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**Thrive! Keynote:**

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**Title:** How to overcome mental barriers to success

**Description:** How to discover and overcome your mental saboteurs. How to create the positive mental muscle to THRIVE in challenging times. Turn from the enemy's fear and lies and focus on God's love and truth.

**Category:**

* Faith & Work
  + Being a Christian example at work
  + Practical ways to integrate your faith at work
* Spiritual Growth
  + Trusting God and removing fear
* Professional Growth
  + New ways to empower people
  + Enhance performance through brain neurology
* Personal Growth
  + Discovering your strengths
  + Health and well-being
* Business Development
  + Sales/Marketing
  + Growing your business
  + Building engagement
* Christian Issues
  + Covid-19 – Leading through times of major transition and change