Lisa Frattali, Founder & CEO, Aureliius, Neuroscience Consultancy. Trained in Peak Performance Neuroscience Coaching at the Flow Research Collective. Angel Investor, INNERSTILL, Neuromodulation Company, The Creators of MINDVYBE, the First-in-Class, Microcurrent Vagus Nerve, Acupressure Point Stimulator. Founder, Thoreau 40,LLC , Equity & Option Trader . Education & Experience Psychology, Physiology, Psychopharmacology, Financial Advisement, Risk Management, Equity, and option Trading.

Do you ever feel that life is happening "to" you rather than "for" you?  Hear from Lisa Frattali and learn how "Your Vagus Nerve is the Grand Master."  What is it?  It’s the 10th cranial nerve, running from your head to your gut, controlling your heart rate, digestion, and respiration. She'll talk about "flow," a state of consciousness in which you feel and perform at your best, and MINDVYBE, a medication-free solution that enhances vagal tone and balances neurohormones to produce a feeling of calm, improved focus, and overall wellness.