

From: mvjsmom@aol.com,

Bcc: alexander.williams@amba.info, annelle123@bellsouth.net, boss64@bellsouth.net, deloriswalker@bellsouth.net, fwi11iams6140@att.net, gittelz@aol.com, jandmsmail@bellsouth.net, jyoakum10@aol.com, kzarem@aol.com, lasellew23@gmail.com, lenwein10@gmail.com, nugnat@aol.com, pepperc23@att.net, qnotedelta@bellsouth.net, saundrafwhite@aol.com, saywink@comcast.net, sorensenpg@gmail.com, wilhelmwellness@gmail.com, willseider@hotmail.com, zandraharris@me.com, zarchin@comcast.net,

Subject: PBCREA JANUARY 2023 BLAST

Date: Tue, Dec 27, 2022 1:44 pm

Attachments:

PALM BEACH COUNTY RETIRED EDUCATORS ASSOCIATION JANUARY BLAST

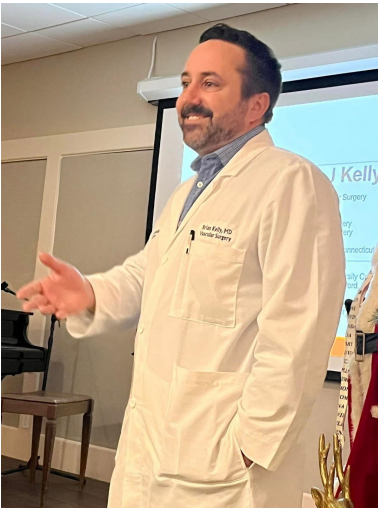


Ahhh, winter in south Florida...WAIT! Are two weeks of 40-50 degrees weather considered winter? YES! Of course, Santa visited despite Mrs. Claus fussing about him traveling from the North Pole to Palm Beach County during his busy season. She and the elves finally relented, and he brought a gift for all of us.



~~~~~

December's luncheon was a lively discussion with vascular surgeon,  
**Dr. Brian Kelly,**  
that had us all looking  
at our ankles and legs and pondering our salt intake...



~~~~~

Our **January** luncheon meeting will feature **Alexander Williams** from AMBA, Association Member Benefits Advisors, who will discuss "*Aging at Home*."

He gave a presentation at the last FREA Convention and you are in for some startling considerations.

This month's luncheon meeting will be at Fountainview - 11:00AM - **THURSDAY, January 12, 2023** - come early for the "Early Bird" (free lunch) drawing!

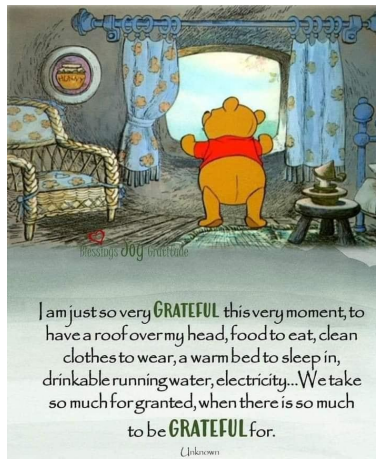
****To slow an increase in lunch prices, we will be trying some changes in the menu.**** Fountainview will feature a "Sandwich Buffet" with sandwich meats and cheeses, lettuce, tomatoes, salads, breads and beverages. The cost is \$15.

Be sure to let your caller know your intent on attending or not as we still must turn in a count to the facility. If you do not confirm lunch attendance with your caller by January 4th, call Germaine Richards (H)561-753-3665 or (C) 561-386-0695.



~~~~~

Again this year, our unit, along with others around the state, is selling **EXTRAVAGANZA** tickets. This money goes to FREF, the Foundation, to provide state scholarships. Along with that, the purchased tickets are sent to state and then at Convention, winners are drawn for \$\$\$ - \$100, \$200, \$300, \$500 !! The tickets are \$10 each and can be purchased at the luncheon meeting. Make your check payable to **FREF**. You do NOT need to be present to win. The deadline for unit sales is April 30, 2023.



~~~~~

If you missed the December meeting...



Thank you to Santa and the **Gold Coast Federal Credit Union** for the goodies!

~~~~~

The **PALM BEACH WATER TAXI** narrated tour is set to GO! The date is **March 23, 2023 -Thursday** - and the cost is **\$30** - can be paid now. We have contracted for at least 30 passengers. Make checks out to **PBCREA**, note "Water Taxi" on the memo line and send to Janet Ford - 715 Beech Road - West Palm Beach - FL 33409. You can also pay at the luncheon meetings. *The deadline is March 9, 2023 (March meeting date).*

~~~~~

Hope you are receiving - and reading - your **FREA BULLETIN**. It is a wealth of FREA knowledge!



~~~~~

LAST CALL for **2022 VOLUNTEER hours!!** Be sure to include times making reminder calls to members and times attending our luncheon meetings. There will be forms on the tables for you to use or you can send your times to **KENNETH LONG** - long1535@bellsouth.net 561-967-0172



~~~~~

CHECK THIS OUT!! New PBCREA pens! Will be available for \$2.00 or an appropriate donation at the luncheon meetings! The proceeds will go towards our unit scholarship awards.



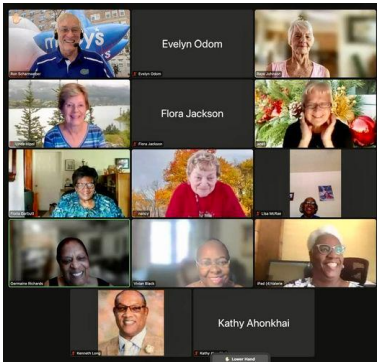
~~~~~

**REMINDERS:** Bring DOOR PRIZES  
 Unused EYE GLASSES  
 Child size (small) VALENTINES for the VA Hospital - collecting Jan. and Feb. only

Still collecting 2022 -2023 dues - \$45! Will begin 2023-2024 dues in April, 2023. Checks **PBCREA**

Next luncheon meeting will be February 9, 2023 - topic: **"What is Critical Race Theory?"** Speaker: **Brian Knowles**, Palm Beach County Schools.

~~~~~



We would like to welcome others to attend our [PBCREA Board Meetings](#) the Tuesday before the Thursday Luncheon Meetings. Let Germaine Richards know so she can add you to the ZOOM invite!

~~~~~



Check out [palmbeachcoretirededucators](#) for our Facebook page.  
Check out [frea.org](#) for state information.