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NURSING HOME AND ASSISTED LIVING FACILITY COVID-19 GUIDELINES



While New Mexico guidelines for COVID-19 have changed based on declining number of cases, nursing home and assisted living facilities remain vigilant and must continue to adhere to the following New Mexico Department of Health guidelines:

FACE COVERINGS

Face coverings are required for all visitors entering the facility. If a resident and visitor are fully vaccinated, masks may be removed for in-room visits but they must be worn outside of the room.

2 ACTIVITIES

Residents who are fully vaccinated can participate in activities and communal dining with other fully vaccinated participants and do not need to wear a mask or avoid close contact during the activity. If an unvaccinated resident is present, everyone must wear their mask and the unvaccinated resident should social distance.

3 QUARANTINE

All unvaccinated/partially vaccinated residents must quarantine for 14 days following initial admission or following an absence from the facility for more than 24 hours.

4 VISITATIONS

All residents who are fully vaccinated may have in-room visits with fully vaccinated visitors if the facility can accommodate these visits. Visitors are not permitted to dine with residents and proof of vaccination is required for in-room visits. Residents who are not fully vaccinated may have visits outside or in the designated visitation room. All visitors must follow COVID-safe practices, including PPE use.*

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TESTING

All unvaccinated staff must test weekly. Unvaccinated residents who leave the facility once a week or more must be tested twice a month. If any resident (vaccinated or unvaccinated) has prolonged contact with a positive case, or they begin showing symptoms, or if there is a positive case in a facility, all residents must be tested weekly.











For more information on NM guidelines related to COVID-19, visit NMHealth.org. To contact NM Long-Term Care Ombudsman, call 1-866-451-2901.

*Ask the facility about their policies on compassionate care and hospice visits.