

# SHIFT health & nature

## webinar series

COVID-19 has exacerbated a distressing fact: Nearly half of practicing physicians suffer from burnout, which impacts productivity, morale and quality of care.

Join Ob-Gyn Dr. Rose Gowen, General Surgeon Dr. Brooke Buckley, and Michael Tutty, PhD, MHA, Group Vice President of Professional Satisfaction and Practice Sustainability at the American Medical Association as they discuss the ways the pandemic has increased the pressures on clinicians—and the ways nature can be used to alleviate stressors and increase resiliency in our front-line defenders in the battle against the coronavirus.

Please join us on Tuesday, April 21st from 10-11am MT for this special episode. If you are unable to join, we encourage you to register for follow-up information.

[Register Today](#)

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## Meet the Presenters



**Brooke Buckley, M.D., FACS**, is a board-certified general surgeon raised in Cleveland, Ohio. She completed her undergraduate studies at The Johns Hopkins University and medical school at The Ohio State University College of Medicine and Public Health. Dr. Buckley completed her general surgical internship and residency at Fairview Hospital in the Cleveland Clinic System before taking her first surgical position with Shore Health in Easton, Maryland in 2007. In 2012, she began working for Anne Arundel Medical Center as an Acute Care Surgeon; subsequently she became the Medical Director of that group and the Division Chief of General Surgery.

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**Rose M. Gowen, MD**, is an obstetrician-gynecologist and a city commissioner in Brownsville, Texas who has been in practice for more than 20 years. As a commissioner, Dr. Gowen focuses on smart growth, quality of life projects and health-related issues such as raising awareness of the region's high levels of obesity and related chronic disease.

Dr. Gowen was a leader in designing and developing the Lower Rio Grande Valley Active Plan, which leverages active tourism and active transportation strategies to improve the health and wellness of the region. Dr. Gowen serves on the board of Rails-to-Trails Conservancy, which adopted the project as a Rails-to-Trails Conservancy [TrailNation™ project](#).



**Michael Tutty, PhD, MHA** is the Group Vice President of Professional Satisfaction and Practice Sustainability at the American Medical Association (AMA). Michael leads AMA's efforts to enhance practice efficiency, to improve professional satisfaction and to advance the delivery of high-quality patient care. Prior to joining the AMA, Michael had several roles at the University of Massachusetts Medical School where he maintains an assistant professor faculty appointment in the Department of Family Medicine and Community Health. Previously, Michael worked at the Boston Consulting Group in their health care practice. Michael earned his PhD in Public Policy from the University of Massachusetts Boston, his MHA from Clark University, and his BA in Government from Western New England College.



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