as a fun and freeing experience.

Blue Ridge Center for Therapeutic Horsemanship (BRCTH) offers 10-week spring and fall sessions for children and adults plus summer day camps. In addition to therapeutic riding, we offer Equine Facilitated Learning (EFL) which emphasizes psycho-social learning through observation of and interaction with horses in ground activities. Now operating out of Almeda Farm at 749 Salem Church Rd in Boyce, we have access to trails and both indoor and outdoor arenas. We will be expanding our services to include vocational training for developmentally disabled adults, a program to enhance the lives of seniors at an assistive living facility, and services to support foster care families.

BRCTH also offers many volunteer opportunities, and you don't have to be an equestrian to make a difference in the lives of our students. To register a student, volunteer or learn more about our programs, contact us at 540-533-2777 or at brcthinc@hotmail.com. And visit us on facebook too!

Cancer

From **Page 5**

lifesaving treatment and a wig program for women who've lost their hair due to their cancer treatments. Relay For Life community events provide an opportunity to celebrate survivorship, remember those lost, and fundraise to help find new cures and save more lives through American Cancer Society-funded research. The Society is the largest non-profit funder of cancer research in the U.S. For patients who need to travel from out of town for the best treatment or for clinical trials, we offer free and low-cost lodging through 32 American Cancer Society Hope Lodges across the country and a hotel partners program.

The American Cancer Society needs more volunteer drivers to take patients to treatment. Schedules are flexible. We are also looking for local hotels to partner with for patient lodging.

For more information, support and resources, day or night or to volunteer, call the American Cancer Society's free 24-hour cancer information line staffed by trained cancer information specialists at 1-800-227-2345.

Special Section: Nonprofit impact on the Top of Virginia

Access to a professional case manager can be critical

BY: ALEENA GARDEZI
Brain Injury Services

Did you know that over 168,000 Virginians are disabled as a result of a Traumatic Brain Injury (TBI) and more than 98,000 Virginians are disabled as a result of a stroke, according to the Centers for Disease Control?

Individuals who acquire a brain injury are vulnerable to exclusion from their communities for several reasons. While the physical results of the injury that could make

mobility difficult, often cognitive deficits experienced after an injury are an even greater barrier. Communication and social skills may be impacted. Loss of income from both the person with the injury and those who are now called to be caregivers can affect the economic stability of the family.

Individuals and their families may not have the knowledge or time to seek out community supports and resources. Having access to a professional case manager can be critical. See **Brain**, Page 10



Photo courtesy: Literacy Volunteers

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“.. Is helping to build a healthy community by addressing the issues of violence in our community.

- Faith Power
The Laurel Center

Empowering and supporting victims through vital resources

BY: FAITH POWER
The Laurel Center

Founded in 1981, The Laurel Center is a 501(c) (3) dual program center offering services to victims of both domestic violence and sexual assault. The Center's mission is to empower and support victims by providing emergency housing, advocacy, support services, and education. Our free and confidential services are critical to our community of Winchester City, and Frederick, Clarke and Warren Coun-

ties. We also offer a Children's Program for children who have experienced family violence, as well as community awareness and prevention programs. We serve between 3,500 and 4,000 men, women and children every year.

The Laurel Center is helping to build a healthy community by addressing the issues of violence in our community. We provide essential aspects of protection, support services and resources which See **Support**, Page 5

Low-cost educational opportunities for employees

BY: MARK SIEFFERT
Literacy Volunteers

Fortessa Tableware Solution's Debera Taylor approached Literacy Volunteers Winchester Area last year, seeking a math tutor for one of their most promising employees. The employee, Richard Redwood, a high school graduate, needed to polish up his math skills so that he could excel in his new role, overseeing a team of employees tasked with processing shipments of the company's products.

In stepped volunteer Caryl Hickel, who tailored a math curriculum to address the workplace challenges Richard was facing. A year later, Richard remains one of Fortessa's See **Math**, Page 10

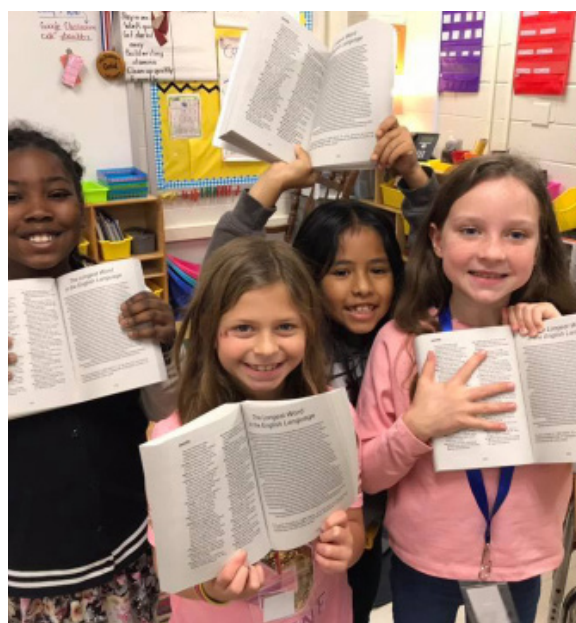


Photo courtesy: Clarke County Education Foundation

Innovative approaches to improve health disparities in community

BY: BROOKE GROSSMAN
Horizon Goodwill Industries

Horizon Goodwill's vision is for everyone to have the opportunity to realize and achieve their fullest potential through the dignity and power of work. In 2018, Horizon Goodwill launched Get Onboard! job readiness training program focused on preparing un/under employed Shenandoah Valley residents for a competitive employment. Since the class has begun 82 Virginians have graduated, 40 of whom have secured employment, averaging 37 hours per week at \$11.27 an hour.

One of the glaring needs that has become evident in the instruction of class is the need See **Vision**, Page 8

BRAIN

From **Page 9**

manager can be critical in protecting and improving the health of these members of our community.

Brain Injury Services (BIS) exists to empower those affected by brain injury through many avenues, including case management

Since 1989, BIS has touched the life of over 30,000 people. BIS case managers work towards building a community where every person touched by brain injury pursues their vision of a fulfilling life. Through a person-centered approach, they help clients determine their needs and design a plan for the next steps in their journey.

BIS offers services throughout Northern Virginia including Fredericksburg and Winchester.

To find out more, contact Amanda Holsinger-Jenkins at ajenkins@braininjurysvcs.org or call 540-773-3322.

Math

From **Page 9**

Fortessa's most valued employees and has been promoted again, to the company's training and development manager.

The collaboration was a true win-win. Richard solidified his skills and accelerated his career. Fortessa improved the performance of an essential employee. And Literacy Volunteers added a motivated student and moved a bit closer to financial stability.

Several companies partner with Literacy Volunteers to offer low-cost educational opportunities to their employees to improve retention, performance, and morale. Chick-fil-A employees work with Literacy Volunteers' tutors to improve their English. An employee at Ashworth Brothers learns reading skills when his shift ends twice a week. Allen Properties regularly enrolls employees in Literacy Volunteers computer classes.

To learn more about what Literacy Volunteers can do for your company, call 540-536-1648.

Support

From **Page 9**

enable individuals who have experienced abuse to recover from the violence, to rebuild self-esteem and to take steps to regain a self-determined and independent life – a life without violence.

The Laurel Center is the first step to escaping abuse for many in our community. We are working 24 hours a day, 365 days a year to build a healthy, violence free community and it all begins with a confidential phone call to our hotline (540) 667-6466.



Photo courtesy: Blue Ridge Habitat for Humanity

Committed to giving hardworking people a hand up, not a handout.

BY: RYAN HALL

Blue Ridge Habitat for Humanity

Blue Ridge Habitat for Humanity was founded in 1997 by local individuals concerned about the state of affordable housing in our area. This 501(c)(3) housing nonprofit is committed to giving hardworking people a hand up, not a handout. The affiliate served Winchester City and Frederick County until expanding to Clarke County in 2017. In 2018, HFHWFC expanded again to service Shenandoah County and rebranded as Blue Ridge Habitat for Humanity.

Qualified partners demonstrate willingness, need, and ability to partner in the program. Once selected, families will provide “sweat equity,” or volunteer work, during the time their home is being built. They must provide at least 250 hours of service on build sites or other approved volunteer activities. Families must also demonstrate a financial need to qualify. This is calculated as a percentage of the Area Median Income. Potential home buyers must have a steady income in order to pay an affordable mortgage.

To date, BRHFH has built 70+ homes locally through the hard work of volunteers, staff, and regional companies. The organization provides no interest mortgages for qualified families, manages multiple rental properties, operates a home improvement outlet center known as the Winchester ReStore, and facilitates a home repair program all in our community.

Innovative approaches to improve health disparities in community

BY: TINA MARIE SCULLY

Families Reaching Out Group

Families Reaching Out Group is a local non-profit dedicated to making a positive difference in the lives of foster children, children at risk and children in need. F.R.O.G. was started in 2019 as a support group for Foster Families, but soon realized there was a larger need. In 2011 we became a 501© (3) and opened Froggy's Closet. While Froggy's Closet presents like a store, everything in the store is Free with the appropriate referral. Froggy's Closet provides new and very gently used clothing, new shoes, socks, coats and underwear, also books, toys and about anything else a child would need.

We continue to grow and now have 19 agencies that refer to us. Last year we filled over 15,000 requests. We have been able to do this because of the generous donations from this amazing community. FROG also is able to pay for Enrichment Activities and Summer camps because we were the recipient of the Chain of Checks last year. This is significant because we are an all-volunteer organization-frog231w@gmail.com www.frog-kids.org

VISION

From **Page 9**

for digital skills training, from a basic introduction to Microsoft certification. Technology and the need to have a minimum a basic understanding of systems and how to operate them are evident across the workforce. Lacking this basic education puts job seekers at a disadvantage. Horizon Goodwill offers basic introduction to digital literacy, this class is hosted over 4 sessions offering basic insight into how to operate a desktop, laptop, and handheld media devices.

Additionally, Horizon Goodwill can provide staffing, custodial, and fulfillment solutions to local businesses partners.

For more information about Horizon Goodwill Programs in Virginia please visit our website at wee.horizongoodwill.org or call Brooke Grossman, Director of Workforce Development (301) 988-0185.



Photo courtesy: Winchester VFW Post 2123

VFW Post 213 Youth and Education Awards

VFW Post 213 needs support of individual and businesses in Winchester and Frederick County. Their wards for 2018-19 school year totaled over \$3000. This year they hope to expand to include elementary school art contest and increase teacher award emphasis. Their educational goals include: helping local students to think about our country, rather than take it for granted; encourage students to seek opinions from their family and provide an opportunity for the sharing of there family's values, the value of learning, support for the Virginia Department of Education's Stands of Learning and provide recognition to three exceptional teachers, one each from elementary, junior high and high school levels.

Three steps: Elementary School Art Contest: Opportunity for students to become familiar with VFW; Middle School: "Patriot Pen" essay contest and High School: "Voice of Democracy" audio essay. Theme for each 2019-20 school year is "What Makes America Great."

Contact VFW Post 213 for more information: vfw2123youth@gmail.com

Advertising



Renewals

- Adult Care Center of the Northern Shenandoah Valley
- Belle Grove Plantation
- Blue Ridge Center for Therapeutic Horsemanship
- Blue Ridge Habitat for Humanity
- Blue Ridge Hospice
- Dr. Terry Sinclair Health Clinic
- ERA Oakcrest Realty, Inc., Dallas Croft
- Godfrey Miller Historic Home and Fellowship Center
- Horizon Goodwill Industries
- Mount Hebron Cemetery
- Partners 1st Federal Credit Union
- Preservation of Historic Winchester
- Shenandoah Valley Discovery Museum
- Special Love, Inc.
- State Arboretum of Virginia
- Winchester Day Preschool
- Carrabba's Italian Grill
- Blue Ridge Insurance & Title Agency
- Buchbauer & McGuire, P.C. Total:
- Comcast Cable Communications, LLC
- Creekside Properties
- Custom Computers
- Delco Plaza
- E. W. Armstrong Company, Inc.
- Edward Jones Investments - Jay Smith
- Elwood McIntire Kitchen Specialists, LLC.
- Fort Collier Industrial Park
- Gromling, Thomas A., DDS
- Hable's Real Estate, LLP
- Innovative Incorporated
- Interstate Liberty
- James T. Riley, CPA
- Luray Caverns
- Lynn M. Poole Tax Service
- James T. Riley, CPA
- Luray Caverns
- Lynn M. Poole Tax Service
- Lynne Rio Insurance Agency, Inc.
- Marker-Miller Orchards Farm Market & Bakery
- New Horizons Professional ABA Services
- Patriot Homes, Inc.
- Peppertree Apartments
- Residential Mortgage Services, Inc
- State Farm Ins. - T.D. Clayton
- State Farm Insurance - Les Veach
- State Farm Insurance - Richard Grant
- Town Square Publications
- Wilkins Insurance Agency, Inc.
- Winchester Book Gallery
- Woodgate Petroleum Company
- BB&T Scott & Stringfellow
- Boy Scouts of America
- Candy Hill Campground, Inc.
- Dinosaur Land, Inc.
- Jim Barb Realty, Inc.
- Long & Foster/Webber & Associates
- Rock Harbor Golf Course
- Rutherford & Johnson, P.C.
- B&B Electrical Systems, LLC
- Bell's Mens and Ladies Fine Clothing
- Harrison & Johnston, PLC
- Hottel & Willis P.C., CPA
- Insurance Center of Winchester, Inc
- Linden Heights Animal Hospital
- MidAtlantic Farm Credit
- Miller's Supplies At Work
- myPotential at Home
- Northside Lanes
- Retina Associates, P.C.
- Shenandoah Sand, Inc.
- Violino Ristorante Italiano
- Wells Fargo Advisors, LLC
- Wilkins' ShoeCenter, Inc.
- 92.5 WINC FM /True Apple B105 /NewsTalk
1400AM/104.9 FM / WINC TV/ Centennial Digital
Solutions
- Frederick Block, Brick & Stone
- Grove's Winchester Harley-Davidson
- Omps Funeral Home & Cremation Center
- S & S Electric, Inc.
- Shentel Business
- Tri-State Nissan
- Winchester Cold Storage / WCS Logisitics
- Carmeuse Lime and Stone
- LCW - Lantz Construction Winchester
- Malloy Toyota
- Selma Medical Associates
- Virginia Eagle Distributing
- BB&T - Main Office
- Cives Steel Co./Mid Atlantic Div.
- First Bank - Valley Ave
- H. N. Funkhouser & Co.
- Perry Engineering Company, Inc.
- Winchester Equipment Co.Ameri-
can Woodmark
- Continental
- Shenandoah Valley Westmin-
ster-Canterbury
- HP Hood LLC
- Nerangis Management Corp
- Valley Proteins, Inc.