



- 3 cloves garlic minced
- 1/2 onion diced
- 1C mushrooms diced
- 1 Tbsp fresh oregano
- 1/2 lb ground beef
- 1/2 lb spicy Italian sausage
- 1 tsp red pepper flakes
- 8-10 slices bacon

instructions

- 1. Preheat oven to 400 degrees fahrenheit.
- 2. Next, cut up garlic, onion, mushrooms and oregano. Place in a large mixing bowl and add in beef, sausage and pepper.
- 3. Use hands to mix ingredients together well. Divide into 8-10 equal sized portions and shape into small round balls slightly smaller than the size of your muffin tin.
- 4. Wrap bacon slices around the edge of each meatloaf ball and place in the muffin tin. The bacon ends should just mete or slightly overlap.
- 5. Bake for 30 minutes. Remove from oven and allow to cool for at least 5 minutes before serving.



