

National Assisted Living Update

Gerald Hamilton
NCAL Board of Directors Chair



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Who We Are and What We Do

- Federation model
 - **48 NCAL state affiliates**
 - 50 AHCA state affiliates
- Members
 - **281,000+ ALs beds**
 - 1 million SNFs beds
- Voice in Washington
- Leader on Quality

AHCA/NCAL Membership



14,000+
member facilities

■ SNF Beds ■ DD Beds ■ AL Beds



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NCAL's Priorities



Workforce



COVID-19 Recovery



Protect state-based regulation of assisted living



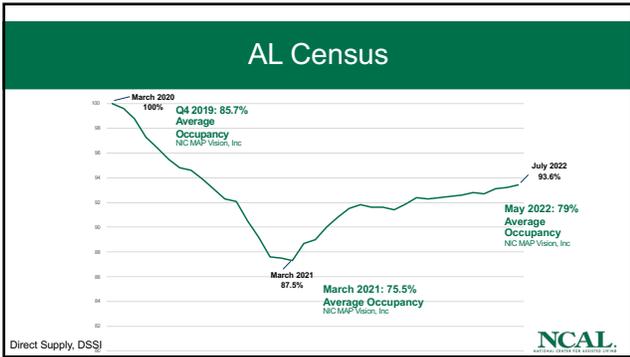
Protect Medicaid for HCBS



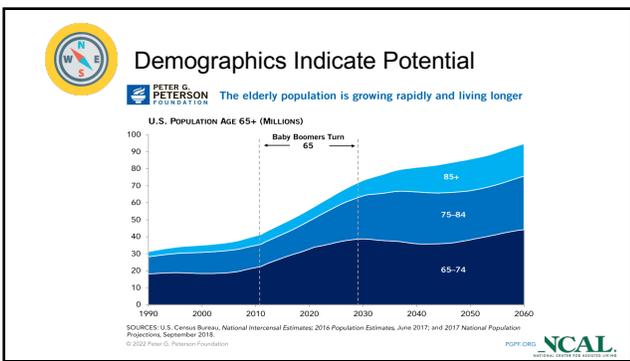
Increase participation in quality & data solutions



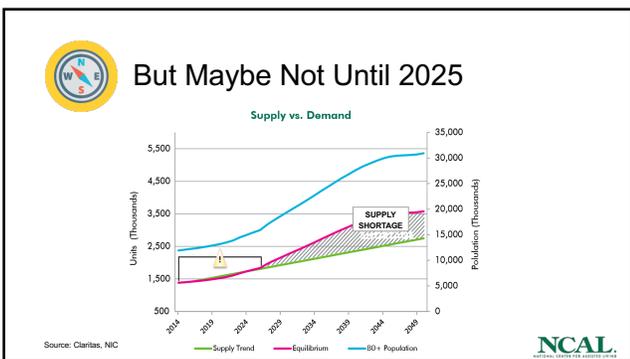
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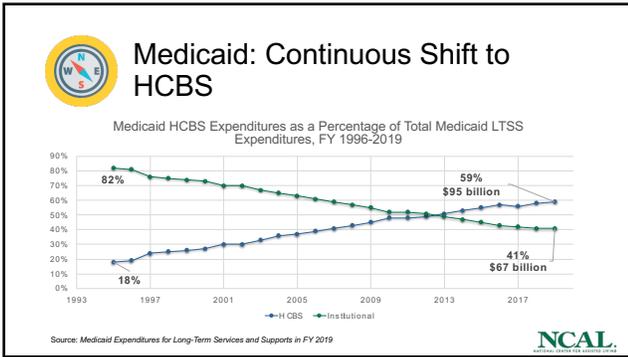
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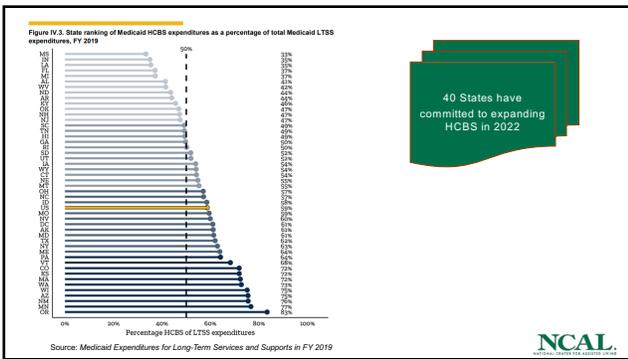
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Hill Outlook

- Federal licensing legislation unlikely, but other avenues should be watched:
 - Elder abuse/neglect
 - Medicaid oversight
 - Emergency preparedness
 - Dementia care

Assisted living residents among those highlighted in Justice Department annual elder fraud report

GAO Highlights
 ELDER ABUSE
 Federal Requirements for Oversight in Nursing Homes and Assisted Living Facilities Differ

GAO
 MEDICAID ASSISTED LIVING SERVICES
 Improved Federal Oversight of Beneficiary Health and Welfare is Needed

The New York Times
 U.S. Pays Billions for 'Assisted Living,' but What Does It Get?



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Risk of Federal Regulation

- Minimal. Increased possibility of indirect impact through other regulatory agencies i.e. HCBS Settings Rule
- Other avenues should continue to be watched:
 - Infection Control and Prevention
 - Emergency preparedness
 - Dementia care
 - Medicaid oversight
 - Elder abuse/neglect



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OSHA

- OSHA Focused Inspections in Hospitals, Nursing Homes and Assisted Living Communities
 - Initial Three-Month Review completed June 9, 2022
 - Expanded indefinitely
- OSHA Permanent Standard
 - Comment Period and Public Hearing
 - Permanent Standard Publish – TBD
- OSHA Infectious Disease Rulemaking

What's Next for OSHA Rulemaking on COVID-19 and Other Infectious Diseases

McKnight's
 Assisted living providers to face additional pandemic-related scrutiny from OSHA



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Risk Management

- Increasing liability costs
 - Falls
 - Pressure Ulcers
 - Elopement
- Rising Acuity
 - Discharge and Transfer
 - Level of Care
 - Quality of Care
 - Licensure
- Granny Cams
- Medical Marijuana
- Emergency Preparedness
- Sexual Consent

McKnight's
Long-Term Care News

Assisted living claims cost outpaces that of SNFs: report



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Increasing State Requirements

- The majority of states have made some update to their AL licensing in the last few years; change varies widely
 - Infection Prevention and Control
 - Staffing requirements (e.g., minimum training)
 - Admission and Retention Requirements
 - Medication management
 - Dementia care



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NCAL's Plan

- Continue to monitor all committees/key members of Congress with potential threats to assisted living
- Continue our political and lobbying activity
 - Educate members of Congress about AL
 - Develop relationships
 - Reinforce our quality message
- Coordinate with other stakeholders

McKnight's
Long-Term Care News

Senior living tells White House it knows all too well what it's like to fight pandemic without funding

TIME

Contract Nurse Agencies Are Making Big Money in the Age of COVID-19: Are They 'Exploiting' the Pandemic?



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NCAL's Policy Work

- Assisted Living State Regulatory Review
 - Includes citations and contact info for state licensure officials
- Medicaid Advocacy
 - HCBS Settings Rule
 - Affordable Assisted Living
- Population Health Management
 - AHCA/NCAL Population Health Innovation Center



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Legislative Advocacy

- **S. 4169, Expanding Veterans' Options for Long Term Care**, introduced by Sen. Tester (D-MT), Sen. Moran (R-KS), and Sen. Murray (D-WA), creates a pilot program to assess the effectiveness of providing eligible veterans with the option to move into an assisted living community for their supportive care services.
- **Building America's Health Care Workforce Act (H.R. 7744)**, recently introduced by Brett Guthrie (R -2-KY), Madeleine Dean (D-4-PA) and David McKinley (R-1-WV).
- Provides a reasonable grace period of 24 months to continue the emergency waivers after the public health emergency ends to enable all TNAs who wish to, the ability to transition to long-term roles (to accommodate training and testing capacities to meet demand).



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21st Century Long-Term Care Caucus

- AHCA/NCAL seeking to find a Congressional bi-partisan caucus to identify solutions that impact our sector and the patients we care for.
- Co-chairs: Rep. Annie Kuster (D-NH) and Brian Steil (R-WI)
- Anticipate briefings and sessions on issues such as strengthening the workforce, enhancing quality of life, and fair and equitable reimbursement system.
- Once Caucus is formed, AHCA/NCAL will be notifying you on how to encourage your Member of Congress to join the caucus.



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Get Involved

- Looking for NCAL members to become involved with media throughout 2022
- AHCA/NCAL staff will contact you with proactive and reactive media opportunities
- Will provide talking points and support as appropriate
- Send contact information and subject expertise to Abby Barreto – abarreto@ahca.org



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How to Measure?



www.LTCTrendTracker.com



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Benefits of LTC Trend Tracker

- Uniform data - everyone's using the same math
- Comparative data
 - Set your own peer groups including state, region, nation
- Use for AHCA/NCAL Quality Award applications
 - Requires comparative data for Silver and Gold levels
- Market your community
- Share with residents and family members
- Share with referral sources (e.g., discharge planners)
- Identify areas for improvement
- Get staff invested
- **Why not use it?** It's included in your NCAL membership.

www.LTCTrendTracker.com



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Features of LTC Trend Tracker

- Assisted Living Dashboard
 - See progress on all quality measures
 - Highlight up to 4 metrics
 - Add in your specific goals
- Save and schedule reports
- Customize to your needs
 - View individual communities, divisions or your entire organization
 - Select peer groups (type of provider, bed size, area)
 - Choose time-frames (monthly, quarterly, 6-month, yearly)

www.LTCTrendTracker.com



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Get Started

1. Make sure you're a member of NCAL with your state affiliate
2. Go to www.lctrendtracker.com
3. Register your community
 - a) Find your NCAL ID for each community (zip code lookup), follow registration instructions
 - b) The LTC Trend Tracker team will alert you when you're set up
 - c) Not sure if your organization is already using it? Contact help@lctrendtracker.com to see if you already have an account administrator.
4. Start uploading your data
5. Create reports, customize your dashboard, and more



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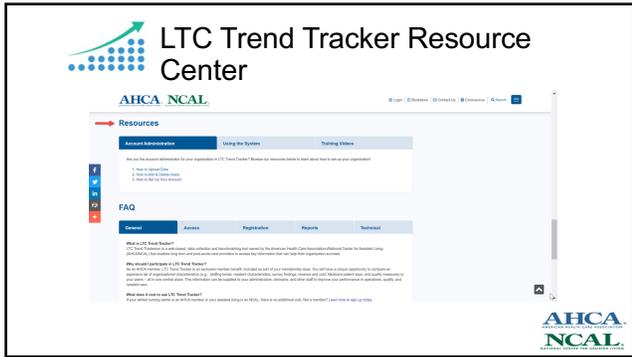
How to Register & Access LTC Trend Tracker



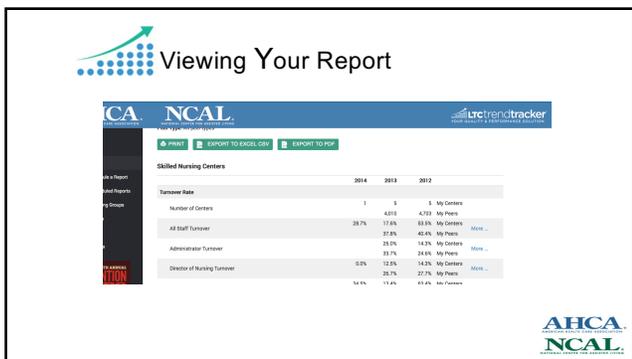
www.lctrendtracker.com



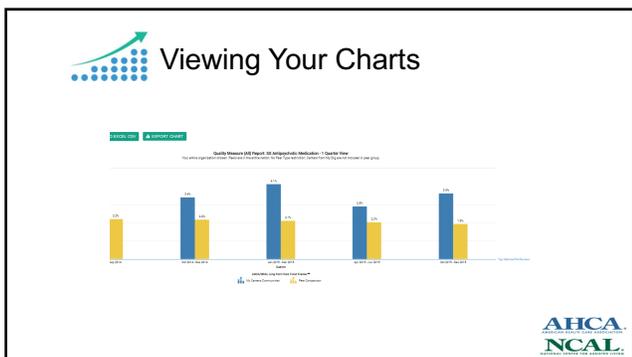
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Assisted Living Dashboard



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Additional LTC Trend Tracker Resources

- For additional assistance there are LTC Trend Tracker "How To" slides at the end of this presentation



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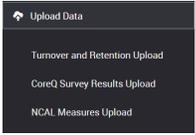
LTC Trend Tracker: Uploading Data

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How to Upload Your Data

1. Download template
2. Enter Facility/Community information
3. Upload file into LTC Trend Tracker
4. Click "Submit" button, which will become available if there are no errors in the uploaded file
5. Data is ready to view immediately in those reports




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How Did You Calculate...

Assisted Living Hospital Admissions:

Numerator: Number of residents who spent the night in the hospital

Denominator: Number of residents in AL on the last day of the month
Includes both observation and admissions

*From the upload spreadsheet this would be column G divided by column F.




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How Did You Calculate...

Hospital Readmission:

Numerator: Number of residents sent back to the hospital within 30 days of being admitted to AL directly from Hospital

Denominator: Number of residents admitted directly from the hospital to AL

Include: observation and admission stays
Exclude: planned admissions or ER only visits

*From the Upload spreadsheet Column J divided by Column I




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Hospital Admissions Example

- I have 3 Residents (Sue, Mary, and Dave) went to the hospital in October and were in the AL on the 10/31.
- October Hospital Admissions Numerator (Sue, Mary, Dave = 3) DIVIDED by: Denominator (Sue, Mary, Dave plus all the rest of your residents in your AL on 10/31)
- I have 100 total residents on 10/31, this includes Sue, Mary and Dave so I would put 100 in residents on the last day of the month for October and 3 for hospital admissions in my upload sheet
- **Note:** The residents in your numerator (those sent to the hospital for admission or observation) have to also be in your denominator (those residents in your AL on the last day of the month).



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Hospital Readmissions Example

- If Sue, Mary, and Dave all came back on 10/30 they would be at risk for the hospital readmission for 30 days out, or 11/30 to count for the OCTOBER hospital readmission measure. If all 3 went back before their 30 days, they would be counted in the October hospital readmission measure, NOT the November hospital readmission measure.
- October Hospital Readmission measure – Numerator (Sue, Mary, and Dave) – went back within 30 days DIVIDED by Denominator – (Sue, Mary and Dave) which would be 100%



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How Did You Calculate...

AL Off-Label Use of Antipsychotics:
Numerator: Number of residents prescribed an off-label antipsychotic
Denominator: Number of residents in the AL on the last day of the month



*From AL Quality Measures upload spreadsheet: Column H divided by Column F
 **Find list of off-label antipsychotics in [How to Upload Data](#) help document



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Frequently Asked Questions

Q: What does off-label antipsychotic mean?

A: this means the antipsychotic is prescribed for a diagnosis not approved by the FDA

Q: How do I know what antipsychotics are off-label?

A: See page 4 of the [How to Upload Data](#) help document in the LTC Trend Tracker Resource center



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A Checklist for Submitting Data

- ✓ Download data entry sheet
- ✓ Enter data and make sure to save
- ✓ Upload data and make sure you receive the message data was uploaded successfully
- ✓ Go to report, run report and make sure to customize at bottom and choose monthly, hospital readmissions and off-label use of antipsychotics as measures
- ✓ You will see your current month's data
 - ✓ If you don't your upload wasn't successful – see next slide



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I don't see my data

- ✓ Double check the upload sheet and make sure you have the correct month and year
- ✓ Make sure you are using upload excel file and not download file
- ✓ Try to upload again and check data
- ✓ If it is still not there send email to help@lctrendtracker.com explaining problem and attach your upload sheet

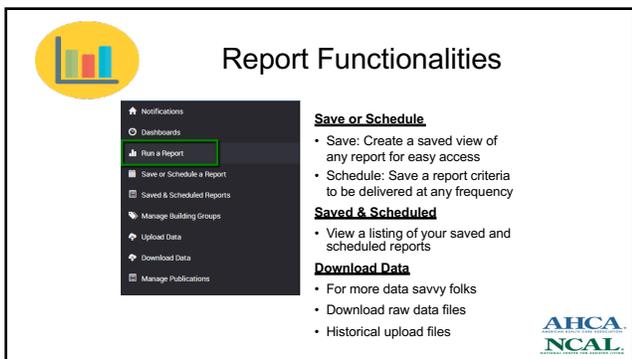


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LTC Trend Tracker: Reports

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Report Functionalities

- Notifications
- Dashboards
- Run a Report
- Save or Schedule a Report
- Saved & Scheduled Reports
- Manage Building Groups
- Upload Data
- Download Data
- Manage Publications

Save or Schedule

- Save: Create a saved view of any report for easy access
- Schedule: Save a report criteria to be delivered at any frequency

Saved & Scheduled

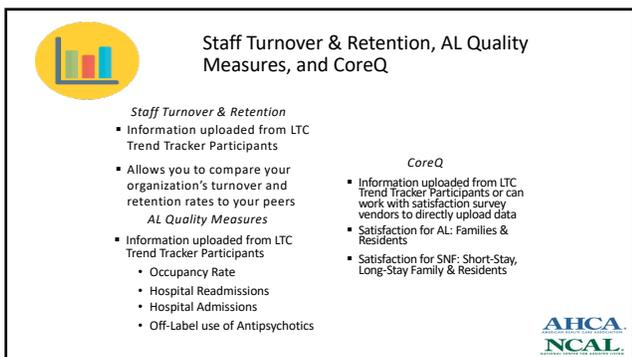
- View a listing of your saved and scheduled reports

Download Data

- For more data savvy folks
- Download raw data files
- Historical upload files



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Staff Turnover & Retention, AL Quality Measures, and CoreQ

Staff Turnover & Retention

- Information uploaded from LTC Trend Tracker Participants
- Allows you to compare your organization's turnover and retention rates to your peers

AL Quality Measures

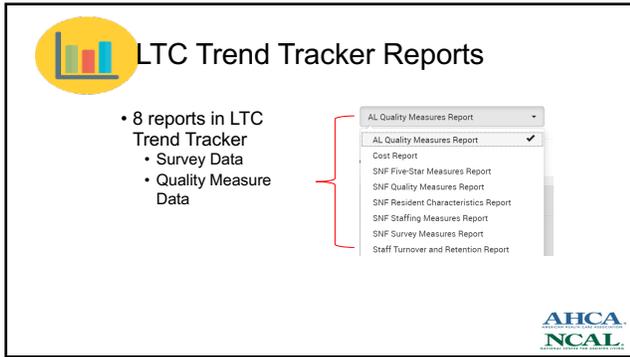
- Information uploaded from LTC Trend Tracker Participants
 - Occupancy Rate
 - Hospital Readmissions
 - Hospital Admissions
 - Off-Label use of Antipsychotics

CoreQ

- Information uploaded from LTC Trend Tracker Participants or can work with satisfaction survey vendors to directly upload data
- Satisfaction for AL: Families & Residents
- Satisfaction for SNF: Short-Stay, Long-Stay Family & Residents



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LTC Trend Tracker Reports

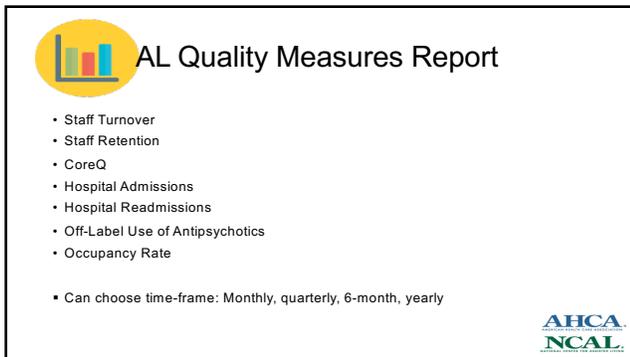
- 8 reports in LTC Trend Tracker
 - Survey Data
 - Quality Measure Data



AL Quality Measures Report
 AL Quality Measures Report ✓
 Cost Report
 SNF Five-Star Measures Report
 SNF Quality Measures Report
 SNF Resident Characteristics Report
 SNF Staffing Measures Report
 SNF Survey Measures Report
 Staff Turnover and Retention Report

AHCA
NCAL

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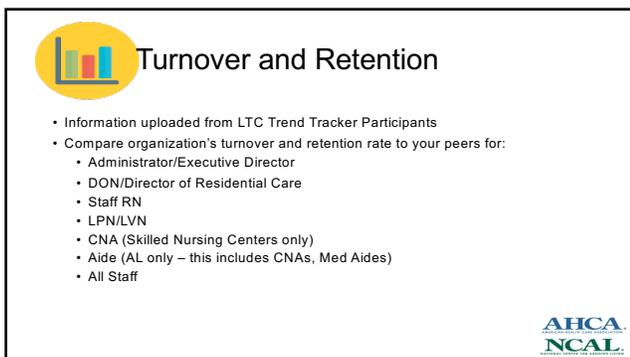
AL Quality Measures Report

- Staff Turnover
- Staff Retention
- CoreQ
- Hospital Admissions
- Hospital Readmissions
- Off-Label Use of Antipsychotics
- Occupancy Rate

- Can choose time-frame: Monthly, quarterly, 6-month, yearly

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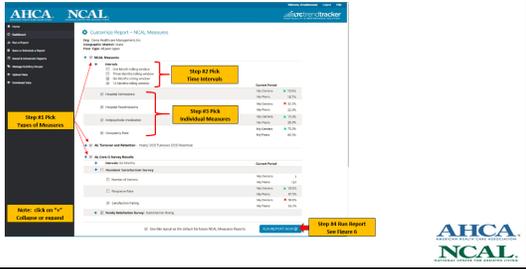
Turnover and Retention

- Information uploaded from LTC Trend Tracker Participants
- Compare organization's turnover and retention rate to your peers for:
 - Administrator/Executive Director
 - DON/Director of Residential Care
 - Staff RN
 - LPN/LVN
 - CNA (Skilled Nursing Centers only)
 - Aide (AL only – this includes CNAs, Med Aides)
 - All Staff

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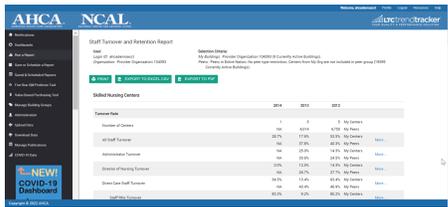
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AL Quality Measures Report



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Viewing your report



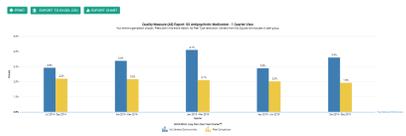
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Viewing historical information



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Viewing historical information cont.



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LTC Trend Tracker: The Dashboard

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Dashboards: Green Boxes

Billing		Admits		Total Disch		LTCF Case Quality	
2021	2020	2021	2020	2021	2020	2021	2020
N 418	4.45	N 263	2.78	N 0.44	0.42	N 0.72	0.95
Total Billing Services (PPT)		Total Admits (PPT)		Total Disch (PPT)		LTCF Case Quality (PPT)	
						72.1%	74.5%

**Shown on AL & SNF Dashboards



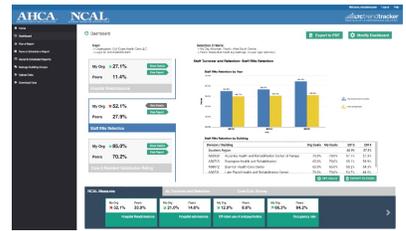
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How do I modify my Dashboard?



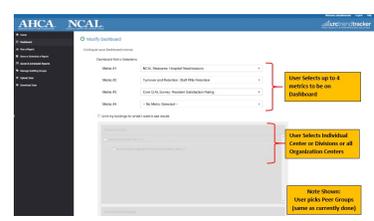
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Assisted Living Dashboard



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Assisted Living Dashboard – How to Customize



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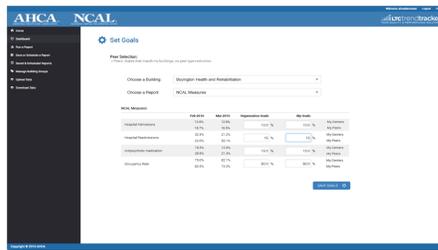
Goal Setting (AL only)

- Account Administrators who have access to Assisted Living Communities can set goals for their users.
 - Users are able to select their own goals on their dashboards, but cannot modify organization goals.
- Goals are set per individual community
- Reflected in the table located on the dashboard



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Assisted Living Dashboard – How to Set Goals



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IMPROVING LIVES by DELIVERING SOLUTIONS for QUALITY CARE

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