Recognizing the clear need for such a philosophy of care, Lutheran has senior-specific services that provide healthcare tailored to seniors’ needs. Services include a Senior ER, Senior Surgery Center, and the Senior Behavioral Health program, which addresses acute mental health and medical needs of older adults who may be experiencing psychiatric crises.

Mount Evans Home Health Care & Hospice
(303) 674-6400  mtevans.org
3081 Bergen Peak Drive | Evergreen |
Caring for Colorado mountain-area residents in the communities surrounding Mount Evans - providing home health care, palliative care, hospice care and emotional support for those who are grieving, caregiving or adjusting to an illness.

Regional Transportation District - FlexRide:
(303) 944-5777 South | (303) 944-7474 North |
rtd-denver.com/FlexRide.shtml
Flex Ride operates M-F from 5:30 am to 7:00 pm and Saturday from 9:00 am to 7:00 pm. We do not operate on Sunday. The cost is $3.00 for the local ride and $1.50 for seniors 65 plus and children 6 to 19. Children 5 and under are free. People can either book online or call the North/South bus numbers above.

Ride-Need A Ride???
Evergreen | Conifer
(303) 564-5858  rideexperiences.com
Local company with local drivers that safely provide your mountain transportation needs to DIA, Red Rocks, weddings, special events, casinos, and ski resorts.

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Return To Sport Physio
(646) 591-9696 returntosportphysio.com
2942 Evergreen Parkway | Evergreen |
Helping 35+ Active Adults Overcome Aches, Pains and Injuries So They Can get Back To The Activities They Love and Improve Their Health Naturally Without Pain Medications, Injections or Surgery.
As the senior population continues to grow in the mountain community so does the availability of services.

The Chamber recommends the businesses included in this brochure for a variety of needs such as stay at home with help, independent living, assisted living, memory care assisted living, skilled nursing and rehabilitation centers, and respite care.

Several health care options exist for residents. Some businesses have care managers who are social workers, nurses, or other senior specialists. Home health provides skilled medical services at home including medication management, wound care, disease management, injections, and other medical services.

Recreationally, the mountain community has lots of options, both formal and informal, as a way to get exercise and stay healthy. A variety of programs are held from Silver Sneakers to organized hikes and activities, and much more.

Evergreen Christian Outreach (EChO)
(303) 670-1796 evergreenchristianoutreach.org
27640 Hwy 74 | Evergreen |
EChO offers short term assistance to return seniors to a level of self sufficiency and sustainability. We will help in providing some of the resources or referrals to move you and your family toward sustainability. Referrals may be made to our food bank, our jobs program or other programs to meet your needs. We also have a veterans assistance program.

Evergreen Medical Acupuncture
(303) 594-8348 drchristinafick.com
30480 Stagecoach Blvd | Evergreen |
At Evergreen Medical Acupuncture we use functional medicine + western diagnostics to treat almost any condition with an anatomy-based acupuncture system. We are Colorado’s premier acupuncture clinic!

Jefferson Center Senior Services
(303) 425-0300 jcmh.org
31207 Keats Way #202 | Evergreen |
Clinicians who understand your unique needs and work with you to regain confidence, increase your ability to cope with every day challenges and assist with maintaining health and independence. Our senior outpatient program offers individual, group and family services as well as services for those residing in nursing care facilities and assist with assessment, therapy, & care management.

Elk Run Assisted Living Community
(303) 679-8777 elkrunassistedliving.com
31383 Frost Way | Evergreen |
Offering comfortable residences and comprehensive healthcare services for seniors that need help with the activities of daily living, including in-house physical therapy services, support from a registered nurse as well as respite care. Elk Run is pet friendly.

Life Care Center of Evergreen
(303) 674-4500 lifecarecenterofevergreen.com
2987 Bergen Peak Drive | Evergreen |
Focusing on inpatient and outpatient rehabilitation with 24-hour skilled nursing care. Our in-house rehabilitation team works hard to give every patient and resident the best care possible. Long term care, hospice and respite stays also available.

Everfit 20
(303) 246-7770 everfit20.com
1262 Bergen Parkway Suite E22 | Evergreen |
This isn’t another personal trainer program, this is revolutionary! An effective slow-motion strength training regime, scientifically proven to get you the best results in minimum time! Grow young with high intensity strength training routines.