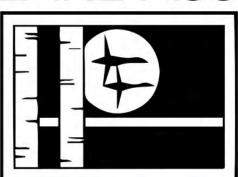
# TEN MILE LAKE ASSOCIATION

Dedicated to the Preservation and Improvement of Ten Mile Lake and its Environment



### www.tenmilelake.org

PO Box 412 Hackensack MN 56452

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### **FROM THE PRESIDENT'S DESK**

By Bob Iversen, TMLA President

As I write this in early December, I think the whole world is waiting for 2020 to be over. What a year it's been, but the new year is in sight and several very effective Covid-19 vaccines are about to start distribution, so there's an air of hope. We all just need to hand



hope. We all just need to hang in there and stay safe until it's available.

The weather so far at Ten Mile's been a little unusual. There were several inches of snow in mid-October, but that's gone and hardly anything since, as you can see in this recent picture. The temperatures have also been quite mild for this late in the year, but that will undoubtedly change.

A word about this lake picture: many of you know that our long time Ten Mile Lake webcam is no longer working (the old PC that's been running 24/7 for years finally died.) As a temporary work around, we had Rick and Gail Becher move one of our security cameras to the lake side and I post a lake picture occasionally on the TMLA Facebook page, so follow that if you're interested. I hope to have a new webcam working after we return in the spring.

Speaking of spring, we can all look forward to a spring (maybe) and summer (more likely) of seeing our lake friends face-to-face again.

One piece of TMLA news: we are very pleased to welcome the new Chair of the Communications and Technology Committee, Allison Hackenmiller! Allison has been working with the committee for some time and has agreed to assume the committee leadership from Annie Swanstrom, who will continue many of her previous C & T responsibilities.

Thank You Allison and Annie!

Stay safe!

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### AND A WORD FROM ALLISON....

Greetings! My name is Allison (Eikenberry) Hackenmiller and I am the new chair of the Communication & Technology Committee! I have been a school librarian for 14 years, so much of what I already do in my daily life involves communication and a whole lot of technology.



I am very excited to explore new ways to connect to members and potential members, such as the TMLA Instagram; many of our 400 followers are children or grandchildren of members, and I want to get them involved! Technology can open new and exciting ways to reach out and keep us all connected to the lake we love so much.

### **MEMBERSHIP FUN FACTS**

Working with the membership information in our system is interesting and I come across fun facts as I work. Here are a few to share:

- We have a member who lives in Sweden, another in Hong Kong and one in Mexico.
- As far as winter addresses go, MN is still the winner with 281, but 75 member families live in Iowa and 26 in California
- There are 10 Brandt memberships, followed by 7 Johnsons and 6 Nelsons
- There are 558 memberships which includes 1352 people and 40 organizations, such as the MN DNR, Cass County Commissioners, Sheriff's Office and other lake associations, etc.

Membership dues were billed (\$40) on January 1st for the 2021 year.

- Remember we are on a new membership year now, which runs from Jan. through Dec.
- If you are signed up for **autopay** you did not receive a statement but should have received a receipt for your credit/debit card payment. Let me know if you didn't.
- If you received an emailed statement, you may pay online directly from the payment link in the invoice.
- If you received a paper statement, or you prefer to pay your emailed statement with a check, your payment may be sent to TMLA Membership, P O Box 412, Hackensack, MN 56452.
- If you paid your dues in advance you should NOT receive another statement. Let me know if you did.

Annie Swanstrom, Membership Coordinator membership@tenmilelake.org



This Newsletter is a Publication of the Ten Mile Lake Association, Inc. P O Box 412, Hackensack, MN 56452 <u>association@tenmilelake.org</u>

To subscribe to this newsletter, or to enquire about membership in the Ten Mile Lake Association, please contact the membership coordinator at <u>membership@tenmilelake.org</u>.

Membership dues are \$40 per year.

Archived newsletters are available on the TMLA website at www.tenmilelake.org

### AQUATIC PLANTS OF TEN MILE LAKE – PLANTS AT THE BOTTOM OF THE HIERARCHY

In this article I'm going to start at the bottom of the aquatic plant hierarchy and then work up to the algae. Other members of the Ten Mile plant community will be covered in future Newsletter articles.

At the very bottom of the hierarchy and also at the bottom of the food pyramid in the lake is the group called phytoplankton. This is a vast group of tiny plants and bacteria that range in size from one micron (1/1,000 mm) to barely visible to the naked eye. Phytoplankton are critically important to all of in two respects. First, as mentioned above, they represent the bottom of the aquatic food chain. They are consumed by tiny animals (zooplankton) that themselves serve as food for small fish. Phytoplankton also serves as a main source of nutrients for zebra mussels. The second reason for the importance of phytoplankton, both in lakes and the ocean, is that even though they constitute only 10% of the global plant biomass, they produce 50% of the world's oxygen. The phytoplankton in Ten Mile may not be major contributors of oxygen to the atmosphere, but the oxygen content of the water at the depth of the thermocline is significantly increased thanks to the metabolic activity of our phytoplankton.

Individual members of the phytoplankton community float freely in the upper part of the water column. Like any other aquatic plants their depth is limited by light penetration in the lake because light is necessary for photosynthesis. In Ten Mile, this is usually between 30 and 35 feet. At this depth, one can find large numbers of zooplankton, which are feeding upon the phytoplankton living at the same depth.

Much of the time, phytoplankton is unnoticed, but as the summer wears on, algae blooms are the product of increased reproduction of individual members of the phytoplankton community. The tiny greenish or brownish specks that you can see in the water are actually individual forms of phytoplankton. Oldtimers on the lake remember the beautiful aqua color of the water in the 1950s and 1960s. This color was due to relatively large amounts of suspended tiny algae which got nourishment from the high amounts of phosphorus in the water. Shortly after

the sources of pollution were turned off, the green color of the water disappeared.

A step up from the mostly microscopic phytoplankton is the group of easily visible algae. In Ten Mile, three kinds are most visible. The first is a bright green filamentous algae that often lines rocks at the water's edge early in the spring. I often get calls about this from people wondering if it signifies some septic field run-off. It is true that this same kind of algae is indicative of septic leakage, and I have seen a couple of instances of this on the lake in the past 20 years. However, what we see in the spring is a natural phenomenon. At the time of iceout, there is a temporary rise in phosphorus levels in the water. That provides for the nourishment and growth of the filamentous algae. Usually this burst of algal growth calms down by early summer. In highly fertile lakes, large mats of algae can not only interfere with swimming and boating, but they can also be toxic. These days, parts of Lake Erie are considered dead zones due to excessive bluegreen algae growth.

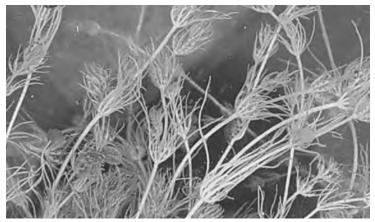
Much of our shallow lake bottom is carpeted by dense beds of two large kinds of algae. These are best known to anglers, who sometimes pull up grapefruit-sized balls of them attached to their trolling baits. One is called Chara, and the other is called Nitella. There are many individual species of both of these algae.



Chara Close-up

Both of these algae are relatively large, superficially and they look like vascular plants. By just looking at photos, it is not easy to distinguish between Chara and Nitella, but for those in a boat, several features make identifying them

relatively straightforward. A first indication is the depth at which they are encountered. Chara lives in shallower waters than does Nitella. In less than 10-15 feet, Chara is the dominant form, whereas



Nitella Close-up

Nitella is commonly found at 20-35 feet. Chara takes in calcium from the water, and as a result, when one handles it, the stems and branches seem stiff and almost brittle. Even more distinctive, Chara gives off a distinctive musky odor. In fact one of its common names is muskgrass. Nitella, on the other hand, is very soft and it has no odor.

As seen in the lake, these algae form delicate loose mats of vegetation. Stands of Chara show the delicate branching from the main stems, whereas Nitella looks more grasslike. Both of these algae are very important for the ecology of the lake. They provide a home for many species of larval insects, snails and small crustaceans, in addition to small fish. In Leech Lake, the mystery of where muskies spawn was solved a few years ago, when it was found that they lay their eggs on a mat of Chara in one of the bays.



Above left: A stand of Chara in 11 feet of water in Ten Mile Above right: A stand of Nitells in 33 feet of water in Ten Mile

One relative of Nitella that we don't want to see in Ten Mile is a closely related alga, starry stonewort. This invasive, which arrived in the Great Lakes from Eurasia in ballast water in cargo ships and has by now been found in several northern Minnesota lakes, causes an even greater mess than Eurasian milfoil. It can make shallower water completely impassable for boats, and it is even too dense to serve as effective cover for fish. One identifying feature is the small white, star-shaped fruiting bodies scattered around the stems.



Above left: A mat of Starry Stonewort Above right: Close-up of Starry Stonewort, showing white fruiting bodies

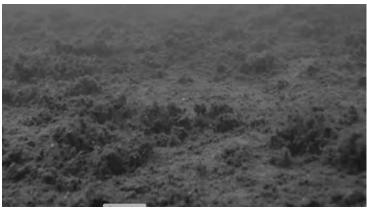
A final variety of primitive (non-vascular) plant in Ten Mile is one that almost nobody has seen. These are aquatic mosses, which are adapted to live in deep, cold water, often poor in nutrients. Deepwater mosses have the ability to photosynthesize under extremely low light conditions, and they respond mainly to blue light rays, which can penetrate into deep water. (They have been found as deep as almost 400 feet in Lake Waldo in Oregon.)

I first ran into them almost eight years ago when I was doing photography of an underwater island that topped off at 50 feet in the middle of the lake At that time, Donna Perleberg, the DNR aquatic botanist, was conducting an extensive survey of the vegetation in Ten Mile. I was able to pull some of them from the bottom, but nobody at the DNR could identify them. This is an extremely understudied group of plants. I can't say much about them, but they are a prominent part of the deep water lakescape in part of Ten Mile.

Bruce Carlson



Another variety of moss at 40 feet.



### RMB LAB ANNUAL REPORT ON TEN MILE LAKE

The Annual State of Ten Mile Lake Report from RMB Environmental Lab is now available **on the TMLA Website in the SCIENCE CORNER.** Here is a list of items exhaustively surveyed and reported upon. Take a look - VERY INTERESTING!

Past reports also available in the TMLA Library under Resources on the website

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### **GET INVOLVED WITH TMLA!**

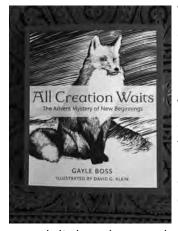
The TMLA Nominating Committee is meeting via Zoom through the winter and spring months to develop a strong slate of nominees for director terms beginning in August 2021. We are fortunate to have several volunteers currently working in leadership roles on TMLA committees whose commitment and experience make them good candidates for the Board. If you enjoy volunteering and love Ten Mile Lake, please think about getting involved on one of our committees and possibly serving on the board in the future. We would love to hear from you.

Please send an email with the subject "interest in the TMLA board" to membership@tenmilelake.org and your message will be delivered to our Nominating Committee Chair, Diane Finley Power. Thank you for supporting the TMLA.

### WINTER LOON COLUMN 2020

Those of you who are still at the lake know that the days have been quiet, gray, and damp. Not only is winter settling in, but it appears that the bitter edge of Covid is also getting ready to keep us alone and separated, both from one another and our traditional practices of gathering and celebrating.

Sheryl and I can see one another's docks in warm weather, but Covid has us sheltering in place and using technology to keep in touch. Perhaps it is this isolation and its attendant fear of what happens next that makes Advent reading particularly poignant this year. No matter what our religious practices are, we are all linked in this moment by our common wish for the return of safety and the balm of one another's company.



To promote a feeling of shared focus, Sheryl and I have been reading out of a beautiful little book by Gayle Boss called "All Creation Waits: The Advent Mystery of New Beginnings." It features simple prose and lovely woodcut prints that describe the ways in which different northern animals prepare for winter. Imagine

our delight when today's reading focused on the common loon. Not surprisingly, the entry begins with descriptions of the loon's iconic summer-self: bold, beautiful, brave, and dedicated to breeding.

But this is the season of darkness and the loons no longer look as they do in the easy and fertile days of summer. Rather, this entry states that:

". . . by early September, the loons prepare for another life. Surviving chicks have grown to independence. Adults, freed from the need to mate and ever defend one's own, shed their bold identity. They let the spectacular feathers fall away, to be replaced by plain gray. Through the fall they gather and swim in peaceable flocks, former rivals and all, feeding communally. They give up their piercing calls for gentle hoots, to bond with and assure each other, I'm here, we're here. Together, they were gathering strength. When ice began to crackle the lake edges the adults set out on an arduous journey. Built heavy and solid-boned for deep diving, loons have to flap their stout wings continuously – 250 times every minute – to stay aloft. No missing a single beat, not for seven or eight hundred miles.

... All who were strong enough to survive the trip are floating now along the Atlantic coast. Regrouped, they are resting, regaining strength. There's yet another exertion to come – one of a different order and more threatening. In late winter, the twentytwo flight feathers that carried each bird here will all drop out at once. Then, if they try to fly, they will fall. They swim slowly as their bodies siphon energy into the growing of all-new flight feathers.

Their bold and brilliant summer selves have vanished. Adrift, winter loons go silent. These are not the breathtaking, thrilling birds we looked and listened for all spring and summer. These are merely gray birds bobbing on the gray ocean waves, vulnerable and small. Do they remember who they were a season ago or imagine who they might be in the next?"

Over the connection of the phone, yet very much in our separate houses, Sheryl and I each pour ourselves another cup of coffee and talk about the passage. We agree that the season of Covid makes us feel, like the winter loons, "vulnerable and small." We feel unremarkable and flightless, far from what we believe to be our true selves. Yet, the bonds of friendship and shared history remind us that, as it is for the common loon, it is not an either/or choice. Life is about more than being bold and brilliant OR outwardly unremarkable. Rather, both seasons are needed. Bravery and brilliance need to give way to rest and reflection so that restoration can happen. Once restored to power and possibility, we can face the journey ahead.

Wherever you are sheltering this winter, we wish you a sense of safety and restoration. Like the loons, we will look for your return and the promise you hold for another season of possibility and promise. Keep the faith- spring and the vaccine will be here before you know it!

Erin and Sheryl

### WINTER SAUSAGE SOUP

#### Warm up your family this Winter with hot soup...a favorite at our house every New Year's Eve!! Winter Sausage Soup

2-3 pounds Italian sweet sausage 3 C. red potatoes, peeled and cubed 1 medium onion, chopped 1-28 ounce can of whole tomatoes, drained and chopped (If you like your broth very tomatoey, don't drain!) 1 C. celery, chopped 1 C. carrots, chopped 8 C. beef broth 1/4 C red wine 1/4 tsp salt, 1/4 tsp fresh ground pepper, 1 T. brown sugar 3 C. cabbage, shredded

1 C. uncooked fine egg noodles OR 1/2 C. Acini de Pepe (a type of pasta which I find more interesting)

Form tiny meatballs using the sausage, brown and drain on paper towels (or just brown and crumble the meat and drain). Place all ingredients except for noodles and cabbage in a Dutch oven or large pan and simmer for one or more hours. Add cabbage and uncooked noodles and cook for an additional 45 minutes. Add additional broth if it cooks down too much for your taste. Sprinkle each serving with freshly grated parmesan cheese.

This will serve 8-10 hungry skiers or several more regular dinner guests.

### IF YOU DON'T RECEIVE YOUR NEWSLETTER OR DIRECTORY....

In case you were wondering, or have had trouble with TMLA mailings, here is the process: Whenever there is a mailing to our members, I generate a mailing list which goes to the printer. Their computer mailing system contacts the postal service. The postal service runs my list through their system and **returns four lists for my review:** 

- 1. Duplicate addresses this is mostly kids living at home with their parents, parents living with their kids, government entities that share the same address but have multiple people receiving the newsletter, etc. I investigate, correct what is wrong and approve the list.
- 2. Undeliverable addresses mail can't be delivered to these because the number is wrong or the street is wrong or the address is incomplete, or something similar. I investigate, correct what is wrong and update the list.
- **3. Addresses recently changed** recent moves, which includes people who have their mail forwarded to the cabin, or to their home, or to their other home. I review this and make sure they are correct for the time of year of the mailing and then approve the list. (ALL summer mailings go to your lake address).
- **4.** Accepted addresses a list of the addresses the postal service recognizes as correct. This is the longest list. Feel free to call me if you are not receiving your Directory or TMLA Newsletters. I can tell you if the address I have has passed muster with the post office. If the postal system says it's correct but you aren't getting your TMLA mail visit your local post office, show them this note and let me know the result.

### **HISTORY TIDBITS**

Christmas trees, anyone? Did you put up a lovely fresh Christmas tree in your home this year? In 1984, 600 Christmas trees from the Chippewa National Forest were sold for \$1.00 each! It was noted that the Southside in Hackensack had trees for sale last season for \$25 to \$50 (for a 12-foot tree) and Ace Home Center in Walker sold 6 to 12 foot trees for \$39.99 each. Inflation has hit the woods!

#### 100 years ago, printed in 2020 in the Pine Cone Press Citizen August 5, 1920

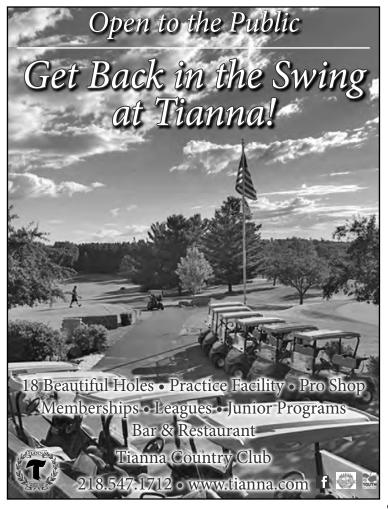
Publication of Hackensack's own newspaper, the Hackensack Independent, will begin in a few weeks. The paper is owned by the Hackensack Publishing Company and A.B. Newton is editor.

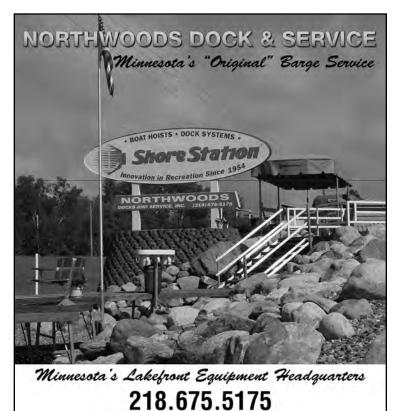
#### 75 years ago September 21, 1945

Mrs. Pernina Burke received word that her husband, Captain Edwin L Burke of the 194th Tank Division has been liberated from a Japanese prisoner camp at Hiroshima, Japan.

#### 50 years ago September 17, 1970

The Keisters entertained the Spencer Kubos, Bill Hills, Neva Christofferson and Ann Bjorkman for dinner Thursday evening at North Ten Mile.





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Dean Garoutte • Rick Hughes

### Read the whole article "The Soil is ALIVE!" in the MN Conservation Volunteer magazine • Sept-Oct 2020 issue <u>www.mndnr.gov/mcvmagazine</u>

© DECOMPOSING MATTER—mostly formerly living things such as plants and animals

## Layered by Time

Soil varies as you dig down. That's because as time passes and things get added, moved, and taken away, layers form. The layers of a soil are called *horizons*. TOPSOIL—mainly minerals, but also some formerly living things

SAND AND SILT-often found in forests and in older soils

Fun Fuct Most living things on Earth live in the soil.

SUBSOIL-minerals that filtered down.

PARENT MATERIAL-weathered rocks

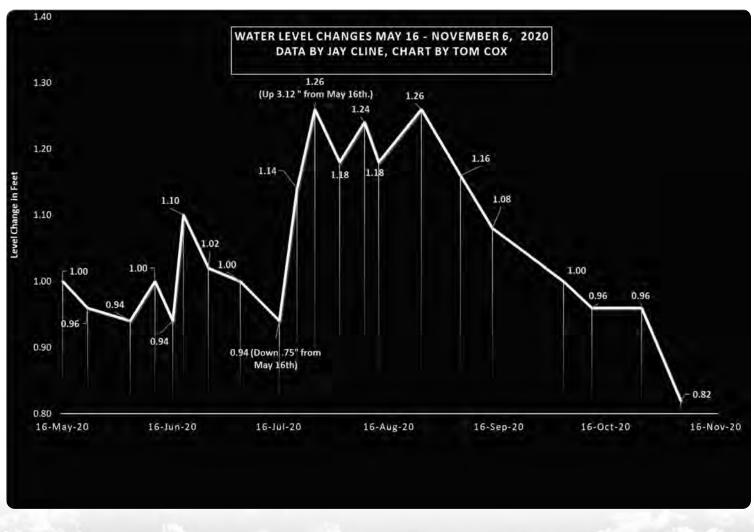


### **TEN MILE LAKE LEVEL - SUMMER 2020**

Due to a very dry late winter and spring, as the ice went out, the lake was about a foot lower than the very high water we experienced at the end of the 2019 season. As the chart below indicates, the lake level rose during the early months of the summer but then started a steep decline in August. The level on November 6, the last reading of the year, was a little over two inches lower than the start of the summer and thus a little over a foot lower than last year at this time.

This fall many south shore residents noticed the start of a new beaver dam on the Boy River just south of the bridge. Once the trapping season began, Jeff Peterson went in and removed the beavers that were building the dam. As winter progresses, Jeff will check up and down the river to make sure we have no other beavers that might block the only river flowing out of Ten Mile. Jeff also reported that the dam that was built was not very complete and he feels that it is not restricting much water flow. Many thanks once again to Jay Cline for his readings of the lake level and Tom Cox for his creation of the chart.

John Crabb Chair of Lake Level Committee



### DO YOU EVER WONDER: WHAT DOES TMLA DO? YOUR LAKE ASSOCIATION:

- Provides a website (<u>www.tenmilelake.org</u>), a members-only information hub called the Anchor, Facebook and Instagram pages, email updates and four newsletters per year to keep members informed about association programs, important issues affecting TML and provide timely communication with our members. Compiles and publishes a member directory every two years.
- Purchases, installs and maintains over 20 navigational and no wake buoys
- Provides maps, boating rules and regulations, and a free safety poster for your cabin
- Partners with Cass and Crow Wing county sheriffs to provide free boat safety and watercraft training for young boaters. Check the Spring newsletter and the website calendar for details.
- Coordinates with Cass County to provide watercraft inspections for invasive species at the public access
- The E and E committee provides biennial well water testing completed by a licensed environmental lab. The test data is provided to the homeowners for their information / action.
- Takes secchi disk readings numerous times during the summer to test the water clarity.
- Takes weekly temperature and oxygen profiles to 208 feet during the spring, summer and fall.
- Keeps and reports lake level readings throughout the summer and maintains the natural flow of Boy River between Ten Mile and Birch Lakes.
- Samples lake water at several sites monthly during the summer. The samples are analyzed by a professional lab to determine the lake's health and to look for any changes that may require investigation or action
- Works with our conservation partners at Northern Waters Land Trust and other entities to incent conservation easements on environmentally sensitive Ten Mile Lake shoreline.

- Monitors and informs members of Minnesota legislation affecting cabin owners, boating rules and other lake safety issues.
- Donates annually to the University of Minnesota Aquatic Invasive Species Research Center for zebra mussel research, University of MN Foundation Healthy Waters Initiative, MN Lakes and Rivers Advocates, Association of Cass County Lakes, Conservation MN and Northern Waters Land Trust; and locally, Hackensack Area Fire & Rescue, Walker Fire Department and the Hackensack Chamber of Commerce.
- Partners with the MN DNR to monitor fish populations and help with stocking of walleye fingerlings.
- Conducts a yearly loon count in the spring and late summer and promotes loon-safe boating. Coordinates the building, maintenance and placing of loon nesting platforms.
- Oversees the James W. Schwartz Environmental Preservation Fund and the Richard G. Garbisch Conservation Endowed Fund, which provide long term funding to permanently protect sensitive shoreline, our lake's watershed forested properties, and support the ongoing mission of TMLA.
- Provides an informative History Page for each newsletter and sells the beautiful 400 page History book containing family histories on the lake
- Holds five regular board meetings from May through September and an annual meeting in August. All members are welcome to attend. (2020 saw the temporary change to virtual meetings)

So don't just wonder what we do - join us and enjoy all the benefits!

### LIFE AT THE LAKE....IN THE 30S, 40S AND 50S FROM THOSE WHO WERE THERE!

#### From the Macklin family memories:

The ole pump at the kitchen sink gave the best drinking water on the shore (the big red Macklin cabin)....the old cook stove and fireplace warmed the rooms in chilly weather....the privy out back was a necessity....shaving and teeth brushing were done on a table outside the back door with a mirror hung on the tree and a wash basin of fresh water. Aladdin and kerosene lamps worked OK in the dark for short- term projects. The screened porch was a favorite sleeping spot. Rainy, windy nights, the beds had to be pushed through the French doors into the living room.

#### From memories of the late Mary Ann Norton, whose family homestead was near Lake Erin on #371; interviewed in 1987:

Her family came to Minnesota from Iowa in 1912 and had a big herd of milk cows at one time. "The milk was shipped on the Northern Pacific to Duluth, as cream. The milk was used to feed the sheep and calves. You had to raise quite a bit of hay and crops. There was oats, no wheat. A lot of alfalfa. Rutabagas were raised, ground up, and fed to the cows. This helped balance their diet with the hay, because there wasn't that much grain being fed at that time. That was one of my jobs as a little kid, to turn the grinder by hand, for the 35 cows. I have no idea how long it took - my brother would sing, and we would play, and time went by. But you didn't have to worry about what to do to entertain kids, there were so many jobs that they had to do there was very little time to ask themselves "What do we play with"?

#### From memories of Ruth Hirschfield, recorded in 1986 by Ross Melgaard of the History Committee:

In 1925 or 1926 or so, there was a train stop at Bromley's. It was before Bromley's (or Arthur's or Fins or Headwaters) was built. A person could take a special train called the Dan Patch which left Minneapolis at 5:00 p.m. and would arrive at the stop at 9:30. The Christies would pick them up and take them to their cabin. Then they went back on Sunday night. That lasted only two seasons. The Dan Patch only went to Walker. It was non-stop from Minneapolis to Brainerd. From there it stopped at all the spots: Nisswa, Pequot Lakes and so on.

#### Memories of Becky Lyng, daughter of Omar and Willa Shonkwiler:

"Some of my fondest memories of growing up on the lake were the people. Opal Roby was my best friend. Who couldn't resist her sugar cookies? I spent many wonderful times with my godparents Cub and Lorraine Stromquist, picking (highbush) cranberries, blackberries, and blueberries. The whole time I'm keeping my eye on the ground for that really big agate Cub said was there just under the dirt! Our neighbor, Pauline Bagenstos was always a big part of our summers. Her mom even let me call her "Grandma Young" because I didn't have a grandma."

#### From memories of Bob Pasley, 1995:

In the early 30s, "The most charitable thing I can say is that it was "rustic"....no screens on the windows or doors, no electricity, an outside water pump and a two-holer much too close to the well, much to the chagrin of my mother. Hence, it was boiled water for drinking and food, and bathing in the lake."

#### From the Cass County Independent Newspaper, 1970:

There was a photo showing lake shore erosion due to ice pressure and an article starting with the questions: "How do I keep my trees from falling into the lake?" And "How can I stop my beach from washing away?" Many of us have these same questions today, fifty years later. Rock rip-rap seems to be the current answer. (Per Sue Eikenberry)

#### From Scott McNamara:

"I always drove my grandmother up to our home on the east side of Ten Mile from Winterset, Iowa, where we lived kitty corner from John Wayne's birthplace. People think it's keen when I tell them John Wayne and I had the same babysitter, my grandmother". Since the 70s Scott has been scuba diving the lake, exploring in every nook and cranny the lake has to offer."

#### From Sharon Melby Peterson:

"The two roads going into town were fun-hills, quick turns and dips, especially in the winter when Dad would pull us behind the truck on our skis. The south road went by Freddie Martin's and the other, Lower Ten Mile Lake Road - both gravel. Each caused

### LIFE AT THE LAKE....IN THE 30S, 40S AND 50S FROM THOSE WHO WERE THERE!

your stomach to switch positions if Dad went fast enough. One winter we rented a cabin at Kenfield - there was one cabin besides the main lodge that was winterized. It had a wood burning fireplace and was necessary for warmth. Unbeknownst to us, Mr. and Mrs. Skunk lived in the crawl space under the cabin next to the fireplace. When the fire became too warm for the skunks, they departed but not before leaving us with another Ten Mile Memory."

#### From Gail Idstrom Dahlstrom: Memories, July, 2001

"At night, when it was dark, before bed, we would line up to gather and walk single file along the pathway to the outhouse. We were concerned. We thought for sure that we had seen bobcat tracks in the sand during the day - BIG ones, too. With only one bedroom, we used front and back porches and the living room for sleeping! We ate a lot of pancakes and popcorn! In the summer of '46 we still had no electricity or running water. Outside of some having hay-fever and some getting poison ivy, the main concern that summer was the polio epidemic affecting the cities and large crowds. Because of the epidemic, schools started late that fall. We all loved to walk Dr. Benbrook's Trail in the woods! One time we saw a real live lady slipper flower. My cousin, Jack Johnson, built a fort deep in the woods and Tom Cox built a treehouse! One time we went to Roby's for BBQ ribs, and one time all of us kids in the cove put on a Vaudeville Show with the woodpile serving as the perfect backdrop."

#### From Moxness-Lund-Brust-Merritt family history:

We had an outhouse biffy painted pristine white with hand painted hearts and flowers. Each evening Mom would light up to 21 kerosene lamps and each morning my sister and I would clean up to 21 lamp chimneys. Laundry days were always fun. Mom put out the wash tub on the back lawn and we would take turns rub-a-dub-dubbing all the clothes. A special second rinse for the sheets was always a swim in the lake. Bathing was also a la Ten Mile via "skinny dip" after dark, usually with a bit of shampoo and a bar of floating lvory.

#### From the Munnekes' memories:

Highlights were trips to the island for dinner at the restaurant, and the making of homemade ice cream. Another event was when the lynx decided to hang out on top of the outhouse for a couple of days. Needless to say, the family made arrangements with the neighbors until the lynx moved on! One evening my grandmother was alone at the cabin. A bear happened by and scratched on the screen. My grandmother let out a loud scream heard by my dad several cabins away. In those days there was a path along the beach, which he traveled to get to the cabin as quickly as possible. He thought he met a racoon along the way and only later realized it was the bear. An annual event would be the trip through the Boy River to Hackensack. Usually there were 8 of us plus a couple of dogs in the 14 foot Larson boat, loaded down to the gunwales and not a life jacket within ten miles. One evening we were having a Bible study with a group of kids, and a raccoon grabbed the screen door and got it open. One of the kids noticed the raccoon standing in the doorway and said something. My cool mom immediately went over and shooed the raccoon out.

-Collected by Sue Eikenberry in sorting the History Files

"...fathomless lake, stay as you were, idling with a reflected cloud, for my sake, whom your shore no longer touches." Czeslaw Milosz



#### ANDREW (ANDY) LAVERNE CHRISTENSEN (1931 –2020)

Andy was born in Ames, Iowa, January 10, 1931 to Nels and Verna Christensen. He was the youngest of five children—4 sisters preceded him in birth. He lived on a farm between Ames and Nevada and

attended North Grant School for the first 8 grades, graduating from Ames High School in 1948.

Andy attended Iowa State University and the University of Iowa before enlisting in the Air Force during the Korean War. He was stationed in San Antonio, Texas as an instructor gunner in B29's, attaining the rank of Staff Sargent. Upon his honorable discharge from service in1953, he returned to the University of Iowa and received a Bachelor of Science in Commerce in 1956.

Upon graduation, Andy joined the staff of Collegiate Manufacturing Company as a sales representative. He lived in Ohio, California and Virginia. He returned to Ames, Iowa in 1968 in a management position and vice president of Collegiate Pacific in Ames and Roanoke, Virginia, becoming president in 1978. He was also vice president and on the Board of Directors of Littlefield Adams, Totowa, New Jersey. In 2005 He as honored at the National College Bookstore Convention for not missing a convention in 50 years.

Andy was very active in the Ames Community, serving on the Board of Directors of Gateway Center from 1978-1994. He was also on the Board of Directors of Ames Savings (Brenton Bank) and served as Chairman of the Board. He was also a member of the Ames Chamber of Commerce,

Ames Golf and Country Club, Elks, Rotary, Za Ga Zig Shrine, American Legion, Masonic Lodge, Delta Upsilon Fraternity and Order of the Knoll.

Andy met Carmen in 1970 while living in Ames. They eloped to California and were married July 3, 1971, at a Methodist church in Carmel by the Sea. They moved from Ames to Peoria, AZ in 1996 to spend the winter months in a warmer climate. Each summer they returned to Minnesota to enjoy time with family and friends on Ten Mile Lake.

While in Ames, he was a member of Bethesda Lutheran Church. After moving to Peoria, Arizona, where Andy and Carmen lived for 24 years, he was a member of Peace Lutheran Church in Peoria. During the summer months, they attended Hope Lutheran Church in Walker.

Andy was 6 years old when he made his first trip to Ten Mile Lake in Minnesota with his family to stay a week at Camp Iowa on the North Shore. Andy and his sisters purchased half of Camp Iowa in 1965, replacing the old cabins with a 4-plex in the early 70's. He never missed a summer until 2020 when it wasn't safe for him and Carmen to travel from their home in Arizona to Ten Mile Lake due to the Covid 19 pandemic. Andy loved to fish and play golf.

Andy passed away peacefully on October 3, 2020. He is survived by Carmen, his wife of 49 years; his sister, Mary Lou Nissly, and her husband, Jack; along with many nieces and nephews.

We will celebrate Andy's life at Ten Mile Lake and Hope Lutheran Church in Walker the week of July 4th—the date will be announced later.

Memorials may be sent to: Ten Mile Lake Association, P.O. Box 412, Hackensack, MN 56452

W. addition



#### TOM HAY (1930-2020)

Tom Hay of Hackensack, MN passed away peacefully at home surrounded by his family on October 29, 2020. Tom was born in Des Moines, IA on May 7, 1930. He graduated from Mitchellville High School where he was a football center

to be reckoned with. He married his high school sweetheart, Louise Pyle, and together they made the most of every day for over 71 years.

Tom earned an Associate Degree in Finance before serving in the U.S. Army. He earned a Bronze Star for his work as a Signal Corp Officer in the Korean War supporting the front lines. As many of his generation, he was quietly very proud of his service to his country.

Tom and his family moved to Casey, IA in 1960 where he owned and operated Security State Bank. In 1987 they moved to Minneapolis, MN where he established a tax accountant business. He continued preparing taxes up until his 90th birthday. Tom and Louise moved to their beloved Ten Mile Lake home in 2001.

Enjoying time with family and friends was the center of Tom's life. He never missed happy hour and cards

with Louise and was still on the golf course after his 90th birthday this year. He was instrumental in developing the 5x80 Country Club while living in Casey. He believed that 5 rural communities could come together and build a place for families to enjoy and the 5x80 thrives to this day. Tom was always active in community organizations including Lions Club, Shriners, Masons, and Rotary.

Tom will be greatly missed by Louise and their family, son Mike (Tammy) Hay, daughter Lisa (Jim) Tuller and grandchildren Laura (Tyler) Kavanaugh, Ryan (Brigitte) Hay, Beth (Eric) Krueger and Scott (Sarah) Tuller. 2019 brought him a great grandson, Owen Krueger. He was excited to know that Laura and Tyler are expecting his second great grandchild. He was immensely proud of his family. They, along with a wonderful extended family and countless friends will miss his laugh, his jokes and stories, and his martinis (extra olives please!).

A private burial will take place at the MN State Veterans Cemetery in Little Falls, MN. To honor the soft spot in Tom's heart for all his (and his family's) pets, memorial donations can be made to Paws and Claws Animal Rescue and Resort, PO Box 175, Hackensack, MN 56452 or at https://www. pawsandclawsrr.org/





#### JOHN VINCENT NISSLY (1928-2020)

The family of John Vincent Nissly of Iowa Falls, Iowa and Ten Mile Lake, is celebrating his life of 92 years. He passed away peacefully and unexpectedly on November 14.

John was born in Des Moines, Iowa, to John and Pauline (Brewer) Nissly. A graduate of Dallas Center High School and Iowa State University where he earned a Bachelor of Science degree in Agricultural Economics, John was also a member of the Alpha Gamma Rho fraternity. He went on to serve in the United States Marine Corps and recently participated in the Honor Flight to Washington, DC.

After beginning his professional career with Equitable Life Insurance Company of Iowa, he went on to work with Osgood and Nissly Farm Managers in Iowa Falls. In 1979 he was joined by son Roger and it became Nissly and Nissly, and in 1982 he was joined as well by son, Michael. Jack was in good health, living life to the fullest, and continued to work alongside his sons every day until the day of his passing.

Jack leaves behind his wife of 70 years, Mary Louise Christiansen Nissly, his sons Roger (Cindy), Bruce (Bonnie), and Michael (April), and six grandchildren. He was preceded in death by his parents, sister Beverly Alleman, and brother Dwight Nissly.

Memorial Services were planned for a late date due to current health circumstances.

Memorial donations in Jack's honor may be given to Ellsworth College Foundation or First United Methodist Church of Iowa Falls.



#### PATRICIA (FORD) RUNNING MURPHY (1924-2020)

Patricia Ford Running Murphy, "Gammy" passed away peacefully on July 16, 2020. A memorial Mass of Christian Burial for Patricia, 96, of St. Louis Park took place on

Saturday, September 12 at Holy Redeemer Catholic Church.

Patricia was born to Dr. BC "Bobo" and Laura (Grink) Ford in Marshall. A graduate of Marshall High School, Patricia attended St. Mary's College in Milwaukee, WI, where she studied Occupational Therapy. Her favorite place was Ten Mile Lake.

Pat and her first husband, Red raised four children, Darcy, Kerry, Linda, and Brad.

She was preceded in death by her parents, sisters Eileen and Marty, brother Jack, and her loving husbands NA "Red" Running and Dr. Joseph Murphy, as well as many of her friends from Marshall, Naples, FL. And Ten Mile Lake. Patricia spent the last years of her life at the Sholom Home in St. Louis Park, MN, and she will be missed by everyone who had the opportunity to be with her.

As Gammy would say whenever anyone left after a visit: "Toodaloo!"





#### ANDREW J. CRABB (1977-2020)

Andrew J. Crabb, 43, died unexpectedly from cardiac arrest, Sunday September 6, 2020 at his home in superior, WI. He was born in Washington D.C. to John and Elaine (Burnham) Crabb.

Andrew graduated from Arcadia High School in Scottsdale, AZ and attended Carleton College in Northfield, MN. His summers were spent at the family cabin in Hillaway on Ten Mile Lake, and at Camp Warren as a camper and counselor. He moved to Virginia, MN to share his life with Debra, Noah and Kenny. Andy worked for several years at homes for disabled adults in the Viginia/Hibbing area. He loved music and was an animal lover, volunteering his time at the Douglas County Humane Society. He also worked and volunteered at Northwoods Music in Superior.

Andy is survivied by his parents, John and Elaine Crabb, Phoenix, AZ; brother, Brian (Anna) Crabb, Minnetonka, MN; nephew and niece, Ben and Maddy Crabb; and several aunts, uncles, cousins and friends.

He is preceded in death by his paternal and maternal grandparents.

Andy's ashes were buried on top of the highest point on Hillaway overlooking Ten Mile during a family celebration of life.

Should friends desire, a memorial fund has been established in Andy's name at YMCA Camp Warren: https://www.ymcanorth.org/give/campgiving Select Tribute Gift and leave comment "Andy Crabb Memorial"

Designate: Camp Warren



#### DOLORES ELAINE POTTER AAGAARD (1927-2020)

Dolores Elaine (Potter) Aagaard was born March 10, 1927 in Audubon, Iowa and went peacefully to be with the Lord on November 29, 2020 as a result of Covid-19, at Lantern

Park Specialty Care in Coralville, Iowa at the age of 93 years, 8 months and 19 days.

Dee was baptized and confirmed at Our Saviour's Lutheran Church in Audubon, Iowa. She attended the Audubon Community Schools, graduating with the class of 1945. Dee then studied at Iowa Teacher's College in Cedar Falls, Iowa for one year before returning to Audubon.

On August 20, 1947, she was united in marriage to Glenn Aagaard at the Lutheran Church in Council Bluffs, Iowa. They lived in Audubon and were blessed with four children: Jeff, Jon, Jim and Julie. Dee was an excellent homemaker and took care of things on the home front while Glenn operated Aagaard Construction. They lived in Audubon until 1990 when they moved to Ten Mile Lake in Minnesota where they had vacationed since 1958. It was a special place for Dee and Glenn where many precious family memories were made. They returned to Audubon in 1999 due to Glenn's declining health. Dee's love and devotion to Glenn across nearly 55 years of marriage was never more evident than the 3-1/2 years he lived at the Friendship Home until his passing in 2002. She continued to live in Audubon until 2014, when she moved to a care facility in Iowa City.

Dee was an active member of Our Saviour's Lutheran Church in Audubon. She participated in the women's Bible study for many years and volunteered at the Friendship Home & Meals on Wheels. Dee's deep faith in the Lord, especially during the hardest of times, was an inspiration to her family, and she never stopped growing in her faith. She was an avid reader and loved to knit beautiful baby blankets for her family. Dee was blessed with a wonderful sense of humor, positive outlook on life, and many good friends. Her home was always open to greet family and friends, as it was her greatest joy to spend time with those she loved.

Preceding her in death were her husband, Glenn; her parents; her sister, Beverly and husband Leroy Stone; her brothers-in-law, Emmert Aagaard and Robert and wife Ardyce Aagaard; her sisters-in-law: Sena Jacobsen, Bertha and husband Jack Bradbury, Mary Ann and husband Ben Nelson, and Maxine and husband Richard Nelson; her cousin Patricia and husband Gary Berg; her aunts: Nan Reuss, Edna Muntz, and Alma Temple; and her uncles Hans and Jens Clemensen.

Dee is survived by her children: Jeff and wife Cathy Aagaard of West Des Moines, Iowa; Jon and wife Faith Aagaard of Wheaton, Illinois; Jim and wife Pam Aagaard of Edina, Minnesota; and Julie and husband Jim Holte of Coralville, Iowa; her grandchildren: Jennifer and husband Damon Dyche of Ames, Iowa; John and wife Susan Aagaard of Rockville, Maryland; Mike and wife Lindsey Aagaard of Woodbury, Minnesota; Sarah and husband Brian Ligon of Evanston, Illinois; Jon Aagaard of Wheaton, Illinois; Greg and wife Carly Aagaard of Wheaton, Illinois; Anne and husband Greg Sparacio of Wheaton, Illinois; Tom and wife Bianca Aagaard of Wheaton, Illinois; Jenna and husband Ryan Seager of Wheaton, Illinois; Katy and husband Tim Murphy of St. Louis Park, Minnesota; Daniel and wife Ashley Aagaard of Edina, Minnesota; Ali and husband David Reese of Edina, Minnesota; David and wife Kristen Holte of Eugene, Oregon; Andrew Holte of Hanover, New Hampshire; Ryan Holte of Boston, Massachusetts; 23 great-grandchildren; as well as many cousins and nieces.

Dee's family extends their heartfelt thanks to the staff at Lantern Park Specialty Care and Iowa City Hospice for their loving care.

#### **TED NELSON LUNDRIGAN (1947-2020)**

Ted Nelson Lundrigan, 72, of Pine River, MN, passed away August 30, 2020, surrounded by his wife and children. Ted was born in Brainerd, MN, on December 29, 1947, to Don and Thea (Gunderson) Lundrigan. Ted attended the University of Minnesota, and entered the United States Army, where he was a medic in Vietnam. Upon returning from Vietnam, he completed his degree from the University of Minnesota Law School. He began practicing law with his father, Don, until opening his own practice. Ted was the city attorney for Pine River for many years. He was passionate about the outdoors and was a founding member of the Deep Portage Learning Center. Ted was an avid grouse hunter, spending most of his fall days in the woods. His experiences grouse hunting led him to author three books: Hunting the Sun, Grouse and Lesser Gods, and A Bird in the Hand. He also loved shooting sporting clays, trap, and skeet with his family and friends. His greatest joy was spending time with his grandkids.

Ted is survived by his wife of 41 years, Cheryl; daughter, Tessa (Andy) Spraetz, and grandson Tyler; son, Max Lundrigan; daughter, Molly (Nick) Keefe, and grandchildren Elaina and Nolan; brother, Don (Julie) Lundrigan; and numerous nieces and nephews. Ted was preceded in death by his parents, Don and Thea Lundrigan and daughter, Elly Rose Lundrigan.

In lieu of flowers, memorials to Ted are preferred and will be donated to Deep Portage Learning Center.

Editor's Note: Ted was a friend of Ten Mile Lake. He and Warren Goss and Malcolm Moos spent many hours together debating the ways and means of non-profit organizations and the creation of Deep-Portage Conservation Reserve.

### **MEMBERSHIP MEMOS**

It is gratifying to see many more of you using the Anchor. If you have not yet signed in, give it a try! Within the Anchor you can:

- See the complete Members Only calendar instead of the less detailed General Public version.
- Read board meeting agendas and minutes
- Read committee progress reports
- Pay your dues or make a donation
- List your items for sale

- List items you have lost...or found
- Read the latest email updates, safety alerts and government information updates
- Find volunteer activities
- Update your directory information
- And more!

It is simple to sign in - directions are on the bottom of the HOME page of the Ten Mile Lake Website: <u>www.tenmilelake.org</u>

If you are not yet a member of this fabulous organization and you want to join you can go to the website and click on the JOIN button on the Home page. Fill out the form and pay with a credit card OR contact the Membership Coordinator and join over the phone, by email or by snail mail.

The 2020 TMLA Directory has been mailed. If you do not receive a copy or want extra copies (\$4 each ppd), email Annie at <u>membership@tenmilelake.org.</u>

Sign into the Anchor yourself, call or email Annie at 218-429-1164, <u>membership@tenmilelake.org</u> and ask her to verify your info or fill out and mail the form below to TMLA Membership, P O Box 412, Hackensack, MN 56452

-----(cut here)-----

#### TEN MILE LAKE MEMBERSHIP INFO FORM Please use this form to JOIN the Ten Mile Lake Association

Family name: (examples: Jane and John Doe, Mary (Olson) and Harrison (Harry) Ford, etc)

Owner: (this is the owner of the membership, not the necessarily property - one vote, one name attached)

Personal cell phone:	
Personal email address:	
Personal email address: Occupation if you want it listed:	Retired?
Spouse/Partner of owner:	
Personal cell Phone:	
Personal email address:	
Occupation if you want it listed: Children under 18, list name and age of each:	Retired?
Children under 18, list name and age of each:	
Ten Mile address:	
Cabin phone if you have one:	
Permanent address:	
House phone if you have one:	
Anything else you want us to know?	
Membership dues are paid in advance in January for or	ne year. The cost is \$40 per nuclear family or per

individual. Mail this form with a check to PO Box 412, Hackensack MN 56452 or pay online at <u>www.tenmilelake.org</u>. Or call and pay over the phone: 218-429-1164

Annie Swanstrom • Membership Chair • membership@tenmilelake.org

### TEN MILE LAKE HISTORY BOOK VOLUME TWO



Thirteen years ago the TML History Committee published <u>Ten Mile Lake History: 200</u> <u>Hundred Years</u> which includes the background and history of the area as well as articles and family histories which are organized by shoreline and neighborhoods. Since then, many Ten Milers have indicated their regret in not submitting a history in time to be included.

The Committee is now planning a Volume 2 to hopefully be completed in 2-3 years. It will include history articles submitted for the newsletter since 2007 as well as family memories from both long-time and recent lake residents.

If you are interested in being included in the new book please submit your story including such information as location, beach, property history, anecdotes, favorite memories, and photographs. Deadline for articles is September 30, 2021.

For submission of articles and/or questions, please contact:

Lynn Schall 5160 Lower 10 Mile Lake Rd. NW Hackensack, MN 56452 john50588@yahoo.com or 515-298-3073

If you are interested in purchasing the first book, Ten Mile Lake History 200 Years for \$25, please contact me or Sue Eikenberry, 218-675-6183 or <u>berrybox.se@gmail.com</u>





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### SAVERNOTES

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# **SaverNotes Pays 6.00% Interest**

Eden Prairie, Minn. — SaverNotes has been in business for 8 years and has paid interest every quarter. Like a CD from a bank SaverNotes notes pay interest. The note is guaranteed by all of the investments and net worth of SaverNotes.



On a sad note we lost Winston in November 2020. He was the perfect dog and granddog. He will always be remembered for being so empathic and caring. He knew when you were not feeling well and would lay beside you to comfort you. He also knew before I did when I was headed to the refrigerator for cheese and crackers!

Regular	\$2,000 +
IRA	\$25,000 +
Term	Interest Rate
2 Year	3.00%
3 Year	4.00%
5 Year	6.00%

- Banks are paying nothing for interest and we pay between 3% and 6% depending on the length of your investment.
  We are approved by the State of Minnesota.
- You do not have to be a high net worth investor, if you can write a check, are 18 or older and a Minnesota resident you can invest in SaverNotes notes.
- You can invest through your IRA which we can direct you to a wealth management group to open your self-directed IRA.
- Our notes are like a bank CD as we pay interest and the comparison stops there.
- We are not FDIC insured but your investment is guaranteed by SaverNotes, we have been around for 8 years and have always paid our investors in full.
- We have made it very easy to invest, there are no expenses to you and we have paid interest every quarter and returned the principal upon maturity of the note. However, most investors rollover their investment as they can't earn anything close to the interest they earn at SaverNotes.
- Join other Ten Milers that have invested with us.
- "Don't Spend Less Earn More!!"
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Hold your camera up to this symbol and it will take you to SaverNotes website