



State Firefighters' and Fire Marshals' Association of Texas

Texas Volunteer Firefighters' and Fire Marshals' Certification Board

PO Box 1409 ♦ Manchaca, Texas 78652-1409

www.sffma.org ♦ 512.454.3473 (phone)

INSTRUCTIONAL SKILLS

SCBA FFI-1

Replacing a Spent SCBA Cylinder

Subject: Fireground Operations

NFPA 1001 4.3.1, 4.5.1

REFERENCE

Use self-contained breathing apparatus (SCBA) during emergency operations, given SCBA and other personal protective equipment, so that the SCBA is correctly donned, the SCBA is correctly worn, controlled breathing techniques are used, emergency procedures are enacted if the SCBA fails, all low-air warnings are recognized, respiratory protection is not intentionally compromised, and hazardous areas are exited prior to air depletion. (4.3.1)

Clean and check ladders, ventilation equipment, SCBA, ropes, salvage equipment, and hand tools, given cleaning tools, cleaning supplies, and an assignment, so that equipment is clean and maintained according to manufacturer's or departmental guidelines, maintenance is recorded, and equipment is placed in a ready state or reported otherwise. (4.5.1)

OBJECTIVE

Trainee shall replace a spent SCBA cylinder.

INSTRUCTIONS - procedures for achieving the objective

You will be given an SCBA with a spent cylinder and will be required to demonstrate the proper procedure for replacing it. You shall verbalize the PSI. The skill will begin on my instruction to start. This skill will end when you state to me that you are finished with this skill. Do you understand these instructions?

PREPARATION & EQUIPMENT

Self-Contained Breathing Apparatus

Extra cylinder

PPE appropriate for the skill



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INSTRUCTIONAL SKILLS

SCBA FFI-1

Replacing a Spent SCBA Cylinder

Trainee: _____

Department: _____

Trainee shall replace a spent SCBA cylinder. (4.3.1, 4.5.1)			
	POSSIBLE POINTS	TEST	RETEST
a. Places SCBA on a flat surface	1		
b. Turns off cylinder valve	1		
c. Opens purge valve to bleed off the air pressure	1		
d. Disconnects the high pressure hose from cylinder	1		
e. Releases cylinder from backpack and removes cylinder	1		
f. Places and secures a full cylinder into the backpack	1		
g. Inspects the "O" ring in the high pressure hose connection	1		
h. Connects high pressure hose to the cylinder	1		
i. Opens the cylinder valve and checks remote gauge reading (<i>verbalizes PSI</i>).	1		
j. Performs skill in a safe and proficient manner, per AHJ	1		
TOTAL POINTS:		10	

Points needed to pass: 7

Evaluator/Candidate Comments:

Instructor's Signature

Date



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INSTRUCTIONAL SKILLS

SCBA FFI-2

Operational Inspection of SCBA and PASS Device

Subject: Preparedness and Maintenance

NFPA 1001 4.5.1

REFERENCE

Clean and check ladders, ventilation equipment, SCBA, ropes, salvage equipment, and hand tools, given cleaning tools, cleaning supplies, and an assignment, so that equipment is clean and maintained according to manufacturer's or departmental guidelines, maintenance is recorded, and equipment is placed in a ready state or reported otherwise. (4.5.1)

OBJECTIVE

Trainee shall inspect an SCBA and PASS device.

INSTRUCTIONS - procedures for achieving the objective

Given an SCBA with PASS device, you will demonstrate the operational inspection of the SCBA unit and PASS device. You shall verbalize the mandatory steps while performing this skill. The skill will begin on my instruction to start. This skill will end when you state that you are finished with this skill. Do you understand these instructions?

PREPARATION & EQUIPMENT

Self-Contained Breathing Apparatus

PASS Device

PPE appropriate for the skill



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INSTRUCTIONAL SKILLS

SCBA FFI-2

Operational Inspection of SCBA and PASS Device

Trainee: _____

Department: _____

Trainee shall inspect an SCBA and PASS device. (4.5.1)			
	POSSIBLE POINTS	TEST	RETEST
a. Inspects the backpack's harness straps for cleanliness and damage	1		
b. Inspects the cylinder for cleanliness and damage	1		
c. Opens the cylinder and checks for air leaks	1		
d. Compares the cylinder gauge pressure to remote pressure gauge	1		
e. <i>Verbalizes all pressure gauge reading in PSI (should be within 100 PSI)</i>	1		
f. Operates PASS device in all modes	1		
g. Inspects the face piece for damage	1		
h. Inspects operation of all face piece accessories present	1		
i. Purges the face piece, then dons or holds face piece to face and breathes air	1		
j. Operates purge/bypass valve	1		
k. Closes cylinder valve and relieves pressure and properly checks low pressure alarm	1		
l. <i>Verbalizes recording and reporting procedures, as per AHJ</i>	1		
m. Performs skill in a safe and proficient manner, per AHJ	1		
TOTAL POINTS:	13		

Points needed to pass: 9

Evaluator/Candidate Comments:

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INSTRUCTIONAL SKILLS

SCBA FFI-3

Cleaning and Sanitizing SCBA

Subject: Preparedness and Maintenance

NFPA 1001 4.5.1

REFERENCE

Clean and check ladders, ventilation equipment, SCBA, ropes, salvage equipment, and hand tools, given cleaning tools, cleaning supplies, and an assignment, so that equipment is clean and maintained according to manufacturer's or departmental guidelines, maintenance is recorded, and equipment is placed in a ready state or reported otherwise. (4.5.1)

OBJECTIVE

Trainee shall clean and sanitize an SCBA.

INSTRUCTIONS - procedures for achieving the objective

You will be given an SCBA to clean and sanitize. The skill will begin on my instruction to start. This skill will end when you state that you are finished with this skill. Do you understand these instructions?

PREPARATION & EQUIPMENT

Self-Contained Breathing Apparatus

PPE appropriate for the skill



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INSTRUCTIONAL SKILLS

SCBA FFI-3

Cleaning and Sanitizing SCBA

Trainee: _____

Department: _____

Trainee shall clean and sanitize an SCBA. (4.5.1)			
	POSSIBLE POINTS	TEST	RETEST
a. Cleans unit with soap and water per manufacturer's recommendations	1		
b. Does not allow water to get into regulator assembly or electronics	1		
c. Disinfects face piece with cleaner/sanitizer per manufacturer's recommendations	1		
d. Cleans and dries unit using proper procedures	1		
e. Closes cylinder valve and relieves pressure and properly checks low pressure alarm	1		
f. Performs skill in a safe and proficient manner, per AHJ	1		
TOTAL POINTS:		6	

Points needed to pass: 4

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INSTRUCTIONAL SKILLS

SCBA FFI-4

Donning Breathing Apparatus Using the Coat Method

Subject: Fireground Operations

NFPA 1001 4.3.1

REFERENCE

Use self-contained breathing apparatus (SCBA) during emergency operations, given SCBA and other personal protective equipment, so that the SCBA is correctly donned, the SCBA is correctly worn, controlled breathing techniques are used, emergency procedures are enacted if the SCBA fails, all low-air warnings are recognized, respiratory protection is not intentionally compromised, and hazardous areas are exited prior to air depletion. (4.3.1)

OBJECTIVE

Trainee shall don an SCBA using the Coat Method.

INSTRUCTIONS - procedures for achieving the objective

With the Self-Contained Breathing Apparatus (SCBA) lying on the ground, back plate up, you shall don the breathing apparatus using the coat method. You shall verbalize the mandatory steps while performing this skill. You will begin on my instruction to start. The skill will stop when all identified steps have been accomplished and you put your hands in the air to signal that you are finished with this skill. Do you understand these instructions?

PREPARATION & EQUIPMENT

Self-Contained Breathing Apparatus

Personal Alert Safety System

PPE appropriate for the skill



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INSTRUCTIONAL SKILLS

SCBA FFI-4

Donning Breathing Apparatus Using the Coat Method

Trainee: _____

Department: _____

Trainee shall don an SCBA using the Coat Method. (4.3.1)			
	POSSIBLE POINTS	TEST	RETEST
a. Begins procedure with protective ensemble properly donned	1		
b. Checks cylinder gauge, verbalizes PSI	1		
c. Turns the cylinder valve on fully and listens for alarm	1		
d. Properly positions SCBA unit on his/her back using the coat method	1		
e. Fastens and adjusts straps	1		
f. Dons face piece and checks for proper seal	1		
g. Protective ensemble properly dons, no skin exposed and collar fastened with helmet chin strap securely fastened under chin	1		
h. Breathes from the SCBA unit	1		
i. Confirms and verbalizes that PASS device is on	1		
j. Performs skill in a safe and proficient manner, per AHJ	1		
TOTAL POINTS:		10	

Points needed to pass: 7

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INSTRUCTIONAL SKILLS

SCBA FFI-5

Donning Breathing Apparatus Using the Over the Head Method

Subject: Fireground Operations

NFPA 1001 4.3.1

REFERENCE

Use self-contained breathing apparatus (SCBA) during emergency operations, given SCBA and other personal protective equipment, so that the SCBA is correctly donned, the SCBA is correctly worn, controlled breathing techniques are used, emergency procedures are enacted if the SCBA fails, all low-air warnings are recognized, respiratory protection is not intentionally compromised, and hazardous areas are exited prior to air depletion. (4.3.1)

OBJECTIVE

Trainee shall don an SCBA using the Over the Head Method.

INSTRUCTIONS - procedures for achieving the objective

With the Self-Contained Breathing Apparatus (SCBA) laying on the ground, back plate up, you shall don the breathing apparatus using the over the head method. You will begin on my instruction to start. The skill will end when all identified steps have been accomplished and you put your hands in the air to signal that you are finished with this skill. Do you understand these instructions?

PREPARATION & EQUIPMENT

Self-Contained Breathing Apparatus

Personal Alert Safety System

PPE appropriate for the skill



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INSTRUCTIONAL SKILLS

SCBA FFI-5

Donning Breathing Apparatus Using the Over the Head Method

Trainee: _____

Department: _____

Trainee shall don an SCBA using the Over the Head Method. (4.3.1)			
	POSSIBLE POINTS	TEST	RETEST
a. Begins procedure with protective ensemble properly donned	1		
b. Checks cylinder gauge, verbalizes PSI	1		
c. Turns the cylinder valve on fully and listens for alarm	1		
d. Properly positions the SCBA unit on back using the over the head method	1		
e. Fastens and adjusts straps	1		
f. Dons face piece and checks for proper seal	1		
g. Protective ensemble properly donned, no skin exposed and collar fastened with helmet chin strap fastened under chin	1		
h. Breathes from the SCBA unit	1		
i. Confirms and verbalizes that PASS device is on	1		
j. Performs skill in a safe and proficient manner, per AHJ	1		
TOTAL POINTS:	10		

Points needed to pass: 7

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INSTRUCTIONAL SKILLS

SCBA FFI-6

Skip-Breathing

Subject: Fireground Operations

NFPA 1001 4.3.1, 4.3.5

REFERENCE

Use self-contained breathing apparatus (SCBA) during emergency operations, given SCBA and other personal protective equipment, so that the SCBA is correctly donned, the SCBA is correctly worn, controlled breathing techniques are used, emergency procedures are enacted if the SCBA fails, all low-air warnings are recognized, respiratory protection is not intentionally compromised, and hazardous areas are exited prior to air depletion. (4.3.1)

Exit a hazardous area as a team, given vision-obscured conditions, so that a safe haven is found before exhausting the air supply, others are not endangered, and the team integrity is maintained. (4.3.5)

OBJECTIVE

Trainee shall demonstrate emergency procedures for conserving air by using the technique known as skip-breathing.

INSTRUCTIONS - procedures for achieving the objective

While wearing full protective clothing and a Self-Contained Breathing Apparatus (SCBA), you will demonstrate emergency procedures for conserving air by using the technique known as skip-breathing. You will begin on my instruction to start. The evaluation will end when all identified steps have been accomplished and you put your hands in the air to signal that you are finished with this skill. Do you understand these instructions?

PREPARATION & EQUIPMENT

Self-Contained Breathing Apparatus

PPE appropriate for the skill



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INSTRUCTIONAL SKILLS

SCBA FFI-6

Skip-Breathing

Trainee: _____

Department: _____

Trainee shall demonstrate emergency procedures for conserving air by using the technique known as skip-breathing. (4.3.1, 4.3.5)

	POSSIBLE POINTS	TEST	RETEST
a. Takes a regular breath (safety point: inhales normally)	1		
b. Holds breath for about as long as it would normally take to exhale it	1		
c. Takes a second breath	1		
d. Exhales slowly	1		
e. Performs skill in a safe and proficient manner, per AHJ	1		
TOTAL POINTS:	5		

Points needed to pass: 4

Evaluator/Candidate Comments:

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INSTRUCTIONAL SKILLS

SCBA FFI-7

Donning Breathing Apparatus Using the Compartment Mounted Method

Subject: Fireground Operations

NFPA 1001 4.3.1

REFERENCE

Use self-contained breathing apparatus (SCBA) during emergency operations, given SCBA and other personal protective equipment, so that the SCBA is correctly donned, the SCBA is correctly worn, controlled breathing techniques are used, emergency procedures are enacted if the SCBA fails, all low-air warnings are recognized, respiratory protection is not intentionally compromised, and hazardous areas are exited prior to air depletion. (4.3.1)

OBJECTIVE

Trainee shall don an SCBA using the Compartment Mounted Method.

INSTRUCTIONS - procedures for achieving the objective

You will demonstrate the procedure for donning the Self-Contained Breathing Apparatus using the Compartment Mounted Method. You shall verbalize the steps printed in italics. You will begin on my instruction to start. The skill will stop when all identified steps have been accomplished and you put your hands in the air and signal that you are finished with this skill. Do you understand these instructions?

PREPARATION & EQUIPMENT

Apparatus with SCBA compartment mount

Self-Contained Breathing Apparatus

PPE appropriate for the skill



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INSTRUCTIONAL SKILLS

SCBA FFI-7

Donning Breathing Apparatus Using the Compartment Mounted Method

Trainee: _____

Department: _____

Trainee shall don an SCBA using the Compartment Mounted Method. (4.3.1)			
	POSSIBLE POINTS	TEST	RETEST
a. Begins procedure with protective ensemble properly donned	1		
b. Checks cylinder gauge, <i>verbalizes PSI</i>	1		
c. Turns the cylinder valve on fully and <i>verbally indicates listening for alarm</i>	1		
d. Properly positions SCBA unit on his/her back	1		
e. Fastens and adjusts straps	1		
f. Dons and secures face piece	1		
g. Checks face piece for proper seal	1		
h. Protective ensemble is properly donned, no skin exposed and collar fastened with helmet chin strap securely fastened under chin	1		
i. Breathes air from the SCBA	1		
j. Confirms and <i>verbalizes that PASS device is activated</i>	1		
k. Performs skill in a safe and proficient manner, per AHJ	1		
TOTAL POINTS:		11	

Points needed to pass: 8

Evaluator/Candidate Comments:

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INSTRUCTIONAL SKILLS

SCBA FFI-8

Donning Breathing Apparatus Using the Seat Mounted Method

Subject: Fireground Operations

NFPA 1001 4.3.1

REFERENCE

Use self-contained breathing apparatus (SCBA) during emergency operations, given SCBA and other personal protective equipment, so that the SCBA is correctly donned, the SCBA is correctly worn, controlled breathing techniques are used, emergency procedures are enacted if the SCBA fails, all low-air warnings are recognized, respiratory protection is not intentionally compromised, and hazardous areas are exited prior to air depletion. (4.3.1)

OBJECTIVE

Trainee shall don an SCBA using the Seat Mounted Method.

INSTRUCTIONS - procedures for achieving the objective

While wearing full firefighter protective clothing, you will demonstrate the procedure for donning the Self-Contained Breathing Apparatus using the Seat Mounted Method. You shall verbalize the steps printed in italics. You will begin on my instruction to start. The skill will end when all identified steps have been accomplished and you put your hands in the air and signal that you are finished with this skill. Do you understand these instructions?

SAFETY NOTE

Apparatus should not be in motion during the skill.

PREPARATION & EQUIPMENT

Apparatus with SCBA seat mount

Self-Contained Breathing Apparatus

PPE appropriate for the skill



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INSTRUCTIONAL SKILLS

SCBA FFI-8

Donning Breathing Apparatus Using the Seat Mounted Method

Trainee: _____

Department: _____

Trainee shall don an SCBA using the Seat Mounted Method. (4.3.1)			
	POSSIBLE POINTS	TEST	RETEST
a. Begins procedure with protective ensemble properly donned	1		
b. Firefighter is properly seated	1		
c. Places arms through SCBA shoulder straps and partially tightens straps	1		
d. Carefully exits the apparatus to ground level or safely completes task inside apparatus	1		
e. Fastens and adjusts straps	1		
f. Turns cylinder valve on fully and verbally indicates listening for alarm	1		
g. Checks shoulder harness gauge, verbalizes <i>PSI</i>	1		
h. Requests cylinder gauge reading verification	1		
i. Confirms and verbalizes that the <i>PASS device is on</i>	1		
j. Dons and secures face piece and checks for proper seal	1		
k. Protective ensemble properly donned, no skin exposed, collar fastened, and helmet chin strap securely fastened under chin	1		
l. Breathes air from the SCBA unit	1		
m. Performs skill in a safe and proficient manner, per AHJ	1		
TOTAL POINTS:		13	

Points needed to pass: 9

Evaluator/Candidate Comments:

Instructor's Signature

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INSTRUCTIONAL SKILLS

SCBA FFI-9

Restricted Passage

Subject: Fireground Operations

NFPA 1001 4.3.1

REFERENCE

Use self-contained breathing apparatus (SCBA) during emergency operations, given SCBA and other personal protective equipment, so that the SCBA is correctly donned, the SCBA is correctly worn, controlled breathing techniques are used, emergency procedures are enacted if the SCBA fails, all low-air warnings are recognized, respiratory protection is not intentionally compromised, and hazardous areas are exited prior to air depletion. (4.3.1)

OBJECTIVE

Trainee shall maneuver through a restricted passage while wearing full personal protective equipment including SCBA.

INSTRUCTIONS - procedures for achieving the objective

You will be presented with a restricted passage. While wearing full personal protective equipment including SCBA, you shall safely maneuver through the passage. You will begin on my instruction to start. Put your hands in the air to signal that you are finished with this skill. Do you understand these instructions?

PREPARATION & EQUIPMENT

Self-Contained Breathing Apparatus

Restricted passage training prop

PPE appropriate for the skill



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INSTRUCTIONAL SKILLS

SCBA FFI-9

Restricted Passage

Trainee: _____

Department: _____

Trainee shall maneuver through a restricted passage while wearing full personal protective equipment including SCBA. (4.3.1)

	POSSIBLE POINTS	TEST	RETEST
a. Loosens straps or removes SCBA unit to reduce profile	1		
b. Maneuvers through restricted passage	1		
c. Maintains face piece seal or adjusts, if necessary	1		
d. Maintains continuous contact with SCBA unit	1		
e. Once through restricted passage, readjusts SCBA unit and straps	1		
f. Performs skill in a safe and proficient manner, per AHJ	1		
TOTAL POINTS:	6		

Points needed to pass: 4

Evaluator/Candidate Comments:

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INSTRUCTIONAL SKILLS

SCBA FFI-10

Controlled Breathing

Subject: Fireground Operations

NFPA 1001 4.3.1, 4.3.5

REFERENCE

Use self-contained breathing apparatus (SCBA) during emergency operations, given SCBA and other personal protective equipment, so that the SCBA is correctly donned, the SCBA is correctly worn, controlled breathing techniques are used, emergency procedures are enacted if the SCBA fails, all low-air warnings are recognized, respiratory protection is not intentionally compromised, and hazardous areas are exited prior to air depletion. (4.3.1)

Exit a hazardous area as a team, given vision-obscured conditions, so that a safe haven is found before exhausting the air supply, others are not endangered, and the team integrity is maintained. (4.3.5)

OBJECTIVE

Trainee shall control breathing while wearing an SCBA.

INSTRUCTIONS -- procedures for achieving the objective

While wearing full personal protective clothing, you shall be given a Self-Contained Breathing Apparatus in full operation. You will be provided with a fire ground operation to perform. You shall demonstrate controlled breathing. You will begin on my instruction to start. The skill will end when all identified steps have been accomplished and you put your hands in the air and signal that you are finished with this skill. Do you understand these instructions?

PREPARATION & EQUIPMENT

Self-Contained Breathing Apparatus

PPE appropriate for the skill



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INSTRUCTIONAL SKILLS

SCBA FFI-10

Controlled Breathing

Trainee: _____

Department: _____

Trainee shall control breathing while wearing an SCBA. (4.3.1, 4.3.5)			
	POSSIBLE POINTS	TEST	RETEST
a. Exhales through the mouth	1		
b. Inhales through the nose	1		
c. Performs steps a and b for four (4) more cycles	1		
d. Performs skill in a safe and proficient manner, per AHJ	1		
TOTAL POINTS:		4	

Points needed to pass: 3

Evaluator/Candidate Comments:

Instructor's Signature

Date